

VETERANS HEALTH ADMINISTRATION

Office of Health Equity

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Office of Health Equity

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U.S. Department
of Veterans Affairs

OFFICE OF HEALTH EQUITY

Created in 2012

Vision: To ensure that VHA provides appropriate individualized health care to each Veteran in a way that-

- Eliminates disparate health outcomes and
- Assures health equity

OFFICE OF HEALTH EQUITY GOALS

- 1. Leadership:** Strengthen VA leadership to address health inequalities and reduce health disparities.
- 2. Awareness:** Increase awareness of health inequalities and disparities.
- 3. Health Outcomes:** Improve outcomes for Veterans experiencing health disparities.
- 4. Workforce Diversity:** Improve cultural and linguistic competency and diversity of the VHA workforce.
- 5. Data, Research and Evaluation:** Improve data and diffusion of research to achieve health equity.

Veterans who experience greater obstacles to health related to:

- Race or ethnicity
- Gender
- Age
- Geographic location
- Religion
- Socio-economic status
- Sexual orientation
- Mental health
- Military era
- Cognitive /sensory / physical disability

OFFICE OF HEALTH EQUITY WEBSITE

<https://www.va.gov/healthequity>

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Office of Health Equity

- Health Equity
 - Office of Health Equity Home
 - Office of Health Equity Home
 - About
 - OHE Leadership
 - Health Equity Coalition
 - Health Equity Action Plan
 - Publications and Research
 - Data
 - Populations
 - Social Determinants of Health
 - Tools
 - News and Events
 - Partners and Stakeholders
 - More Health Care

NATIONAL CENTER FOR HEALTH STATISTICS

Among adults with underlying diabetes, veterans are more likely to be diagnosed by a health professional

95.1% Veterans 73.5% Nonveterans

Veteran Diabetes Data

Recent data analysis describes diabetes among Veterans and Nonveterans. Source: Healthy People 2020. Learn more »

NEW LGB Chartbook Health Equity Video Veteran Diabetes Data

VHA Office of Health Equity

Equitable access to high-quality care for all Veterans is a major tenet of the VA healthcare mission. The Office of Health Equity (OHE) champions the elimination of health disparities and achieving health equity for all Veterans. OHE supports the VHA's vision to provide appropriate individualized health care to each Veteran in a way that eliminates disparate health outcomes and assures health equity.

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Selected Findings from the 2021 National Veteran Health Equity Report: Disparities by Veteran Race/Ethnicity and Socio-economic Status



Donna L. Washington, MD, MPH, FACP is the Director of the Office of Health Equity/Quality Enhancement Research Initiative, National Partnered Evaluation Initiative. She is also the Women's Health Focused Research Area Lead, VA HSR&D Center for the Study of Healthcare Innovation, Implementation and Policy (CSHIIP). And is a Professor of Medicine at the UCLA Geffen School of Medicine.

Selected Findings from the 2021 National Veteran Health Equity Report: Disparities by Veteran Race/Ethnicity and Socio-Economic Status

Donna L. Washington, MD, MPH, FACP

Director, Office of Health Equity/Quality Enhancement Research Initiative
National Partnered Evaluation Initiative

Women's Health Focused Research Area Lead, VA HSR&D Center for the
Study of Healthcare Innovation, Implementation and Policy (CSHIIP)

Professor of Medicine, UCLA Geffen School of Medicine

Focus on Health Equity and Action
Cyberseminar Series • November 10, 2021



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- Office of Quality and Patient Safety (QPS) – Analytics and
Performance Integration (API): SHEP and EPRP data use
- OHE/QUERI PEI NVHER analyst team:
Anita Yuan, W. Neil Steers, Joy Toyama

National Veteran Health Equity Report 2021 Chapter Authors

- Overview, Technical Appendix: DL Washington
- Race/Ethnicity: L. López
- Gender: KM Cordasco, JY Breland, SM Frayne
- Age: AM Cogan, K Lynch, S Frochen, D Ganz, D Saliba
- Rurality: R Adekunle, RN Axon
- Socio-economic Status: UR Essien, JA Long
- Service-connected Disability: LS Tcheung, MA Cameron, T Owens, F Batuman
- Cardiovascular Risk Factors: MM Farmer, B Bean-Mayberry

Poll Question #1

I am interested in VA health equity primarily due to my role as:

- a. Clinician or Clinical Staff
- b. Operations Leader or Staff
- c. Researcher
- d. Research Staff
- e. Other – specify in the Q & A function

Session Outline

- Background
- Veteran VA Patient
Socio-demographic Characteristics
- NVHER 2021 Key Findings
- Disparities by Veteran Race/Ethnicity
- Disparities by Socio-Economic Status

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Health Equity in VA

- Health equity. “Equity is the absence of avoidable, unfair, or remediable differences among groups of people, whether those groups are defined socially, economically, demographically or geographically or by other means of stratification.”

Source: www.who.int/topics/health_equity/en/

- Increasing knowledge and awareness of the state of VHA health equity provides a common evidence base for elucidating barriers, data needs, & recommended actions for improving health equity systemwide

Source: [National Veteran Health Equity Report 2021](#)

Veteran Health Equity Reports

- VHA Office of Health Equity (OHE):
National Veteran Health Equity Report, 2016
 - Focus on VHA user socio-demographic characteristics, health care utilization, and diagnosed conditions
- National Veteran Health Equity Report 2021
 - Focus on VHA patient experience and health care quality

Poll Question #2

**How have you used the past (2016)
National Veteran Health Equity Report?**

Please specify in the chat box

National Veteran Health Equity Report (NVHER) 2021

- NVHER 2021 focus
 - **Patient experiences of VA care**
 - **Veteran health care quality**
- } 62 measures across 6 dimensions
- Comparative information for Veteran VA users who vary by
 - Race/ethnicity
 - Gender
 - Age group
 - Rurality of residence
 - Socio-economic status
 - Service-connected disability
 - Selected chronic medical conditions

NVHER 2021 Methodology

- Data sources
 - Survey of Health Care Experiences of Patients – Primary Care: customer experience survey of VA healthcare users
 - External Peer Review Program for quality measures
 - Corporate Data Warehouse for Veteran characteristics
 - Four fiscal years of data linked FY2016–FY2019

Patient Experiences of VA Care

- Access – getting timely appointments, care, and information
- Patient Centered Care –
 - Communication – how well providers communicate with patients; office staff helpful and respectful
 - Comprehensiveness – providers paying attention to patient’s mental or emotional health
 - Self-management support – providers support patient in taking care of their own health
- Care Coordination – provider’s use of information to coordinate patient care, including discussing medication decisions

Quality of VA Care

- Effective Treatment
 - Promoting the most effective prevention and treatment practices for the leading causes of mortality , starting with cardiovascular disease
- Healthy Living – Lifestyle Modification
 - Promoting lifestyle changes to address behavioral risk factors for chronic conditions
- Healthy Living – Clinical Preventive Services
 - Promoting wide use of best practices to enable healthy living

NVHER 2021 Methodology

- Metrics aligned so that a higher rate is better, then dichotomized to response indicating best care vs. less
- All groups age stratified into three age groups: 18-44 years; 45-64 years; 65 years and older
- Age-stratified comparisons made between priority group(s) and reference group in percent of age-concordant groups achieving the metric
 - e.g., Socio-economic status (SES): Low SES Veterans (priority group) compared to higher SES Veterans (reference group) within each age strata

Difference vs. Disparity

- Criteria for disparity (meaningful difference) between two groups:
 - **Absolute difference** statistically significant with $p < 0.05$ on two-tailed test

AND

- **Relative difference** of at least 10%

$$\text{Relative Difference} = \left[\frac{\text{Priority group gap in care} - \text{Reference group gap in care}}{\text{Reference group gap in care}} \right]$$

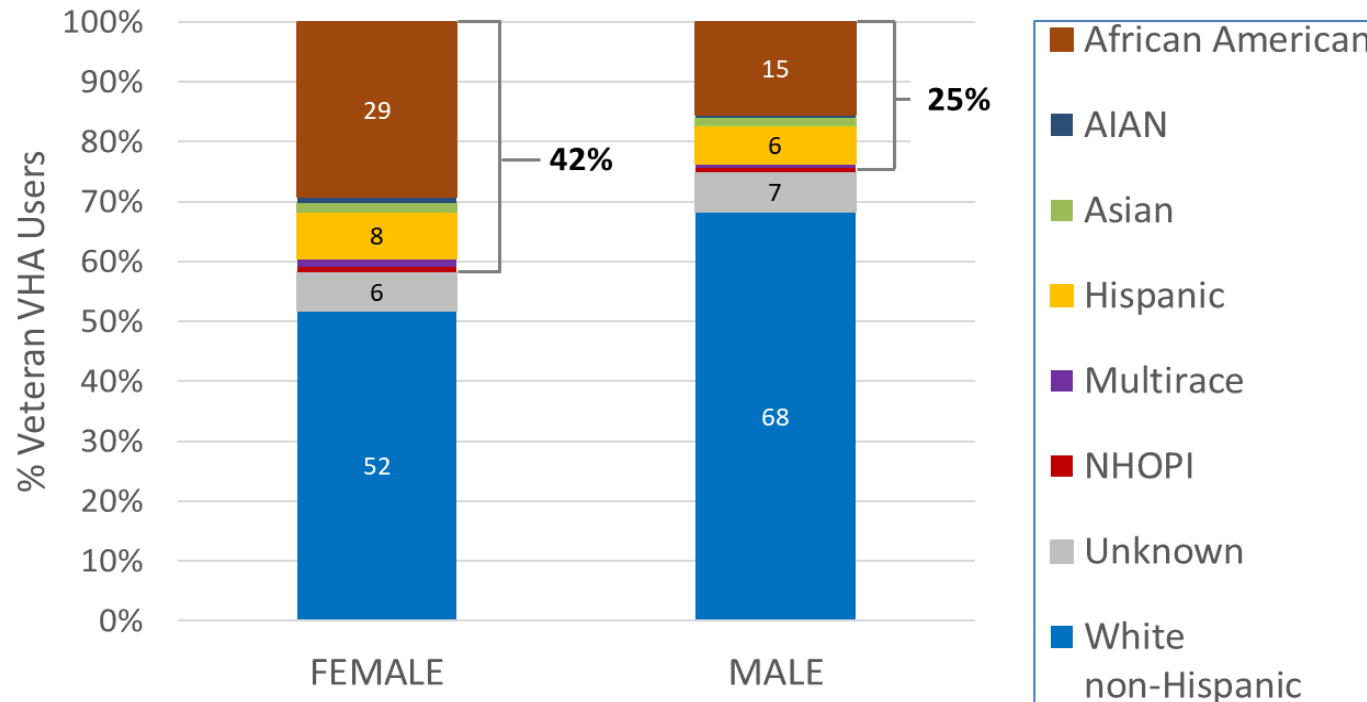
Source: Agency for Healthcare Research and Quality (AHRQ)
National Healthcare Quality and Disparities Report methodology

