

# Electronic Health Record-based Interventions for Reducing Inappropriate Imaging in the Clinical Setting: A Systematic Review of the Evidence

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#### **PREFACE**

Quality Enhancement Research Initiative's (QUERI) Evidence-based Synthesis Program (ESP) was established to provide timely and accurate syntheses of targeted healthcare topics of particular importance to Veterans Affairs (VA) clinicians, managers and policymakers as they work to improve the health and healthcare of Veterans. The ESP disseminates these reports throughout the VA, and some evidence syntheses inform the clinical guidelines of large professional organizations.

QUERI provides funding for four ESP Centers and each Center has an active university affiliation. The ESP Centers generate evidence syntheses on important clinical practice topics, and these reports help:

- develop clinical policies informed by evidence;
- guide the implementation of effective services to improve patient outcomes and to support VA clinical practice guidelines and performance measures; and
- set the direction for future research to address gaps in clinical knowledge.

In 2009, the ESP Coordinating Center was created to expand the capacity of HSR&D Central Office and the four ESP sites by developing and maintaining program processes. In addition, the Center established a Steering Committee comprised of QUERI field-based investigators, VA Patient Care Services, Office of Quality and Performance, and Veterans Integrated Service Networks (VISN) Clinical Management Officers. The Steering Committee provides program oversight, guides strategic planning, coordinates dissemination activities, and develops collaborations with VA leadership to identify new ESP topics of importance to Veterans and the VA healthcare system.

Comments on this evidence report are welcome and can be sent to Nicole Floyd, ESP Coordinating Center Program Manager, at Nicole.Floyd@va.gov.

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#### **EXECUTIVE SUMMARY**

#### INTRODUCTION

There are widespread concerns within Veterans Affairs (VA) healthcare and in non-VA US healthcare that the costs of healthcare are rising at unsustainable rates. One driver of cost is the increasing use of radiology imaging procedures, particularly advanced imaging techniques such as computed tomography (CT) scanning, magnetic resonance imaging (MRI), and CT angiography. Most authorities agree that more appropriate use of certain imaging tests could both improve quality and save costs.

The recognition that more appropriate use of imaging could improve quality and reduce costs has led to the development of interventions to encourage more appropriate radiology utilization. Some of these interventions have made use of the clinical decision support capabilities of electronic health records (EHR). VA has been a leader in the use of electronic health records and clinical decision support.

In recognition of the risks and costs associated with inappropriate imaging, VA leadership has requested an evidence synthesis which evaluates studied methods for reducing inappropriate imaging that center around the electronic health record (EHR). The final key questions are:

Key Question 1: What is the effectiveness of EHR-based interventions in reducing unnecessary or inappropriate imaging?

Key Question 2: Do EHR-based interventions vary in results by system (type of EHR intervention)?

Key Question 3: What are the harms or potential harms associated with EHR-based interventions used to reduce inappropriate imaging?

#### **METHODS**

#### **Data Sources and Searches**

We searched the references of existing broad based health information technology (IT) systematic reviews covering the period 1995-2011, and also performed a search of PubMed and Web of Science from 2011 to 9/10/2014 using terms including "Medical Informatics Applications[Mesh]," "Decision Support Systems, Clinical[Mesh]," "medical records systems, computerized," "health information technolog\*," "electronic medical record\*," and "radiology department."

#### **Study Selection**

Participants: Adult population. Studies aimed only at children were excluded. Studies with mixed populations were included.

Intervention: EHR-based interventions for reducing imaging for diagnostic purposes (as opposed to screening) considered inappropriate or unnecessary based on clinical guidelines. This meant that studies seeking to increase the use of radiographic imaging like mammography for breast



cancer screening were excluded. Studies of systems running on personal digital assistants were excluded. Studies of web-based interventions or computerized, stand-alone systems that we judged could be easily incorporated into the EHR were included.

Comparator (study design): Usual care.

Outcome: Rates of imaging procedures judged as unnecessary based on existing clinical guidelines. Studies that reported on changes in appropriateness (as opposed to decrease in appropriateness) were also included. Studies that targeted the use of imaging procedures stated as being overused and then reporting only utilization data were included. Utilization outcomes were considered separate from appropriateness outcomes. A table of all outcomes included as "appropriateness" is in Appendix C.

