Using system science to better understand scale-up

Cole Hooley, PhD, LCSW Katherine Marcal, PhD, MSW



Cole Hooley, PhD, LCSW





Katherine Marcal, PhD, MSW



Scale-up is important

51.5 million adults

SAMHSA, 2020



Even among those who said they needed it





Idaho

Utah

Wyoming

SAMHSA, 2020



Calls for scaling-up

Collins et al., 2011; Lancet Global Mental Health Group, 2007; Singla et al., 2018

Implementation and scale-up

Availability

Health equity

Scale-up

Operationalizing scale-up

What is scale-up?

"... Deliberate efforts to increase the impact of innovations successfully tested in pilot or experimental projects so as to benefit more people and to foster policy and program development on a lasting basis."

"...more quality benefits to more people over a wider geographical area more quickly, more equitably, and more lastingly"

How do you capture population-level impact?

Effective coverage

Contact coverage

Acceptability coverage

Accessibility coverage

Availability coverage

Tanahashi, 1978

Operationalizing scale-up outcomes

Contact coverage = proportion of target population served

Effective coverage = proportion of the target population who improve

Equity = demographics/other indicators of population served and improved compared to target population

De Silva et al., 2014; Krasnik, 1996; Tanahashi, 1978; Whitehead, 1992

How do you calculate contact coverage?





People who used the service	Program	Claims	Survey
Total population in need of service	Survey	Registries	Literature
Prevalence \longrightarrow 50% seek \longrightarrow 50	% diagnosed		
6 million	→ 900,000		

How do you calculate contact coverage?

Step	Description					
1	Initial denominator (youth population)	35,247				
2	Medi-Cal eligible	35,247	X	45.3%	=	15,967
3	Any mental disorder prevalence	15,967	Х	32.8%	=	5,237
4	Non-severe impairment	5,237	X	92%	=	4,818
5	Likely to seek services	4,818	Х	50.6%	=	2,438
	Specified denominator	2,438				

Hooley et al. (under review)





Analyze coverage rates by different groups

Unit of analysis

Scalable unit = the smallest representative facsimile of the system targeted for full-scale implementation





Cooley & Linn, 2014



Fig. 3 IHI Framework for Going to Full Scale. The IHI Framework for Going to Full Scale addresses the phases of going to full scale and the adoption mechanisms and support systems needed to achieve large-scale programming. The elements of the framework include the phases of going to full scale (i.e., *Set-up, Develop the Scalable Unit, Test of Scale-up*, and *Go to Full Scale*); adoption mechanisms (i.e., leadership engagement, communication methods, leveraging social networks, and building a culture of urgency and persistence); and support systems needed to achieve large-scale programming (i.e., a learning system that connects adopters and experts, a data system to support measurement for improvement, infrastructure such as IT, equipment, etc.), building capability through training and support, and building reliable process that support sustainability



Greenhalgh et al. 2017



Reis et al. 2016

Figure 5.1: Process of successfully scaling up a population health intervention (PHI)





Walters et al., 2018



Curry et al. 2013

Sociopolitical context



Sociopolitical context

Hooley et al., 2018

Viewing scale-up from a systems perspective

Scale-up as a complex adaptive system

Characteristics of a CAS

- Components
- Inputs/outputs
- Behavior informed by rules
- Interaction among components
- Influenced by environment
- Adaptive, changes over time
- Self-organizing
- Produce patterns

Cilliers, 2013; Plsek & Greenhalgh, 2001, Sturmberg & Marting, 2013

Aim:

Create a feedback-based scale-up framework using system science



Hermeneutic approach

Boell & Cecez-Kevmanovic, 2014

Searching and sorting

Medline, CINAHL, PsycINFO, Embase, Web of Science, Google Scholar

Scale-up + framework + review

Selecting and acquiring

One reviewed, a second reviewed exclusions

Resolved discrepancies

Reading and mapping

Looking for constructs and their relationships

Pulled out the key constructs from frameworks

Thematic analysis on constructs

(Sarkies et al. 2020)