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- Disparities by Socio-Economic Status

Racial/Ethnic Distribution by Sex of Veteran VHA Patients, FY20

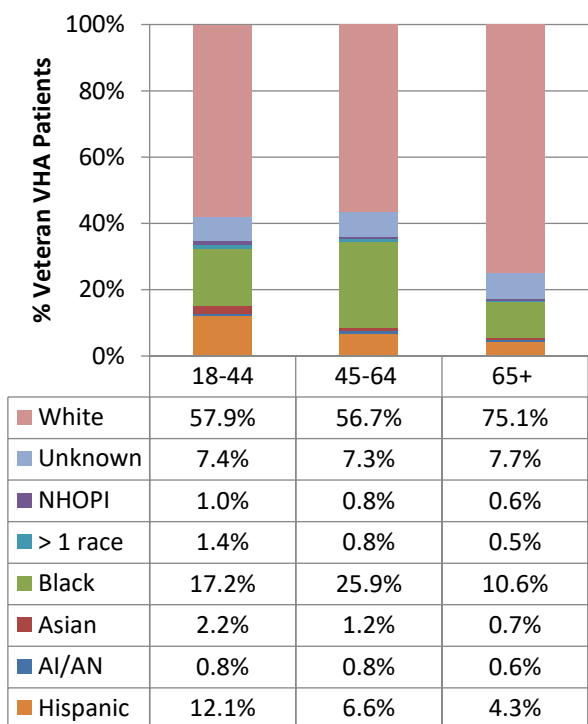
- Overall: 25.6% racial/ethnic minority Veterans;
7.5% unknown race/ethnicity; 66.9% non-Hispanic White
- Female 8.4%; Male 91.6%



Source: OHE/QUERI PEI analysis of CDW and OMOP data

Race/Ethnicity Distribution by Age Group Veteran VHA Patients, FY16-FY19

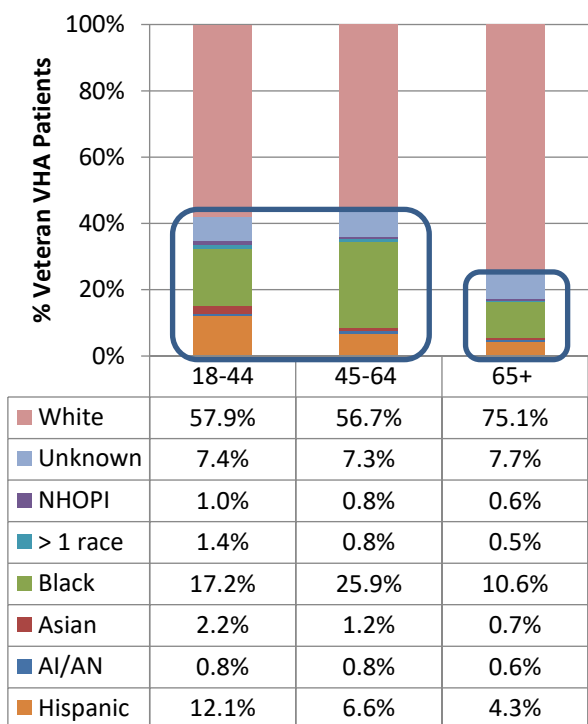
- Overall: 19% 18-44 years; 27% 45-64 years; 54% age 65-or-older
- Greater racial/ethnic diversity among Veterans younger than age 65



Source: OHE/QUERI PEI analysis of CDW and OMOP data

Race/Ethnicity Distribution by Age Group Veteran VHA Patients, FY16-FY19

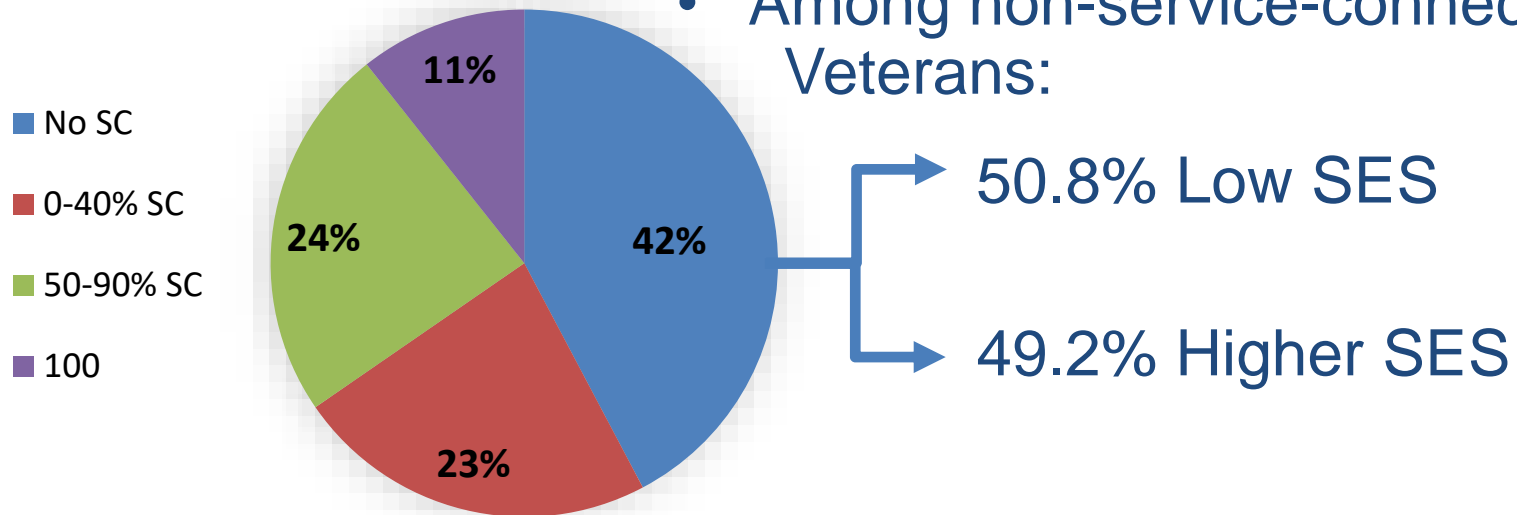
- Overall: 19% 18-44 years; 27% 45-64 years; 54% age 65-or-older
- Greater racial/ethnic diversity among Veterans younger than age 65



Source: OHE/QUERI PEI analysis of CDW and OMOP data

Service-Connected Disability & Socio-Economic Status (SES) among Veteran VHA Patients

Percent Distribution of Service-connected Disability Ratings (SC) among Veteran VHA Patients, FY2016-2019



- Overall, 58% had service-connected disability rating
- Among non-service-connected Veterans:

Source: OHE/QUERI PEI analysis of CDW data

Other Characteristics of Veteran VHA Patients, FY16-FY19

- **Rurality:**
 - 34% rural residence
 - 66% urban residence
- **Cardiovascular risk factors present:**
 - Hypertension 48.2%
 - Hyperlipidemia 47.3%
 - Diabetes 22.2%

Source: OHE/QUERI PEI analysis of CDW data

Poll Question #3

Which health equity Veteran comparisons are of greatest interest to you?

(Select all that apply) Comparisons by:

- a. Race/ethnicity
- b. Gender
- c. Age group
- d. Rurality
- e. Income
- f. Service-connected disability
- g. Chronic medical conditions
- h. Other – specify in the Q&A function

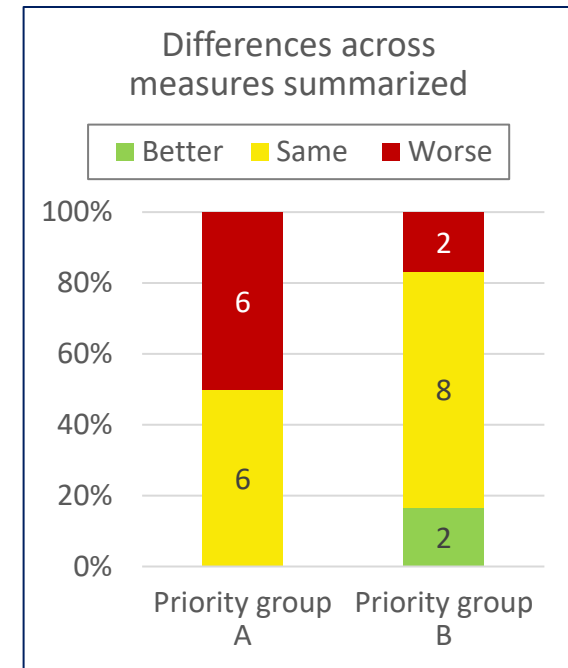
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Comparison Group(s) by Veteran Characteristic

Veteran Characteristic	Comparison Groups	Reference Group
Race/Ethnicity	<ul style="list-style-type: none"> American Indian or Alaska Native; Asian; Black or African American; Hispanic; Native Hawaiian or Other Pacific Islander; More than one race (Multi-race) 	White non-Hispanic
Gender	<ul style="list-style-type: none"> Female 	Male
Age group	<ul style="list-style-type: none"> 45-64 years; 65+ years 	18-44 years
Rurality	<ul style="list-style-type: none"> Rural 	Urban
Socio-economic status	<ul style="list-style-type: none"> Low SES 	Higher SES
Service-connected (svc conn.) disability	<ul style="list-style-type: none"> 50-90% svc-connected disability; 100% svc-connected disability 	0-40% svc conn. disability
Cardiovascular Risk Factors – HTN, DM, HL	Presence of: <ul style="list-style-type: none"> Hypertension (HTN); Hyperlipidemia (HL); Diabetes (DM) 	No HTN; no HL; no DM

Comparisons Illustrated



- Most widespread disparities: priority group with 1 or more domains with 40% or more measures worse (red) than reference group
- Next most widespread: domains with 30%-39% of measures worse

Most Widespread Disparities by Domain

Domain	$\geq 40\%$ disparities (n=11)	
Patient Experience		
• Access		{ 5 groups with disparities for $\geq 40\%$ of measures in this domain
• Person-Centered Care	<ul style="list-style-type: none"> • Race/Eth: AI/AN, Asian • Low SES • SCD: 50-90%, 100% 	
• Care Coordination		
Health Care Quality		
• Effective Treatment	• Race/Eth: Black	{ 1 group with disparities for $\geq 40\%$ of measures
• Lifestyle Modification		
• Clinical Preventive Services	<ul style="list-style-type: none"> • Race/Eth: AI/AN, Black • Low SES • Women • SCD: 100% 	{ 5 groups with disparities for $\geq 40\%$ of measures