Timing: All times

Setting: Ambulatory, hospital, and emergency department settings.

#### **Data Abstraction and Quality Assessment**

Data were extracted by 2 reviewers, and discrepancies were reconciled with the group. Articles had data abstracted on study design, time period, setting, imaging modality, intervention, comparison, sample size, target of intervention, findings, IT design, data entry for intervention, and implementation characteristics. We assessed the quality of studies by their design and the degree to which they reported information about intervention and implementation characteristics.

#### **Data Synthesis and Analysis**

We used as the primary outcome the effect of the intervention on the appropriateness outcome. This could have been the increase in appropriate use or the decrease in inappropriate use; studies rarely reported both. As a secondary outcome, we used the effect on utilization. Random effects meta-analyses were conducted using the H-K variance estimator. After collecting data on the interventions, implementations, and settings, but prior to extraction of outcomes data, we developed 4 hypotheses regarding effectiveness of the intervention, one in each category of intervention characteristics, settings, implementation, and target.

#### **RESULTS**

#### Results of Literature Search

From all sources, we retrieved 1,195 titles. From these, we identified 172 titles as being potentially relevant. After reviewing these 172 abstracts, we identified 105 titles for full text review. Of these, we rejected a total of 82 articles, with 10 rejected for their study design (*eg*, a commentary, editorial, review, *etc*), 27 rejected as being about radiology imaging for screening, one rejected for being in a child-aged population, and 39 rejected as not being EHR-based or not about clinical decision support (CDS) or not about imaging.

Of the 23 articles included, 3 were randomized trials, 7 were time series studies, and 13 were pre-post studies. Seven studies collected data prior to the year 2000, 7 studies included data collection within the past 5 years (2009 or later). Ten interventions targeted what was sometimes called "high cost imaging," which usually included CT and MRI and occasionally nuclear





medicine tests as well. Four interventions targeted pulmonary CT angiography, 2 studies targeted chest x-ray, 4 interventions targeted multiple radiologic investigations, and 3 studies had other radiologic targets.

In 5 studies, the intervention consisted of simply the display of information, such as the cost of tests, relevant guidelines, or an appropriateness rating for the requested radiology examination for that indication. Nine studies displayed patient-specific information about whether or not the requested study was consistent with existing guidelines (or something similar). Four studies included what we characterized as a "soft stop," meaning for radiology orders that the CDS rated as inconsistent with guidelines or inappropriate, the provider needed to enter a reason why the CDS advice was being over-ridden. Five studies included a "hard stop," meaning providers were prevented from ordering radiology examinations the CDS classified as inappropriate without getting approval from some external person, usually a radiologist or senior clinician.

Two studies did not present data sufficient to include in our quantitative analysis, one because it did not present comparative data without the intervention and one because the outcome was an aggregate measure of many tests, and data specific to the radiology targets were not presented. Of the remaining 21 studies, 13 reported an appropriateness outcome and 13 reported a utilization outcome; 5 studies reported both.

#### Summary of Results for Key Question 1 and 2

Thirteen studies contributed to each pooled analysis, one pooled analysis for appropriateness and one pooled analysis for utilization. Four studies contributed data to both. Our primary outcome was the effect on appropriateness. Nine of the 13 studies reported statistically significant benefits of the intervention, 2 reported a benefit that was not statistically significant, and 2 studies reported no effect. The random effects pooled estimate from all 13 studies was an effect size of 0.48 (95% CI: -0.71, -0.25). This equates to a "moderate" sized effect, according to a conventional classification.

Thirteen studies reported utilization outcomes. Six studies reported statistically significant benefits of the intervention, and 7 studies reported essentially no effect. The random effects pooled estimate from all 13 studies was an effect size of 0.13 (95% CI: -0.23, -0.04). This equates to a "small" sized effect, according to a conventional classification.

We explored 4 hypotheses regarding effectiveness, one each for characteristics of the intervention, the setting (integrated care delivery versus other settings), the implementation process (the use of audit and feedback was the only implementation characteristic with sufficient data to support a stratified analysis), and the radiologic target of the intervention. We had insufficient studies to support robust pooled estimates of individual strata or to support multivariable analyses. Nevertheless, some patterns are apparent.

All of the interventions with a "hard stop" reported moderate-to-large effects on appropriateness. Studies using other interventions reported more variable effects or had insufficient numbers to draw conclusions.