Building the CLD

Build initial model

Incorporate non-repetitive constructs

Iterate

Balance parsimony and completeness



Political Will Implementation

Maintenance

1















Results





Discussion

Some initial take-aways

- Incorporating scale-up with feedback loops
- Stocks scale-up is something you accumulate and maintain (filling, leaks)
- Consolidate, broad insights
- Gaps motivate actions and actions are constrained by the context





Some initial take-aways

- Health disparities undermine implementation by creating competing demands (B4)
- Equity can fuel scale-up by removing barriers to services for marginalized populations (R4)
- Striving for equity is the right thing to do and facilitates scale-up

Some initial take-aways

- Considering urgency of needs, competing demands, and dissatisfaction with the status quo helps explain why orgs may or may not adopt an intervention; identifying a need, acting, and then meeting that need (B1 and B3)
- Effective scale-up can be a doubled edged sword! If it fixes the problem (i.e., reduces urgency need), it can slow motivation for both continued scale-up efforts (B1) as well as maintenance of the intervention (B2). At the same time, organizations/funders want to support effective interventions, so getting good results might support ongoing sustainment of the intervention (R3).
- Dissemination is a key tool for motivating scale-up (R1)

Thank you!

Email: cole_hooley@byu.edu

Twitter: @cole_hooley

References

Barker, P. M., Reid, A., & Schall, M. W. (2015). A framework for scaling up health interventions: Lessons from large-scale improvement initiatives in Africa. *Implementation Science*, *11*(1), 12. https://doi.org/10.1186/s13012-016-0374-x

Boell, S., & Cecez-Kecmanovic, D. (2014). A hermeneutic approach for conducting literature reviews and literature searches. *Communications of the Association for Information Systems*, 34(1), 257–286. https://doi.org/10.17705/1CAIS.03412

CGIAR, & Global Forum for Agricultural Research. (2000). Going to scale: Can we bring more benefits to more people more quickly?

Cilliers, P. (2013). Understanding complex systems. In Handbook of systems and complexity in health (pp. 27–38). Springer New York.

Collins, P. Y., Patel, V., Joestl, S. S., March, D., Insel, T. R., Daar, A. S., Bordin, I. A., Costello, E. J., Durkin, M., Fairburn, C., Glass, R. I., Hall, W., Huang, Y., Hyman, S. E., Jamison, K., Kaaya, S., Kapur, S., Kleinman, A., Ogunniyi, A., ... Walport, M. (2011). Grand challenges in global mental health. *Nature*, 475(7354), 27–30. https://doi.org/10.1038/475027a

Cooley, L., & Linn, J. F. (2014). Taking innovations to scale: Methods, applications and lessons (p. 24). Results for Development Institute.

Curry, L., Taylor, L., Pallas, S. W., Cherlin, E., Pérez-Escamilla, R., & Bradley, E. H. (2013). Scaling up depot medroxyprogesterone acetate (DMPA): A systematic literature review illustrating the AIDED model. *Reproductive Health*, *10*, 39. https://doi.org/10.1186/1742-4755-10-39

Department of Health. (2012). IAPT three-year report – The first million patients (p. 1-48)

De Silva, M. J., Lee, L., Fuhr, D. C., Rathod, S., Chisholm, D., Schellenberg, J., & Patel, V. (2014). Estimating the coverage of mental health programmes: A systematic review. *International Journal of Epidemiology*, *43*(2), 341–353. https://doi.org/10.1093/ije/dyt191

Greenhalgh, T., Wherton, J., Papoutsi, C., Lynch, J., Hughes, G., A'Court, C., Hinder, S., Fahy, N., Procter, R., & Shaw, S. (2017). Beyond adoption: A new framework for theorizing and evaluating nonadoption, abandonment, and challenges to the scale-up, spread, and sustainability of health and care technologies. *Journal of Medical Internet Research*, *19*(11), e367. https://doi.org/10.2196/jmir.8775

Hooley, C., Weatherly, C., & Proctor, E. K. (2018). Expanding the reach of mental healthcare: An analysis of key scale-up frameworks. Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.