Note: AI/AN denotes American Indian or Alaska Native; NHOPI denotes Native Hawaiian or Other Pacific Islander; >1 race denotes more than one race; SES is socio-economic status; SCD is service-connected disability category

Most Widespread Disparities by Domain

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• Lifestyle Modification		
• Clinical Preventive Services	• Race/Eth: AI/AN, Black • Low SES • SCD: 100% <ul style="list-style-type: none"> • Women 	{ 5 groups with disparities for $\geq 40\%$ of measures

Note: AI/AN denotes American Indian or Alaska Native; NHOPI denotes Native Hawaiian or Other Pacific Islander; >1 race denotes more than one race; SES is socio-economic status; SCD is service-connected disability category

Very Widespread Disparities by Domain

Domain	≥ 40% disparities (n=11)	30-39% disparities (n=17)	n
Patient Experience			
• Access		• Race/Eth: Asian, Black, Hispanic, >1 race • Women	5
• Person-Centered Care	• Race/Eth: AI/AN, Asian • Low SES • SCD: 50-90%, 100%	• Race/Eth: >1 race • Women • CV RF: Diabetes	8
• Care Coordination		• Race/Eth: AI/AN, Asian • Women • Low SES	4
Health Care Quality			
• Effective Treatment	• Race/Eth: Black	• Race/Eth: NHOPI • Women	3
• Lifestyle Modification		• Rural • Low SES	2
• Clinical Preventive Services	• Race/Eth: AI/AN, Black • Low SES • SCD: 100%	• Women • SCD: 50-90%	6

Note: AI/AN denotes American Indian or Alaska Native; NHOPI denotes Native Hawaiian or Other Pacific Islander; >1 race denotes more than one race; SES is socio-economic status; SCD is service-connected disability category

Very Widespread Disparities by Comparison Group

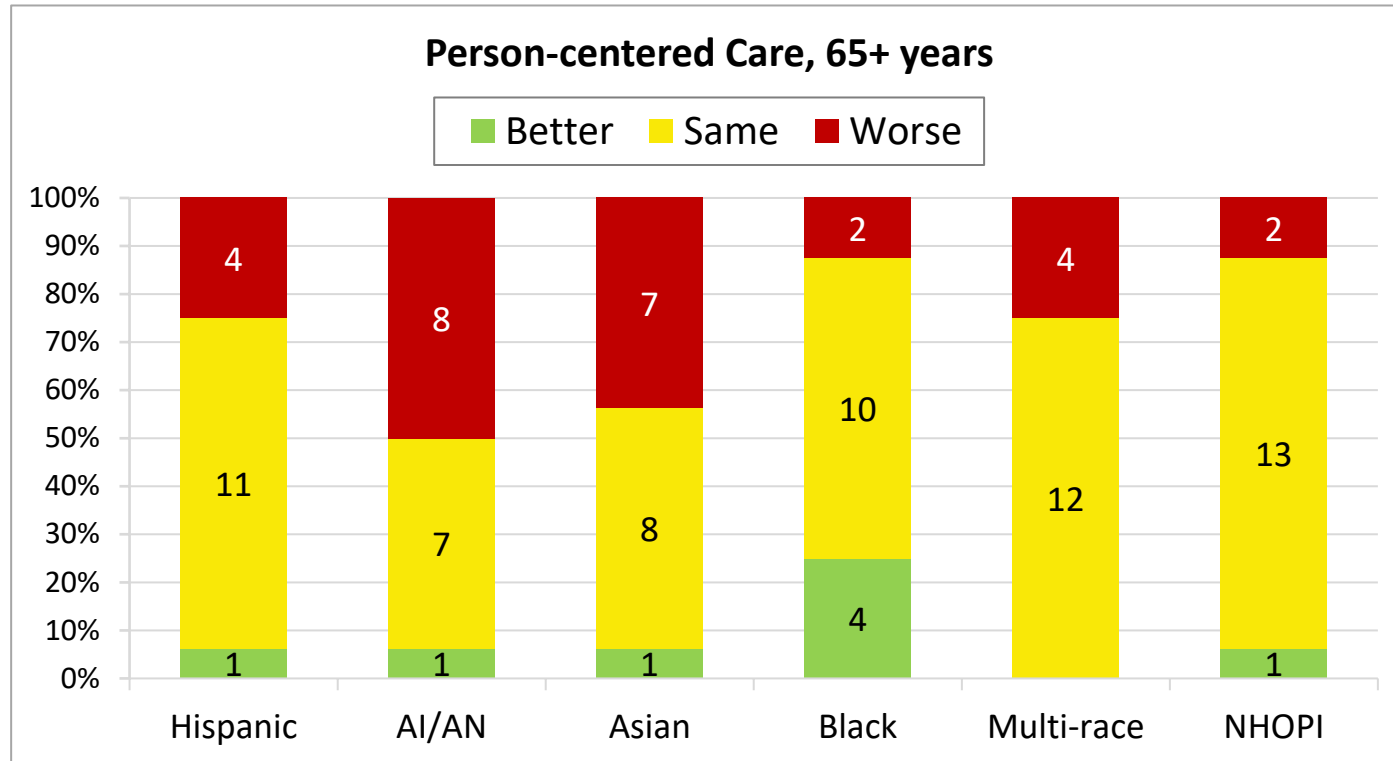
Veteran Characteristic	Number domains with $\geq 30\%$ disparities	n=28
Race/Ethnicity	<ul style="list-style-type: none"> • AI/AN (3) • Asian (3) • Black (3) • Hispanic (1) • NHOPI (1) • > 1 race (2) 	13
Gender	<ul style="list-style-type: none"> • Female (5) 	5
Age group	<ul style="list-style-type: none"> • 45-64 years (0) • 65+ years (0) 	0
Rurality	<ul style="list-style-type: none"> • Rural (1) 	1
Socio-economic status	<ul style="list-style-type: none"> • Low SES (4) 	4
Service-connected disability	<ul style="list-style-type: none"> • 50-90% svc-connected disability (2) • 100% svc-connected disability (2) 	4
Cardiovascular Risk Factors – HTN, DM, HL	<ul style="list-style-type: none"> • Hypertension (0) • Hyperlipidemia (0) • Diabetes (1) 	1

Note: AI/AN denotes American Indian or Alaska Native; NHOPI denotes Native Hawaiian or Other Pacific Islander; >1 race denotes more than one race; SES is socio-economic status

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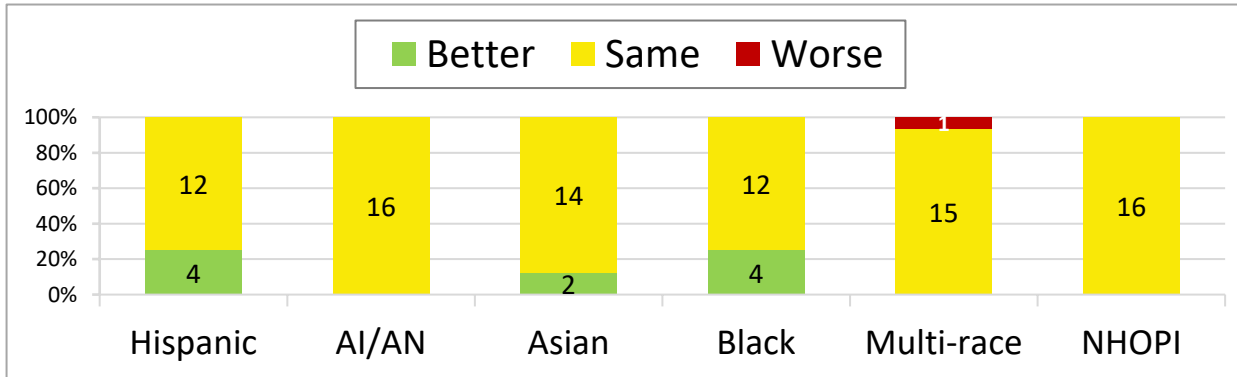
Variations in VHA Patient-Centered Care by Veteran Race/Ethnicity



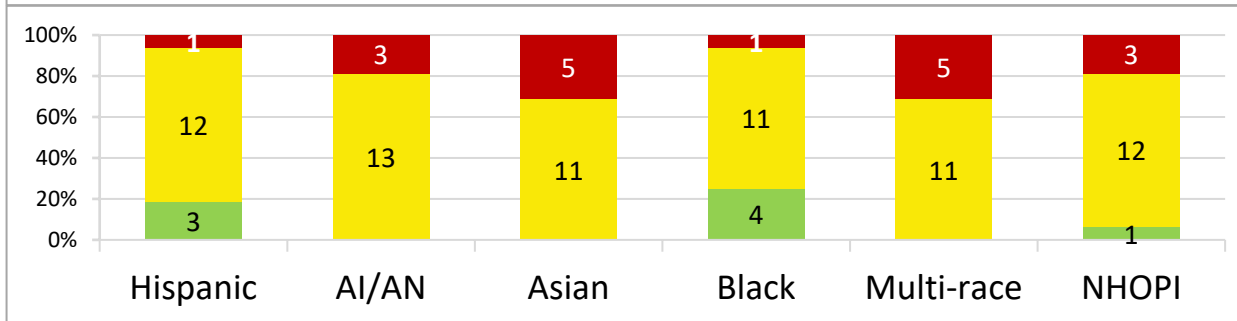
Reference group: non-Hispanic White Veteran VHA Patients of corresponding age group
 AI/AN is American Indian or Alaska Native; NHOPI is Native Hawaiian or Other Pacific Islander
Source: OHE/QUERI PEI analysis of SHEP-PCMH FY2016 – FY2019 data