The 3 studies conducted in integrated care settings all reported large effects on appropriateness and small-to-moderate effects on utilization. Studies conducted at the US institutions that are





leaders in health IT, and other settings, produced more mixed results, although all 5 of the 6 studies of appropriateness at the health IT leaders reported statistically significant benefits of the intervention.

There were too few studies using audit-and-feedback to draw conclusions and no apparent pattern in studies of interventions at different radiology targets.

#### **Summary of Results for Key Question 3**

Four studies reported on harms associated with their interventions. One study, evaluating a decision support tool to reduce unnecessary pre-operative testing, found that with the intervention there was an increase in the percent of pre-operative chest x-rays inappropriately not ordered. Prior to the intervention 1.9% of patients did not get a chest x-ray when indicated, compared to 9.3% after the intervention. The clinical impact of this is not known. Another study of a decision support tool to reduce abdominal kidney, ureter, bladder (KUB) x-rays identified 12 KUB studies out of a total of 255 performed against the advice of the tool where there were positive findings. Of these 12, six KUB studies were felt to have significantly influenced patient outcomes, making it unclear whether following the locally developed guidance could have endangered the patient. The 2 other studies reported on qualitative information from physician surveys which primarily identified lack of interest in using the decision support tools because of time constraints and perceived inefficiencies.

#### **DISCUSSION**

#### **Key Findings and Quality of Evidence**

Key Question 1 and 2

Summary of Findings and Quality of Evidence

Twenty-one studies provide moderate-quality evidence that EHR-based interventions can reduce inappropriate test ordering by a moderate amount, and reduce overall utilization by a small amount. Low-quality evidence supports that interventions that include a "hard stop," preventing ordering clinicians from overriding a decision support determination that a test is inappropriate, and implementation in an integrated care delivery setting, are associated with greater effectiveness. Audit-and-feedback may be a useful implementation tool, but data are too sparse to draw conclusions. We judged the quality of evidence regarding appropriateness and utilization as moderate, due to heterogeneity in the results. We judged the quality of evidence regarding the characteristics as low, due to the sparseness of the data and indirect nature of the comparisons That is, these characteristics have not been tested as *a priori* hypotheses for differential effectiveness within the same study.

#### Key Question 3

Summary of Findings

There are few data on the potential harms of decision support tools to reduce inappropriate radiology test ordering. Future studies should evaluate for harms – particularly investigating whether guidelines when applied in practice provide unanticipated results, or when there are issues related to workflow, efficiency, or provider dissatisfaction that could impact a decision





support tool's effectiveness. For example, in a study of CDS to prevent drug-drug interactions, the use of a "hard stop" intervention – while effective in changing prescribing – resulted in delays in treatment for 4 patients, resulting in preventative stopping of the study by the Institutional Review Board. Another study, excluded from our review because it assessed a pediatric population, surveyed physicians and found that most felt the CDS was "a nuisance" and "not relevant to the complex or high risk patients they had to treat." This highlights the need for assessment of harms and unintended effects in every evaluation.

#### Quality of Evidence

We judged the quality of evidence for harms as very low, meaning any estimate is uncertain.

#### **Applicability**

Only 3 studies were performed in integrated care delivery settings, and only one study was performed in the VA. However, there is evidence suggesting that interventions implemented in integrated care delivery settings may be more effective than in other settings, indicating VA may realize benefits equal to or greater than the average benefit reported here.

#### Research Gaps/Future Research

We identified the following research gaps:

Direct comparisons are needed of different intervention characteristics. We found suggestive evidence that interventions with a "hard stop" are more effective than other interventions, but to prove this hypothesis requires testing the 2 methods head-to-head in the same study. This should be easy to do, since randomization can occur at the provider level, and consist of the CDS with and without the hard stop.

More research is needed on possible harms. Harms of a CDS system intervention with a "hard stop" have been reported in other clinical situations. An explicit assessment of harms should be incorporated into every study of interventions.

About half of our included studies collected data more than 7 years ago, and information technology and attitudes about the use of information technology change over time, so data from more recent time periods would be helpful.

One study reported differential effectiveness by target, and this should be assessed in future studies.

Like all health IT evaluations, more information about context and implementation is needed.