Koorts, H., Cassar, S., Salmon, J., Lawrence, M., Salmon, P., & Dorling, H. (2021). Mechanisms of scaling up: Combining a realist perspective and systems analysis to understand successfully scaled interventions. *International Journal of Behavioral Nutrition and Physical Activity*, *18*(1), 42. <u>https://doi.org/10.1186/s12966-021-01103-0</u>

Krasnik, A. (1996). The concept of equity in health eervices research. Scandinavian Journal of Social Medicine, 24(1), 2–7. https://doi.org/10.1177/140349489602400102

References

Lancet Global Mental Health Group. (2007). Scale up services for mental disorders: A call for action. The Lancet, 370(9594), 1241–1252. https://doi.org/10.1016/S0140-6736(07)61242-2

National Institute of Mental Health. (2016). PAR-16-174: Research partnerships for scaling up mental health interventions in Low-and Middle-Income Countries (U19). https://grants.nih.gov/grants/guide/pa-files/PAR-16-174.html

Nguyen, D. T. K. (2016). Scaling up [to] a population health intervention: A readiness assessment framework. University of Calgary.

Pilar, M., Elwy, A.R., Lushniak, L., Huang, G., McLoughlin, G. M., Hooley, C.,...Geng, E. H., & Proctor, E. (In press). A perspective on implementation outcomes and strategies to promote the uptake of COVID-19 vaccines. *Frontiers in Health Services*.

Plsek, P. E., & Greenhalgh, T. (2001). The challenge of complexity in health care. BMJ, 323(7313), 625. http://dx.doi.org/10.1136/bmj.323.7313.625

Reis, R. S., Salvo, D., Ogilvie, D., Lambert, E. V., Goenka, S., & Brownson, R. C. (2016). Scaling up physical activity interventions worldwide: Stepping up to larger and smarter approaches to get people moving. *The Lancet*, *388*(10051), 1337–1348. https://doi.org/10.1016/S0140-6736(16)30728-0

Sarkies, M., Long, J. C., Pomare, C., Wu, W., Clay-Williams, R., Nguyen, H. M., Francis-Auton, E., Westbrook, J., Levesque, J.-F., Watson, D. E., & Braithwaite, J. (2020). Avoiding unnecessary hospitalisation for patients with chronic conditions: A systematic review of implementation determinants for hospital avoidance programmes. *Implementation Science*, *15*(1), 91. https://doi.org/10.1186/s13012-020-01049-0

Singla, D. R., Raviola, G., & Patel, V. (2018). Scaling up psychological treatments for common mental disorders: A call to action. World Psychiatry, 17(2), 226–227. https://doi.org/10.1002/wps.20532

Substance Abuse and Mental Health Services Administration. (2020). Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health (No. PEP20-0701–001, NSDUH Series H-55; p. 114). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.

Sturmberg, J. P., & Martin, C. (Eds.). (2013). Handbook of systems and complexity in health. Springer New York. http://ebookcentral.proquest.com/lib/byu/detail.action?docID=1081866

Tanahashi, T. (1978). Health service coverage and its evaluation. Bulletin of the World Health Organization, 56(2), 295–303.

Walters, L. E. M., Scott, R. E., & Mars, M. (2018). A teledermatology scale-up framework and roadmap for sustainable scaling: Evidence-based development. *Journal of Medical Internet Research*, 20(6), e9940. <u>https://doi.org/10.2196/jmir.9940</u>

Whitehead, M. (1992). The concepts and principles of equity and health. International Journal of Health Services, 22(3), 429–445. https://doi.org/10.2190/986L-LHQ6-2VTE-YRRN

World Health Organization. (2010). Nine steps for developing a scaling-up strategy. https://expandnet.net/PDFs/ExpandNet-WHO%20Nine%20Step%20Guide%20published.pdf