Variations in VHA Patient-Centered Care by Veteran Race/Ethnicity

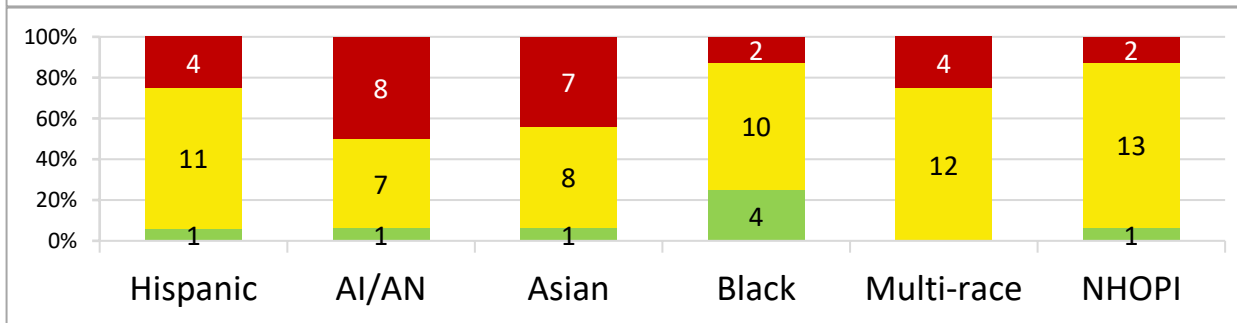
Age
18-44



Age
45-64



Age
65-plus



Reference group:
non-Hispanic White
Veteran VHA
Patients of
corresponding age
group

AI/AN is American
Indian or Alaska
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Source:
OHE/QUERI PEI
analysis of SHEP-
PCMH FY2016 –
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National Partnered Evaluation Initiative

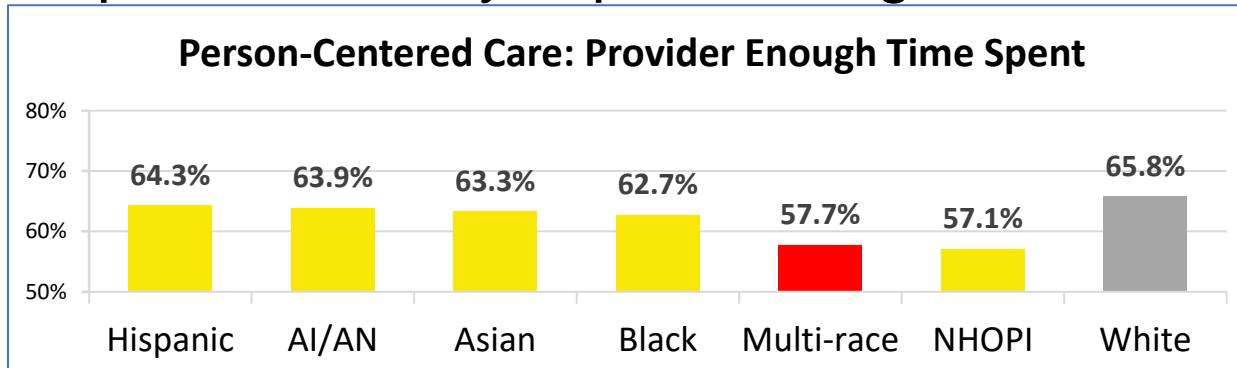


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Quality Enhancement Research Initiative

Patient-Centered Care by Veteran Race/Ethnicity

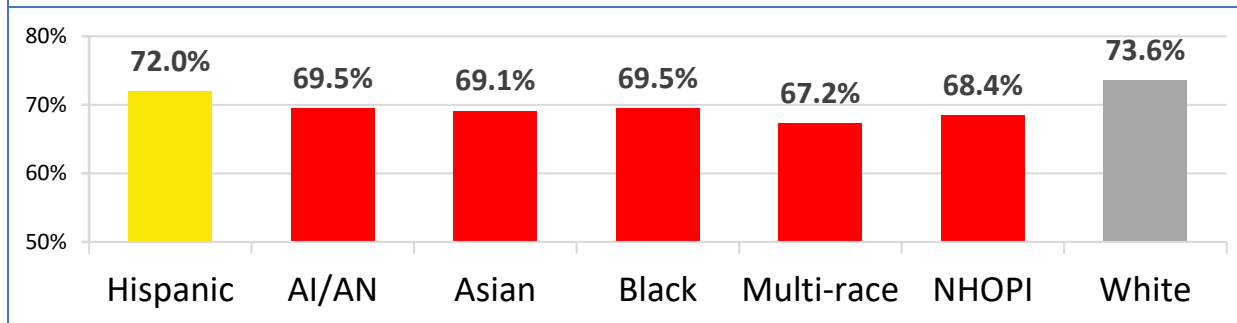
VHA users who indicated, in the last 6 months, their provider always spent enough time with them

Age
18-44



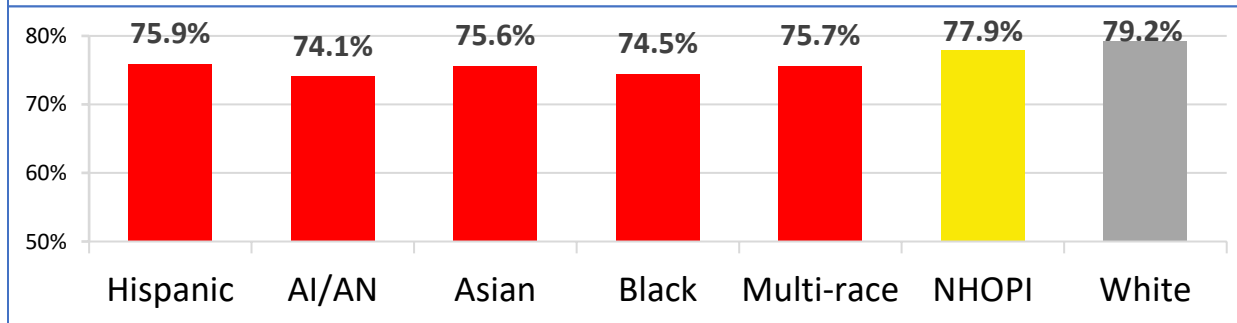
Reference group:
non-Hispanic White
Veteran VHA
Patients of
corresponding age
group

Age
45-64



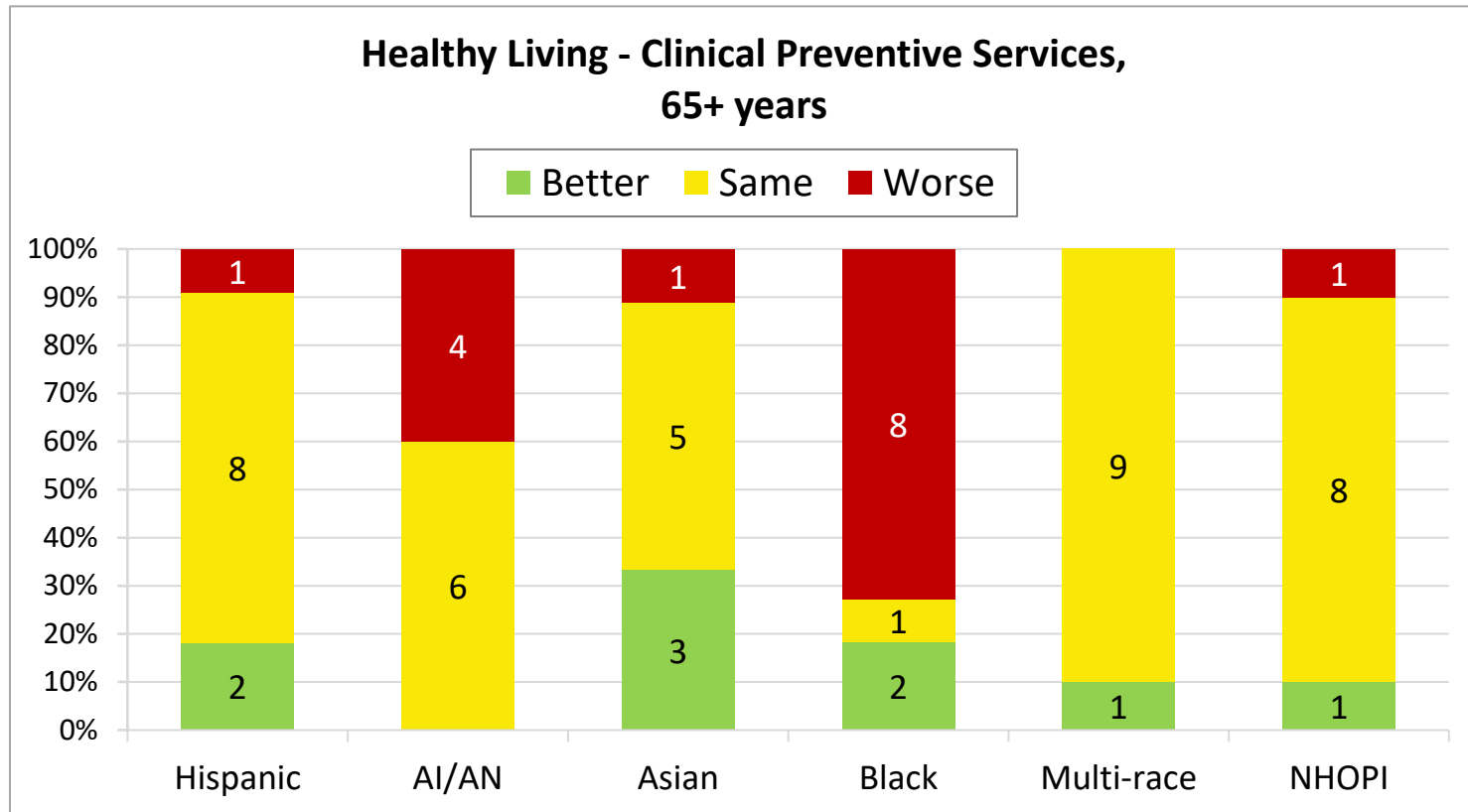
AI/AN is American
Indian or Alaska
Native; NHOPI is
Native Hawaiian or
Other Pacific
Islander

Age
65-plus



Source:
OHE/QUERI PEI
analysis of SHEP-
PCMH FY2016 –
FY2019 data

Variations in VHA Healthy Living – Clinical Preventive Services by Veteran Race/Ethnicity