#### Conclusions

Computerized decision support integrated with the electronic health record can reduce inappropriate use of diagnostic radiology testing by a moderate amount. The use of a "hard stop" as part of the intervention, the use of audit-and-feedback as part of the implementation, and use in an integrated care delivery setting may all increase effectiveness. There are few data on the potential harms of decision support tools to reduce inappropriate radiology test ordering. Future studies should evaluate for harms.





#### **Abbreviations Table**

CDS	clinical decision support
СТ	computed tomography
MRI	magnetic resonance imaging
EHR	electronic health record
IT	information technology
KUB	kidney, ureter, bladder
ED	emergency department
RCT	randomized controlled trial
СРОЕ	computerized physician order entry
GRADE	Grading of Recommendations Assessment, Development and Evaluation
UGI	upper gastrointestinal
VQ	ventilation/perfusion lung scan
CXR	chest x-ray
GI	gastrointestinal
POE	physician order entry
PE	pulmonary embolism
AXR	abdominal x-ray
AP	anteroposterior
PA	posterioranterior
US	ultrasound (only when used in evidence tables)
EKG	electrocardiogram





#### **EVIDENCE REPORT**

#### INTRODUCTION

There are widespread concerns within Veterans Affairs (VA) healthcare and in non-VA US healthcare that the costs of healthcare are rising at unsustainable rates. One driver of cost is the increasing use of radiology imaging procedures, particularly advanced imaging techniques such as computed tomography (CT) scanning, magnetic resonance imaging (MRI), and CT angiography. Advances in imaging capabilities allow physicians to image ever-finer areas within the body, and the ease with which many of these tests are ordered has led to dramatic increases in the rates of use of many tests. For example, the use of CT scans in the Emergency Department (ED) grew by 330% in the 12 years from 1996 through 2007, at a time when the rate of ED visits grew by only 11%. Similarly, other investigators reported a 3-fold increase in the likelihood of getting a CT scan or MRI during an ED visit between 1998 and 2007.

These dramatic increases in utilization have led to increased scrutiny regarding the clinical value of these imaging studies. In some cases, strong evidence exists that the imaging studies provide no value, or even harm patients. For example, a meta-analysis of early lumbar imaging for patients with acute low back pain included 5 randomized controlled trials (RCTs) where patients were randomized to receive or not receive early imaging in the form of a plain film, a CT, or an MRI. At 3 months, there was no improvement in pain or function among patients who had received imaging.<sup>5</sup> In other cases, strong professional opinion considers certain tests to be of little value, mainly because alternate tests are preferred or the probability of an abnormal image is exceedingly remote.

There is widespread agreement that more appropriate use of certain imaging tests could both improve quality and save costs. When the American Board of Internal Medicine Foundation asked physician specialty groups to identify procedures or tests that they judged were of little value, imaging tests were frequently identified, such as the use of CT scans for minor head injury in the ED (American College of Emergency Physicians), imaging studies in patients with nonspecific low back pain (American College of Physicians), imaging for uncomplicated headache (American College of Radiology), CT angiography for patients with low clinical probability of pulmonary embolus and a negative D-dimer assay (American College of Chest Physicians), and stress cardiac imaging in patients without high-risk markers for coronary artery disease (American College of Cardiology).

The recognition that more appropriate use of imaging could improve quality and reduce costs has led to the development of interventions to encourage more appropriate radiology utilization. Some of these interventions have made use of the clinical decision support capabilities of electronic health records. VA has been a leader in the use of electronic health records and clinical decision support, and VA leadership therefore requested a review of published studies assessing the effect of electronic health record (EHR)-based interventions to improve the appropriateness of imaging.





#### **METHODS**

#### **TOPIC DEVELOPMENT**

This report was developed based on a nomination from the VHA Choosing Wisely Workgroup, including Dr. David Atkins, Director of Health Services Research and Development, Dr. Charles Anderson, Chief Consultant for Diagnostic Services, and Sherrill Snuggs, Utilization Officer in the Office of Patient Care Services, in an effort to implement some of the segments of the "Choosing Wisely" campaign. In 2011, the American Board of Internal Medicine, working with Consumer Reports, organized the "Choosing Wisely" campaign in conjunction with 9 other leading medical professional groups, including the American College of Physicians, the leading medical organization dealing with adult medical care and highly relevant to Veterans' care. These organizations were asked to identify 5 tests or treatments that in their professional opinions, based on published guidelines, were often used inappropriately. Leading this list were several imaging studies including studies such as stress cardiac imaging in asymptomatic patients, routine preoperative chest x-rays in asymptomatic patients, and routine imaging in the absence of "red flag symptoms" for low back pain.