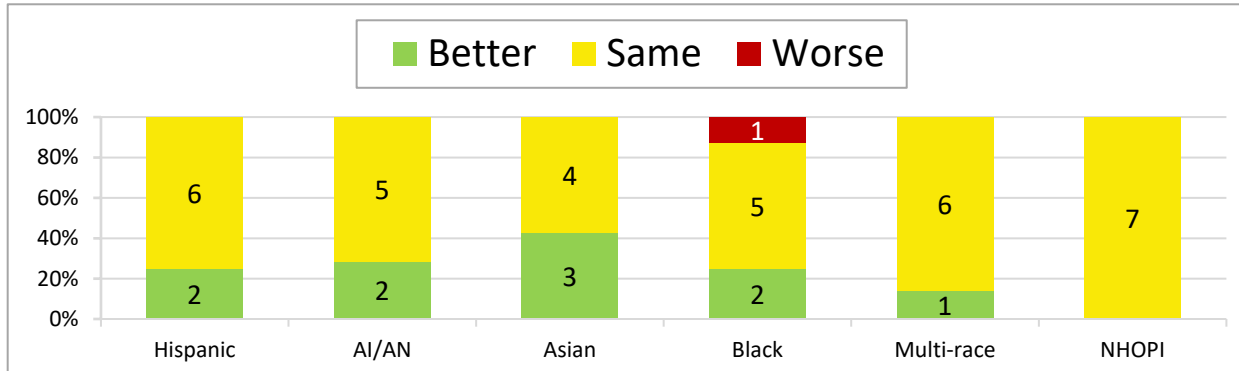


Reference group: non-Hispanic White Veteran VHA Patients of corresponding age group
 AI/AN is American Indian or Alaska Native; NHOPI is Native Hawaiian or Other Pacific Islander

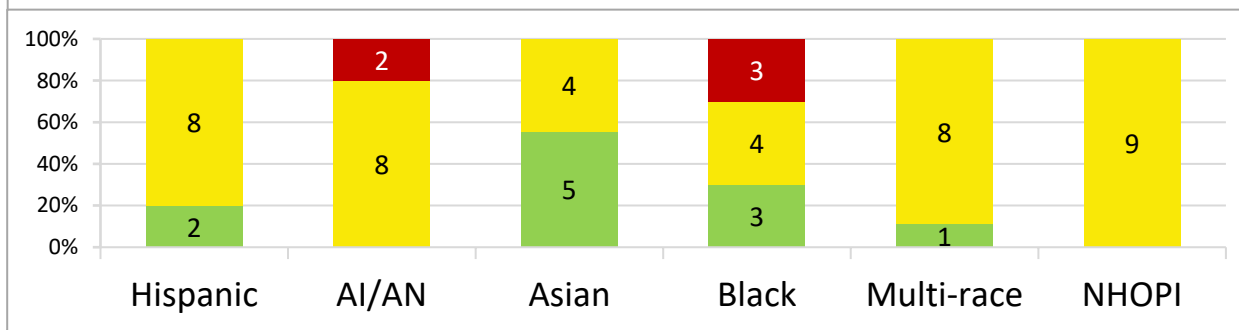
Source: OHE/QUERI PEI analysis of EPRP FY2016 – FY2019 data

Variations in VHA Healthy Living – Clinical Preventive Services by Veteran Race/Ethnicity

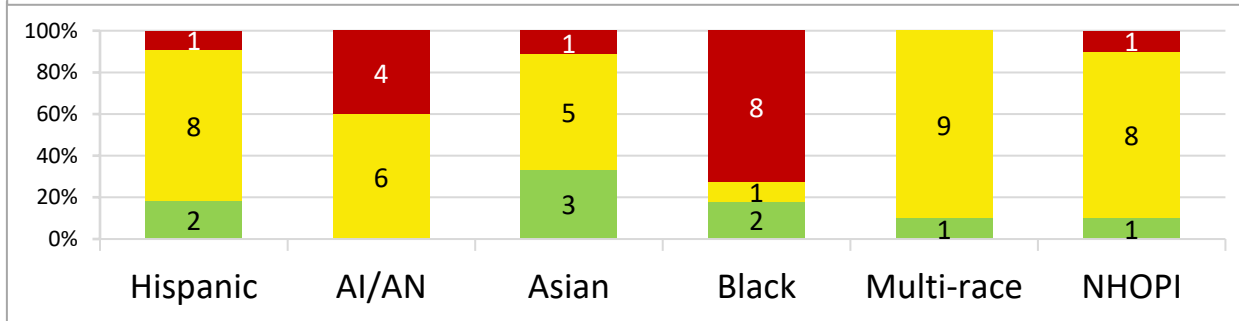
Age
18-44



Age
45-64



Age
65-plus



Reference group:
non-Hispanic White
Veteran VHA
Patients of
corresponding age
group

AI/AN is American
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Source:
OHE/QUERI PEI
analysis of EPRP
FY2016 – FY2019
data



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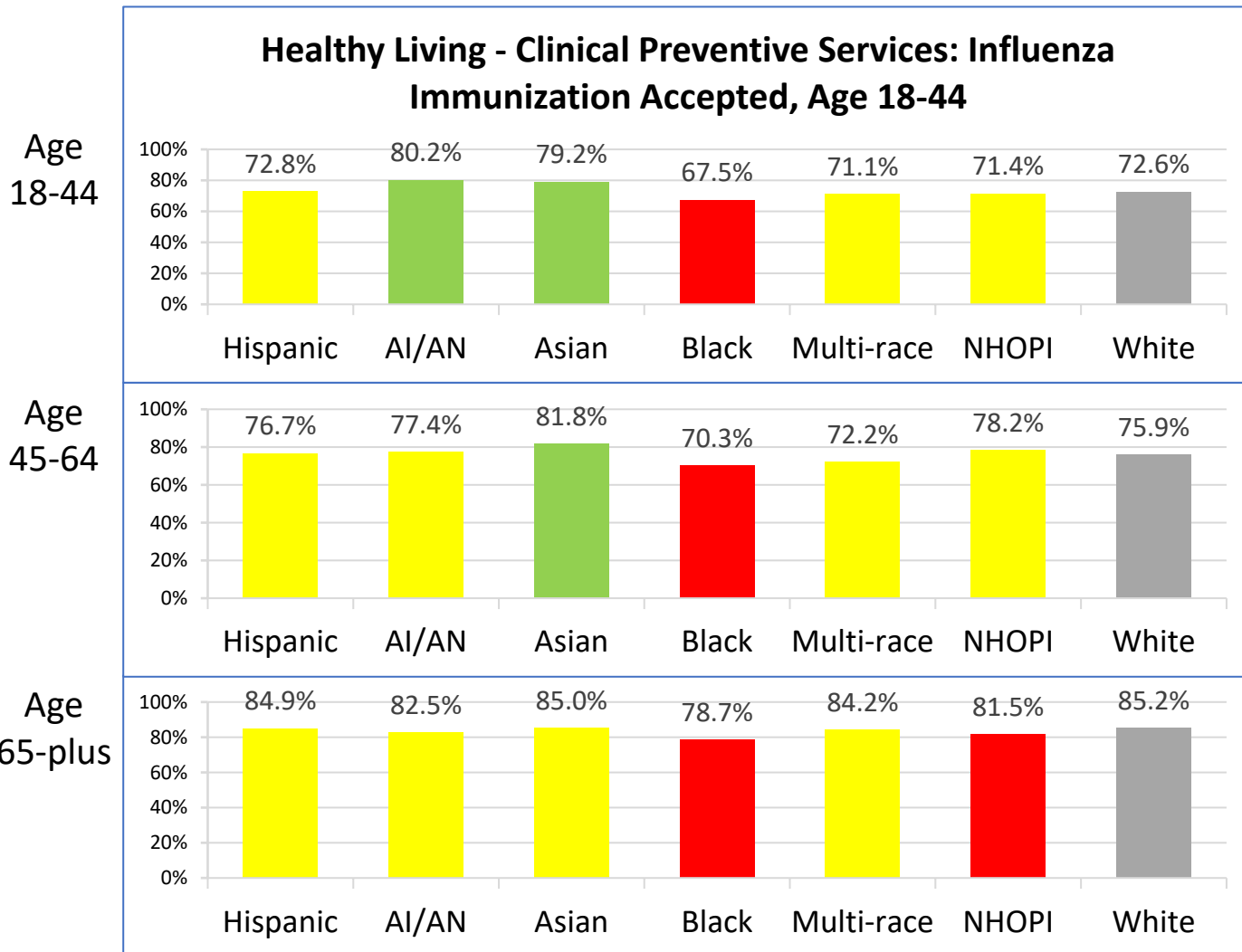


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Veterans Health Administration
Quality Enhancement Research Initiative

Healthy Living – Clinical Preventive Services by Veteran Race /Ethnicity. VHA patients who accepted influenza immunization



Reference group:
non-Hispanic White
Veteran VHA
Patients of
corresponding age
group

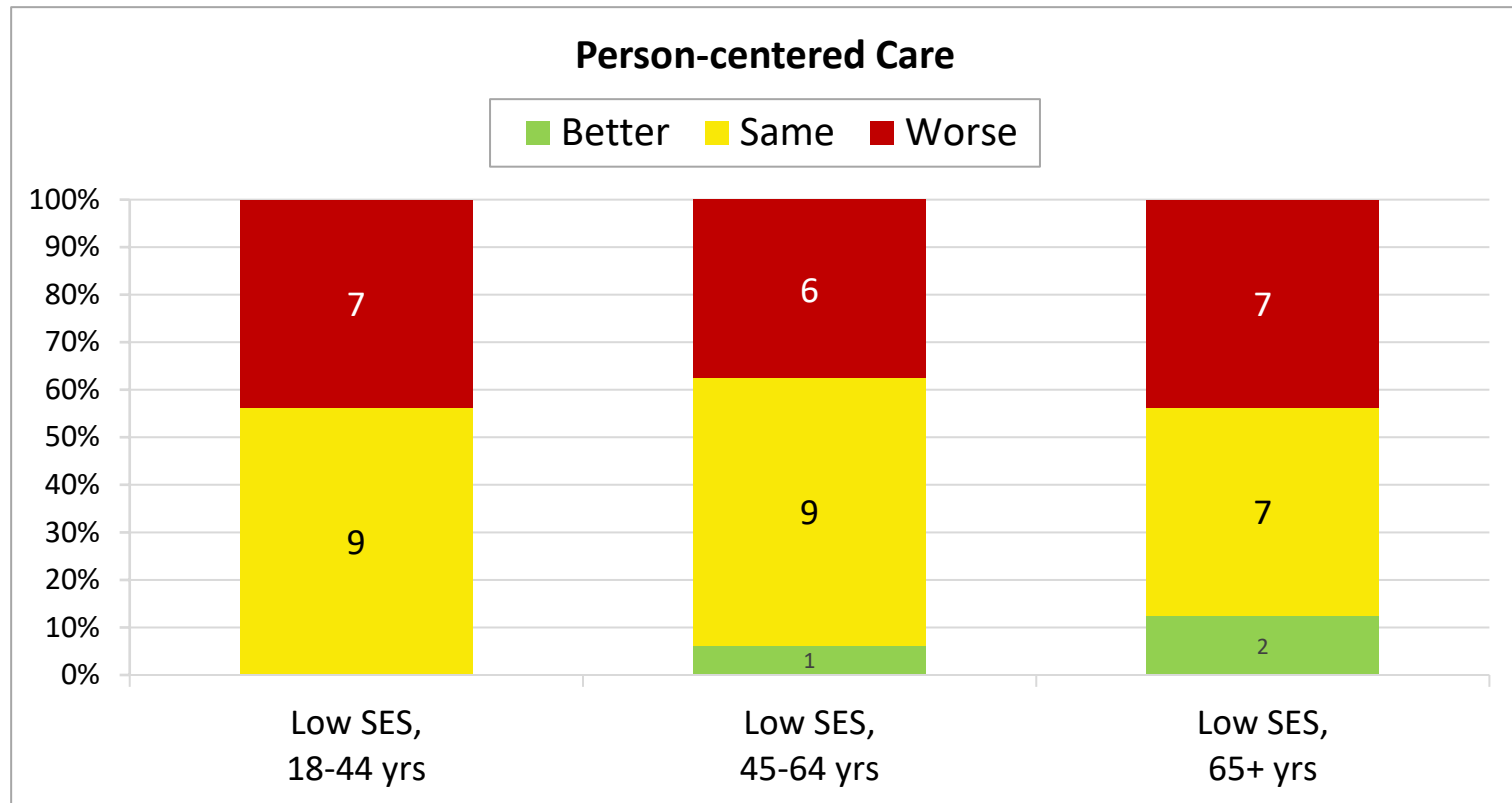
AI/AN is American
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Source:
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Variations in VHA Patient-Centered Care by Veteran Socio-Economic Status (SES)

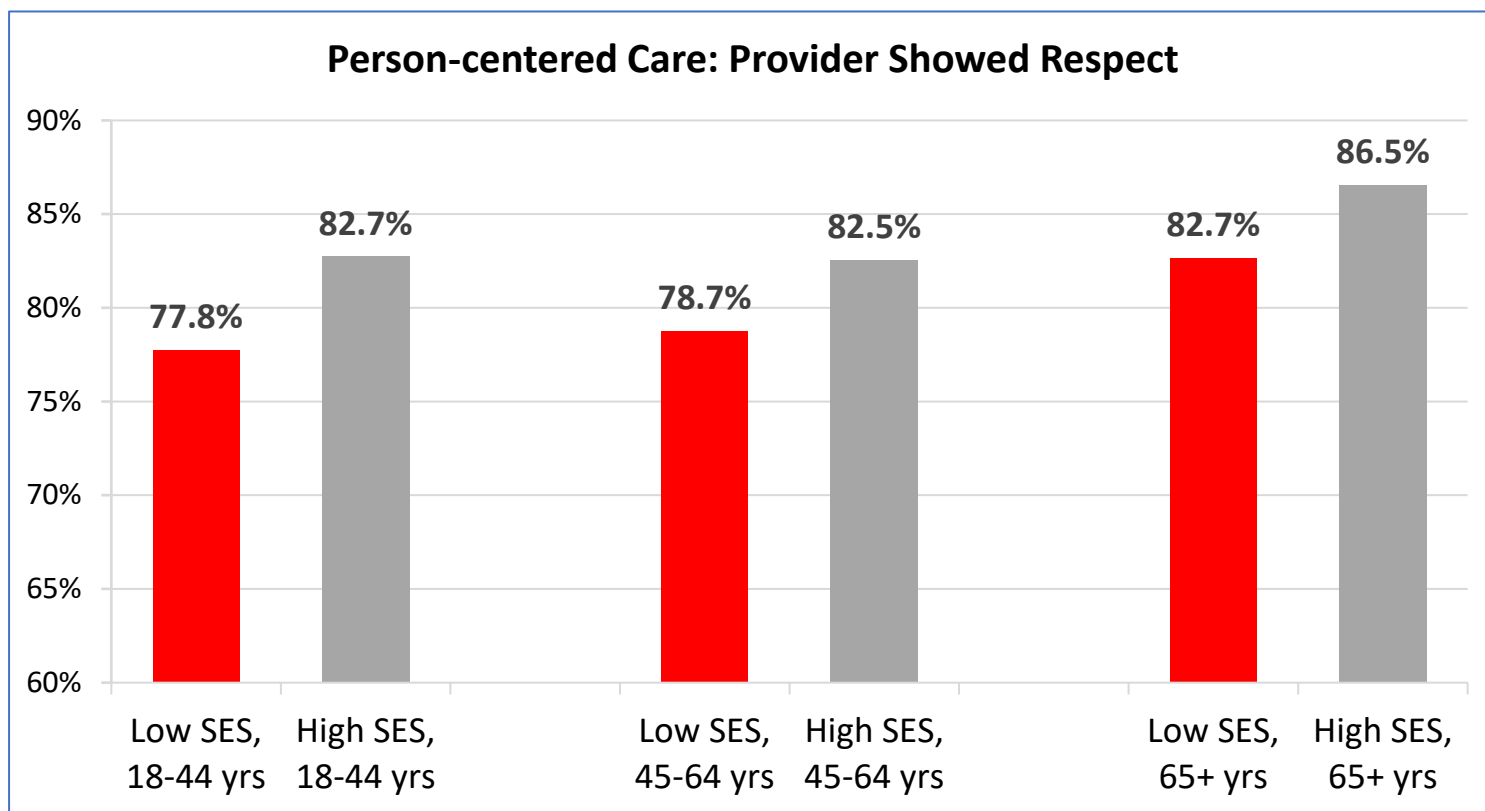


Reference group: Higher SES Veteran VHA Patients of corresponding age group

Source: OHE/QUERI PEI analysis of SHEP-PCMH FY2016 – FY2019 data

Patient-Centered Care by Veteran Socio-Economic Status

VHA users who indicated, in the last 6 months, their provider always showed respect for what they had to say

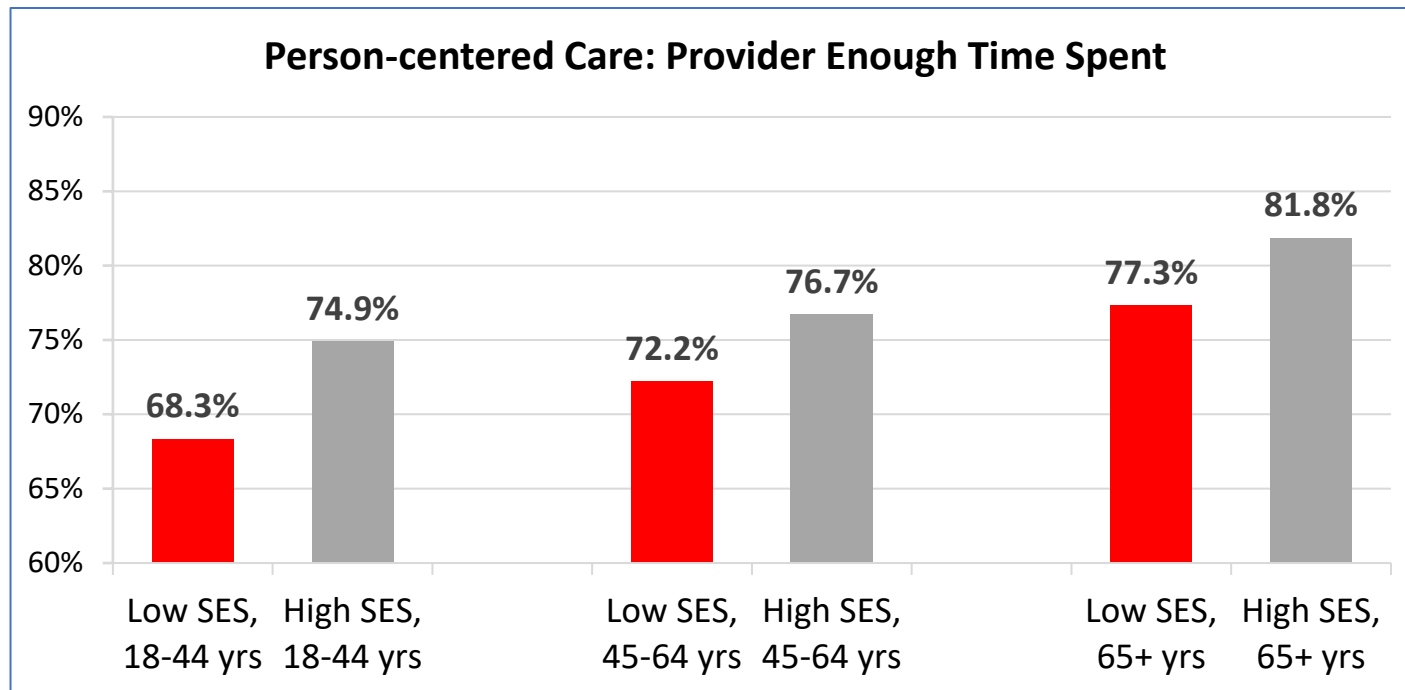


Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of SHEP-PCMH FY2016 – FY2019 data

Patient-Centered Care by Veteran Socio-Economic Status

VHA users who indicated, in the last 6 months, their provider always spent enough time with them