In recognition of the risks and costs associated with inappropriate imaging, VA leadership has requested an evidence synthesis which evaluates studied methods for reducing inappropriate imaging that center around the EHR.

The final key questions are:

Key Question 1: What is the effectiveness of EHR-based interventions in reducing unnecessary or inappropriate imaging?

Key Question 2: Do EHR-based interventions vary in results by system?

Key Question 3: What are the harms or potential harms associated with EHR-based interventions used to reduce inappropriate imaging?

The PROSPERO registration number is CRD42014009557.

#### SEARCH STRATEGY

Our search strategy had 4 components:

The primary component was a search of an existing database developed from 4 prior, broadbased reviews of health information technology (IT). These 4 reviews were done using similar search strategies (covering the period 1995-2013) and inclusion/exclusion criteria, and were designed to identify all published hypothesis-testing studies of clinical health IT. Hypothesis-testing studies included randomized trials, controlled before-and-after studies, time series studies, and pre-post studies. These studies were further classified according to the health IT functionality, including clinical decision support (CDS), computerized provider order entry, patient care reminders, e-prescribing, health information exchange, etcetera. In the most recent review, summary data were presented which showed that of 1057 health IT studies in the





database, 417 were classified as CDS. These 417 titles and abstracts were searched for studies eligible for this review (*eg*, CDS aimed at reducing inappropriate radiology use).

The second component of our search was reference mining of 3 potentially relevant systematic reviews:

1. The impact of computerized provider order entry systems on medical imaging services: a systematic review. <sup>11</sup>

This review included 8 studies classified as ordering of medical imaging examinations by the provider.

2. Computerized clinical decision support systems for chronic disease management: a decision-maker-researcher partnership systematic review. 12

This review included 36 studies. It also contained a list of criteria for characterizing CDS systems that included whether it was integrated with the electronic health record (EHR) or computerized physician order entry (CPOE), whether the CDS was automated through the EHR, whether it was pilot tested, whether it gave feedback at the time of care, whether the CDS suggested procedures, and whether the authors of the article were also the developers of the CDS. We adapted this list for our own use.

3. Systematic review of clinical decision support interventions with potential for inpatient cost reduction. <sup>13</sup>

This review identified 3 studies of radiology interventions.

Our third component was a targeted search of PubMed from 2011 to 9/10/2014, looking specifically at decision support for imaging, along with 2 searches constructed to identify articles related to 2 key references in Web of Science and PubMed (see Appendix B for this search strategy).

Our fourth component was to reference mine all included articles.

#### STUDY SELECTION

All reference titles and abstracts were screened in duplicate. If either reviewer selected a title or abstract, it was included for further review. Full text articles were then reviewed in duplicate, with all discrepancies discussed with the group. References were selected based on the following inclusion criteria:

Participants: Adult population. Studies aimed only at children were excluded. Studies with mixed populations were included.

Intervention: EHR-based interventions for reducing imaging for diagnostic purposes (as opposed to screening) considered inappropriate or unnecessary based on clinical guidelines. This meant that studies seeking to increase the use of radiographic imaging like mammography for breast cancer screening were excluded. Studies of systems running on personal digital assistants were





excluded. Studies of web-based interventions or computerized, stand-alone systems that we judged could be easily incorporated into the EHR were included.

Comparator (study design): Usual care.

Outcome: Rates of imaging procedures judged as unnecessary based on existing clinical guidelines. Studies that reported on changes in appropriateness (as opposed to decrease in appropriateness) were also included. Studies that targeted the use of imaging procedures stated as being overused and then reporting only utilization data were included. Utilization outcomes were considered separate from appropriateness outcomes. A table of all outcomes included as "appropriateness" is in Appendix C.

Timing: All times.

Setting: Ambulatory, hospital, and emergency department settings.

#### **DATA ABSTRACTION**

Data were extracted by 2 reviewers, and discrepancies were reconciled with the group. Articles had data abstracted on study design, time period, setting, imaging modality, intervention, comparison, sample size, target of intervention, findings, IT design, data entry for intervention, and implementation characteristics. See Appendix D for the full list of data abstracted from each article.