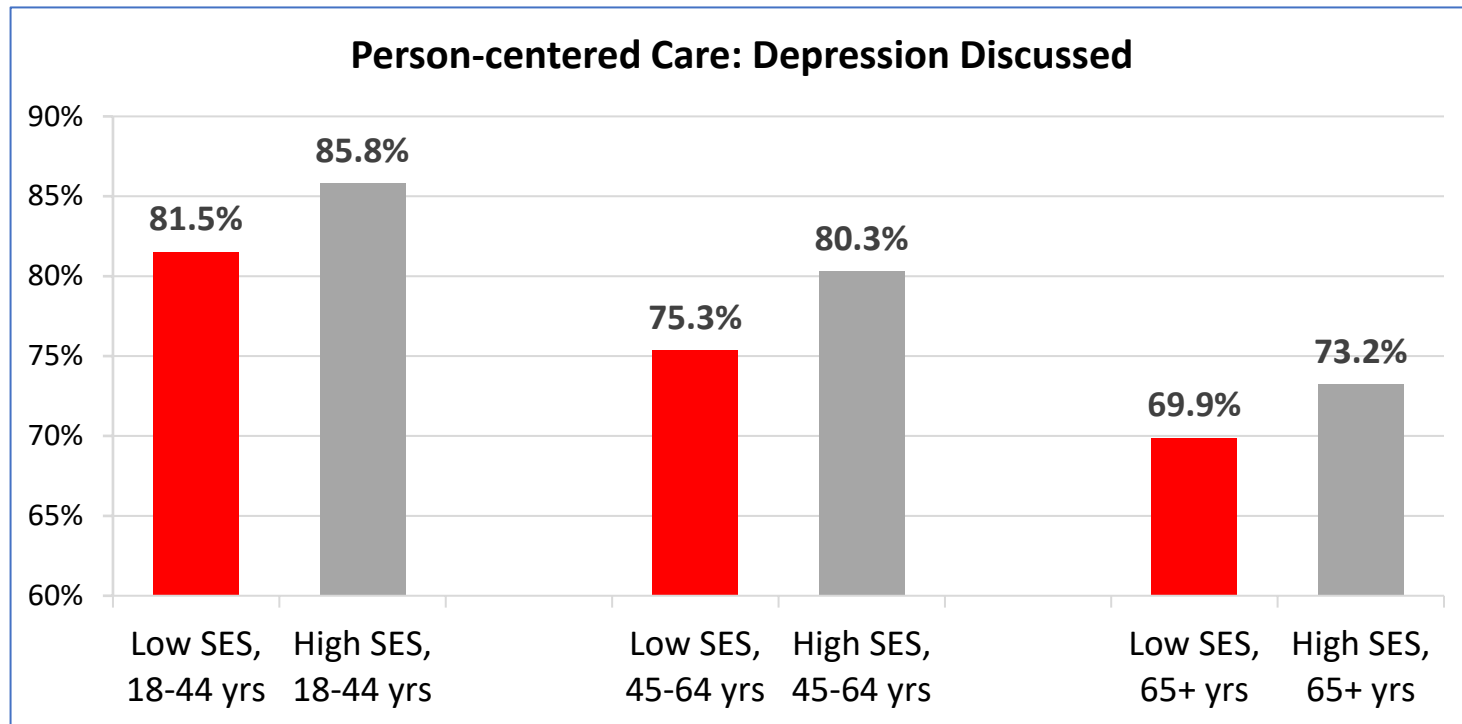


Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of SHEP-PCMH FY2016 – FY2019 data

Patient-Centered Care by Veteran Socio-Economic Status

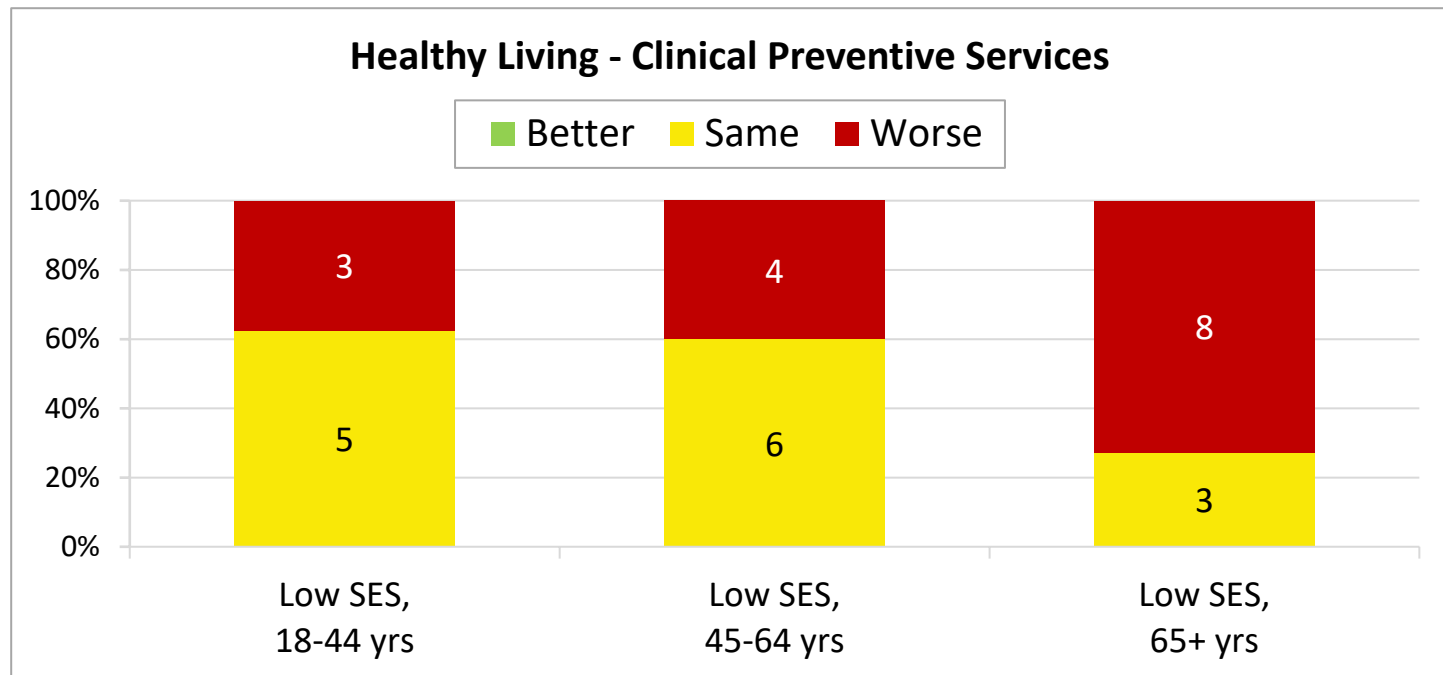
VHA users who indicated, in the last 6 months, that someone in their provider's office asked them if there was a period of time when they felt sad, empty, or depressed



Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of SHEP-PCMH FY2016 – FY2019 data

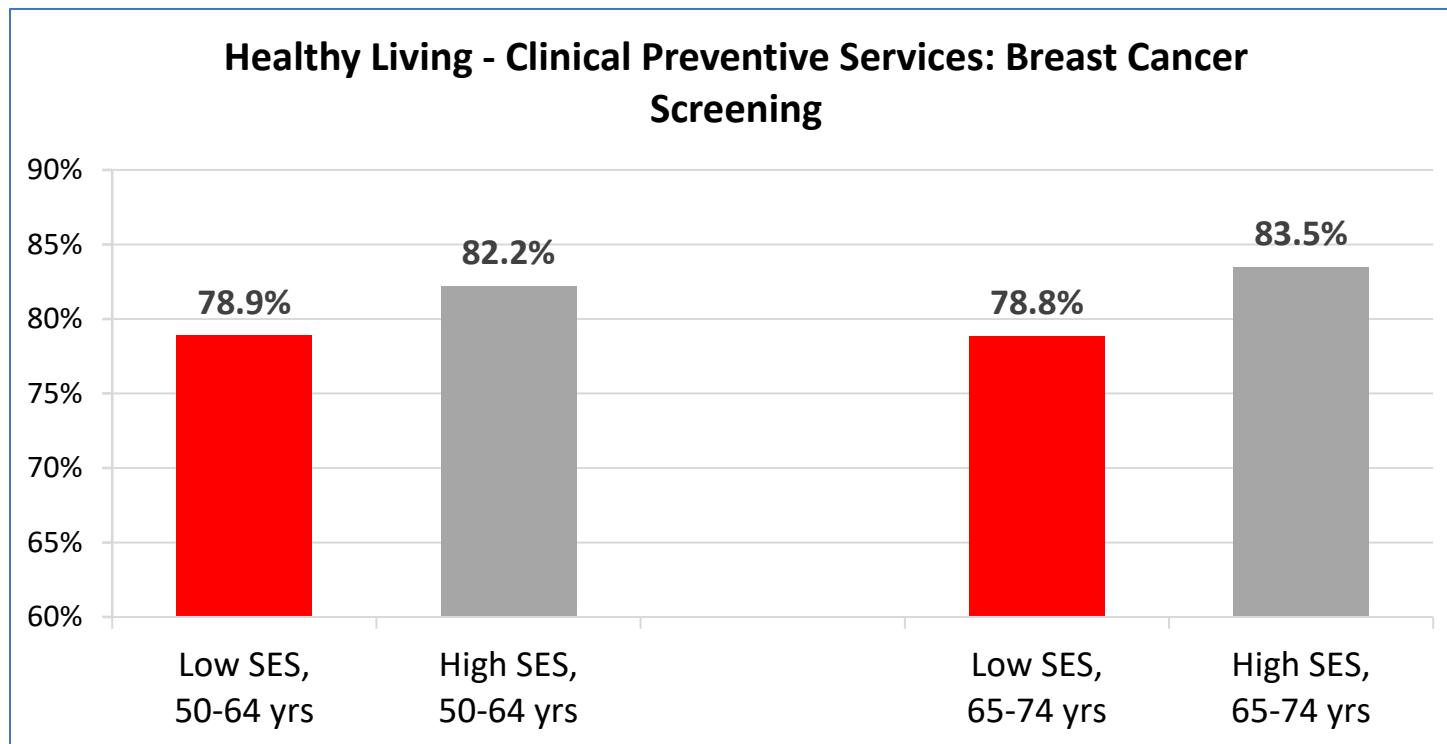
Variations in VHA Healthy Living – Clinical Preventive Services by Veteran Socio-Economic Status



Reference group: Higher SES Veteran VHA Patients of corresponding age group

Source: OHE/QUERI PEI analysis of EPRP FY2016 – FY2019 data

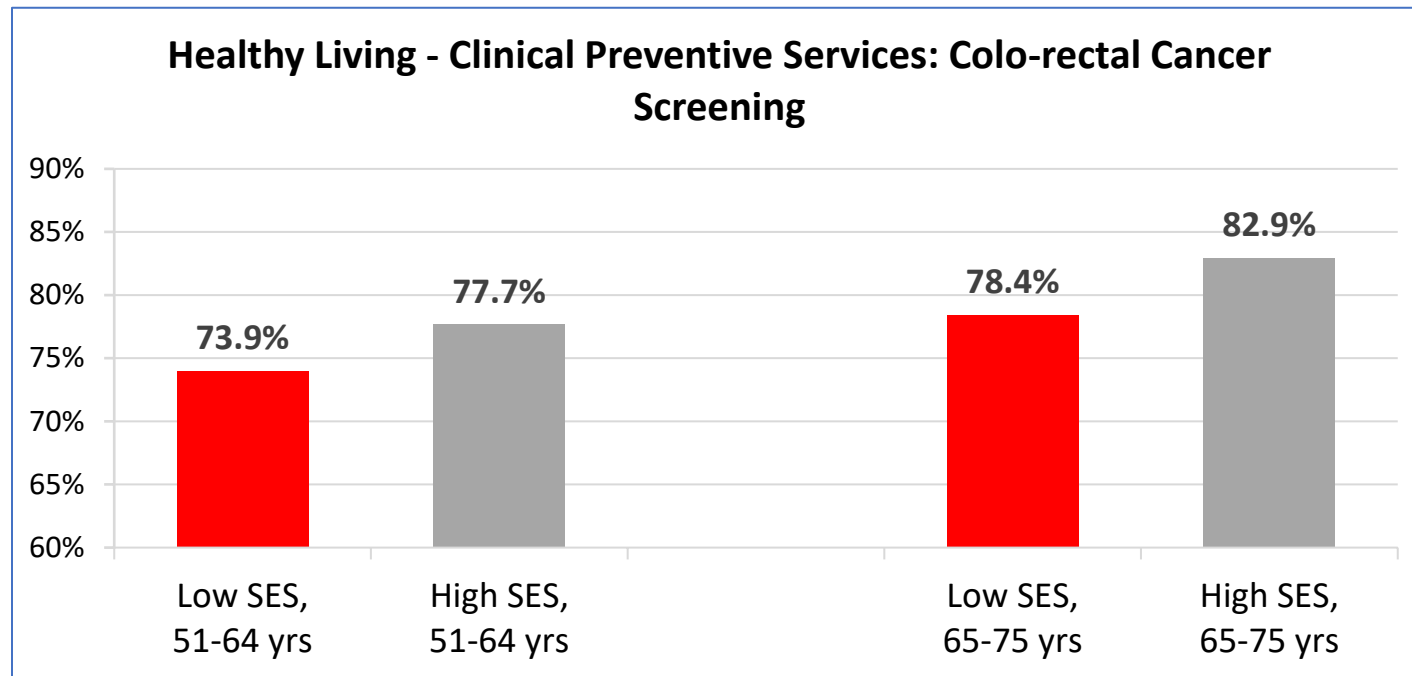
Healthy Living – Clinical Preventive Services by Veteran Socio-Economic Status. VHA women patients age 52-74 w/ evidence of mammography screening in prior 27 months



Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of EPRP FY2016 – FY2019 data

Healthy Living – Clinical Preventive Services by Veteran Socio-Economic Status. VHA patients age 51-75 with documentation of colo-rectal cancer screening that is current based on the screening modality

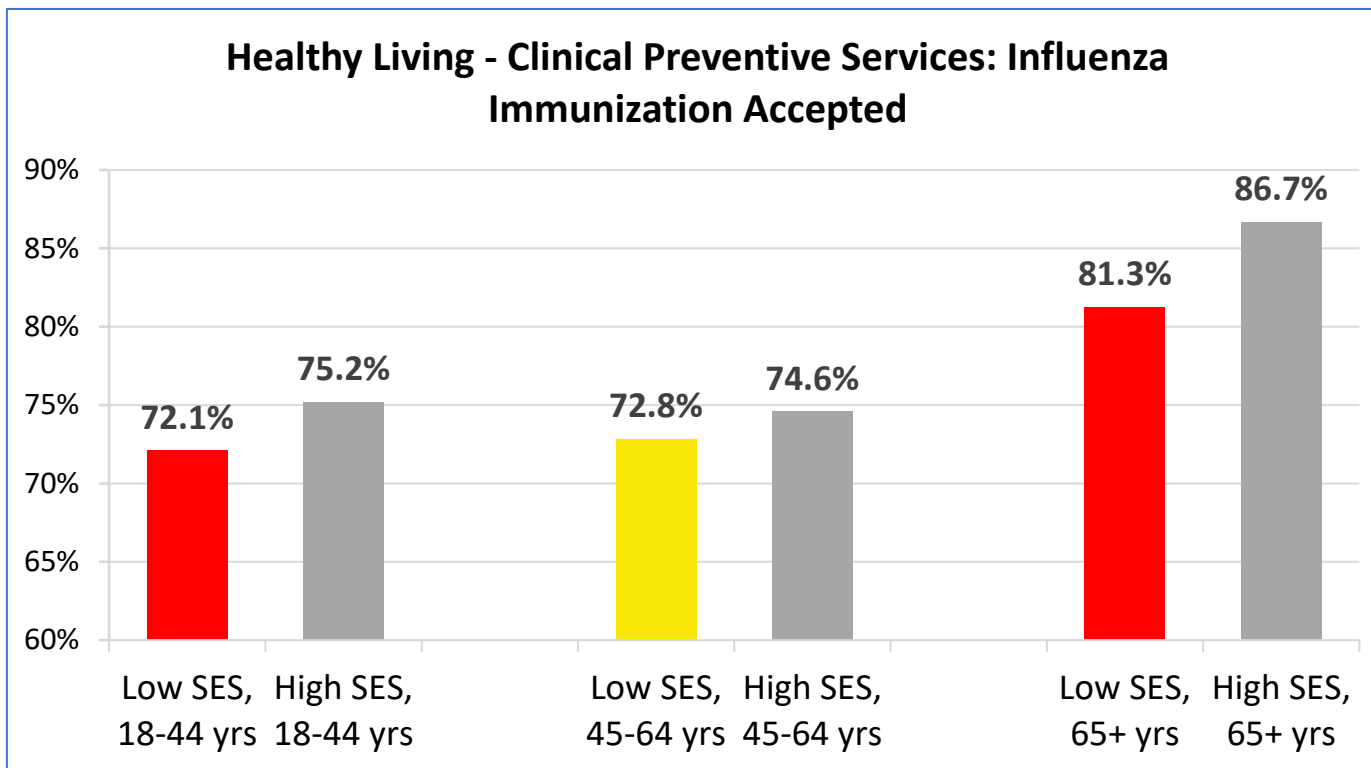


Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of EPRP FY2016 – FY2019 data

Healthy Living – Clinical Preventive Services by Veteran Socio-Economic Status.

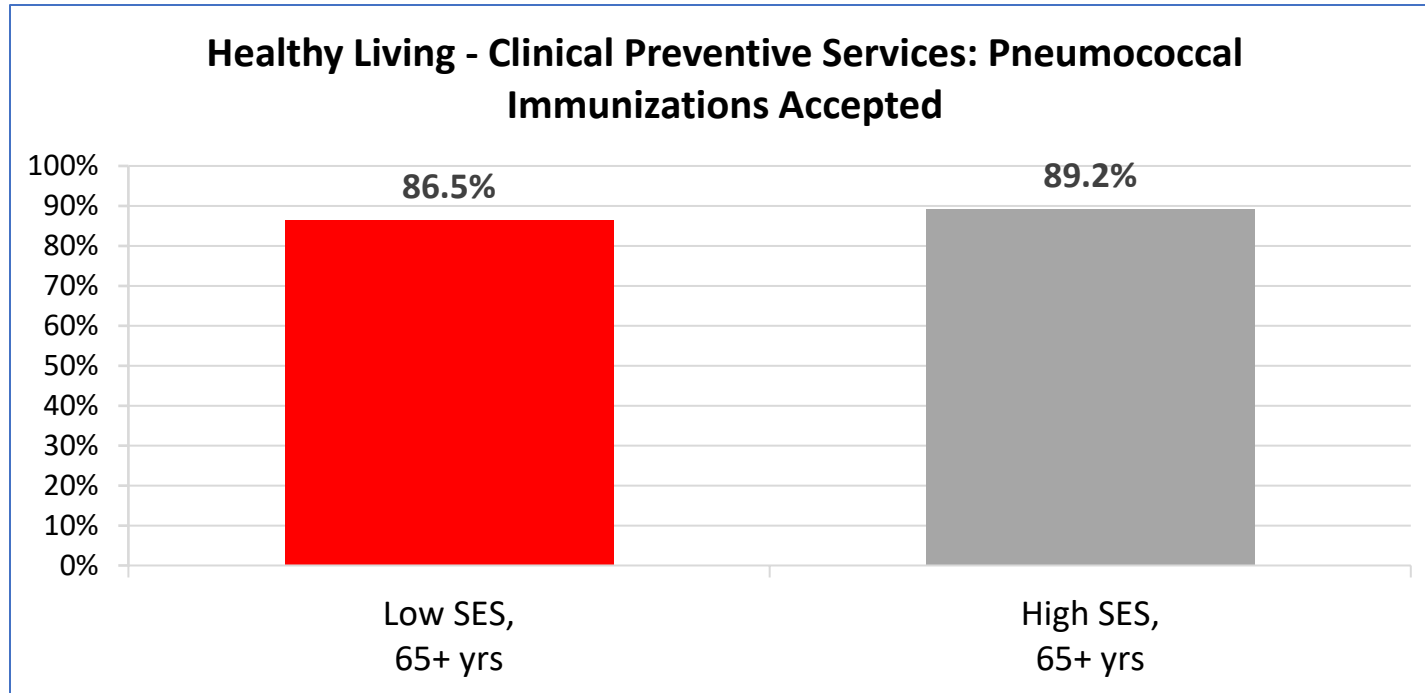
VHA patients who accepted influenza immunization



Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of EPRP FY2017 – FY2019 data [not measured FY2016]

Healthy Living – Clinical Preventive Services by Veteran Socio-Economic Status. VHA patients aged 65 or older who accepted pneumococcal immunization



Note: SES denotes socio-economic status

Source: OHE/QUERI PEI analysis of EPRP FY2016 – FY2019 data

Summary – Disparities in Patient Experiences of VA Care

- Disparities present for several measures of person-centered care across multiple priority groups
 - Race/ethnicity: American Indian and Alaska Native, Asian, and more than one race Veterans
 - Veterans of low socio-economic status
 - Women
 - Higher service-connected disability groups
- Notable gaps also present for some aspects of access to care and care coordination

Summary – Disparities in VA Care Quality

- Most frequent quality gaps in VA care were for healthy living / clinical preventive services
 - Black, American Indian and Alaska Native, and Women Veterans age 65+, and Veterans with low socio-economic status, or with 100% service-connected disability had worse care quality on 40% or more measures in this dimension
- Frequent disparities in the quality dimension of effective treatment also present for Black Veterans

Summary – Disparities by Veteran Characteristics

- Veteran groups defined by selected socio-demographic characteristics experienced disparities in several domains of VA patient experience and health care quality
- Several social determinants of health; characteristics included:
 - Race/ethnicity, particularly American Indian and Alaska Native, Asian, and Black Veterans
 - Women
 - Low socio-economic status
 - Some service-connected disability categories

Poll Question #4

How will you use the National Veteran Health Equity Report 2021? (check all that apply)

- a. Patient education or patient care
- b. Veteran engagement
- c. Other operations program use
- d. Teaching / medical education (e.g., of students)
- e. Research project background
- f. Other – please specify in the Q&A function

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