#### **QUALITY ASSESSMENT**

We assessed the quality of studies by their design and the degree to which they reported information about intervention and implementation characteristics (see Table 1).

Table 1. Criteria Used to Assess the Quality of Included Studies

IT Design
Is it integrated with CPOE?
Does it give real time feedback at point of care?
Does the CDS suggest a recommended course of action?
Intervention Classification
Data Entry Source
Is it automated through EHR (eg, only uses data already being entered for clinical care)?
Does clinical staff enter data specifically for intervention?
Implementation Characteristics
Was it pilot tested or used an iterative process of development/ implementation?
Was there any user training/ clinician education?
Are the authors also the developers and part of the user group for the CDS?
Was there use of audit-and-feedback (or other internal incentive)?
Are there any other implementation components not already discussed?





#### **DATA SYNTHESIS**

We constructed evidence tables showing the study characteristics and results for all included studies. We used as the primary outcome the effect of the intervention on the appropriateness outcome. As a secondary outcome, we used the effect on the utilization. For studies presenting count data or for which a count could be calculated (from a percentage), an odds ratio and associated standard error were calculated. For comparability, the log odds ratios and their standard errors were converted into Cohen's d effect sizes. For studies presenting means and measures of variation, Cohen's d effect sizes were calculated directly. For each study, we used the difference between the pre-intervention period and the post-intervention period, or the difference between the time series projection of performance in the absence of the intervention compared to actual performance during the intervention, or the difference between providers randomized to the intervention or control, as appropriate to the study design and the available data. Results were converted to effect sizes for the analysis. Random effects meta-analyses were conducted using the H-K variance estimator.

After collecting data on the interventions, implementations, and settings but prior to extraction of outcomes data, we developed 4 hypotheses regarding effectiveness of the intervention, one in each category of intervention characteristics, settings, implementation, and target:

- 1. Interventions will vary in their effectiveness according to the following rank order: (a) interventions that present only information, (b) interventions that include a pop-up or reminder that the selected radiographic examination does not meet current guidelines, (c) interventions that require an active override for providers to continue to order a radiographic examination not supported by guidelines (*ie*, "soft stop"), or (d) interventions that forbid providers from ordering a radiographic examination not supported by guidelines unless/until consultation with a peer or expert (*ie*, "hard stop").
- 2. Interventions will be more effective in settings that are integrated networks of care (*eg*, VA, Kaiser) than in other settings.
- 3. Interventions will be more effective if they include other implementation components, such as audit and feedback, academic detailing, etcetera.
- 4. Interventions may vary by the radiographic modality they target.

#### RATING THE BODY OF EVIDENCE

The evidence was assessed using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) criteria, which uses the domains of study design limitations, inconsistency, indirectness, and imprecision in results. <sup>15</sup> The GRADE Working Group classified the quality of evidence across outcomes according to the following criteria:

- High = Further research is very unlikely to change our confidence on the estimate of effect.
- Moderate = Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.





- Low = Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.
- Very Low = Any estimate of effect is very uncertain.

#### **PEER REVIEW**

A draft version of this report was reviewed by 2 technical experts and 2 members of VA clinical leadership. Reviewer comments were addressed and our responses were incorporated into the final report. The complete set of comments and responses can be found in Appendix E.



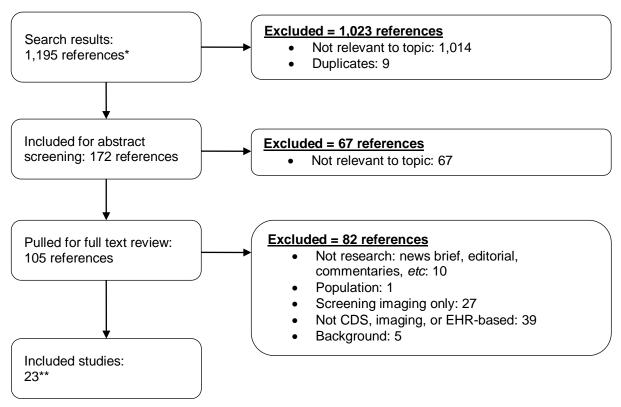


#### **RESULTS**

#### LITERATURE FLOW

From all sources, we retrieved 1,195 titles. From these, we identified 172 titles as being potentially relevant. After reviewing these 172 abstracts, we identified 105 titles for full text review. Of these, we rejected a total of 82 articles, with 10 rejected for their study design (*eg*, a commentary, editorial, review, *etc*), 27 rejected as being about radiology imaging for screening, one rejected for being in a child-aged population, and 39 rejected as not being EHR-based or not about CDS or not about imaging (see Figure 1 for literature flow details).

Figure 1. Literature Flow Chart



<sup>\*</sup> Results from prior systematic reviews (N=152), the existing database (N=226), the update searches (N=793), and articles identified during reference mining (N=24) were deduplicated to reach this number.

\*\* Manuscript reference list includes additional references cited for background and methods plus websites relevant to key questions.

Of the 23 articles included, 3 were randomized trials, <sup>16-18</sup> 7 were time series studies, <sup>19-25</sup> and 13 were pre-post studies. <sup>26-38</sup> Seven studies collected data prior to the year 2000, <sup>16-18,20,21,27,36</sup> and 7 studies included data collection within the past 5 years (2009 or later). <sup>19,22,29-31,33,38</sup> Ten interventions targeted what was sometimes called "high cost imaging," which usually included CT and MRI and occasionally nuclear medicine tests as well. <sup>16,19,22,24,25,31,33-35,37,38</sup> Four interventions targeted pulmonary CT angiography, <sup>23,28,32,38</sup> Two studies targeted chest x-ray, <sup>17,30</sup> 4 interventions targeted multiple radiologic investigations, <sup>20,26,29,36</sup> and 3 studies had other radiologic targets. <sup>18,21,27</sup>





Studies were mostly single institution implementations, and at US academic medical centers. Thirteen studies, or just over half of all studies, were from the "HIT leaders," meaning US academic centers who have a long history of development, implementation, evaluation, and publication of health IT. <sup>16-18,22-25,31,33,36-38</sup> Ten of these studies (35%) came from institutions affiliated with Harvard. <sup>16,18,22-25,31,33,37,38</sup> Three studies came from integrated healthcare delivery organizations, in particular Kaiser, <sup>21</sup> VA, <sup>32</sup> and Virginia Mason. <sup>19</sup>

In 5 studies, the intervention consisted of simply the display of information, such as the cost of tests, relevant guidelines, or an appropriateness rating for the requested radiology examination for that indication. <sup>16,17,21,29,36</sup> Nine studies displayed patient-specific information about whether or not the requested study was consistent with existing guidelines (or something similar). <sup>18,23,25,27,28,30,31,35,38</sup> Four studies included what we characterized as a "soft stop," meaning for radiology orders that the CDS rated as inconsistent with guidelines or inappropriate, the provider needed to enter a reason why the CDS advice was being over-ridden. <sup>20,24,26,34</sup> Five studies included a "hard stop," meaning providers were prevented from ordering radiology examinations the CDS classified as inappropriate without getting approval from some external person, usually a radiologist or senior clinician. <sup>19,22,32,33,37</sup>

Almost all interventions were integrated with CPOE, gave real-time feedback, and a recommended course of action. Only one study specifically indicated that the intervention was developed iteratively or pilot tested, <sup>18</sup> about one-third of studies reported clinician training was part of the implementation process, <sup>19,23,26-28</sup> 5 studies reported including audit-and-feedback as part of the implementation, <sup>19,22,24,26,33</sup> and 7 studies reported on other implementation characteristics, barriers, and facilitators (including having a culture of evidence-based medicine, a phased implementation, salaried physicians, and a risk contract with the payor of care). <sup>19,22,25,26,28,33,35</sup> The Evidence Tables present details of all 23 included studies (see Appendix A).

Two studies did not present data sufficient to include in our quantitative analysis, one because it did not present comparative data without the intervention<sup>26</sup> and one because the outcome was an aggregate measure of many tests, and data specific to the radiology targets were not presented.<sup>36</sup> Of the remaining 21 studies, 13 reported an appropriateness outcome and 13 reported a utilization outcome, while 5 studies reported both. See Table 2 for which outcomes were reported in which studies.





**Table 2. Articles with Type of Outcome Presented** 

Author, Year	Appropriateness	Utilization
Bates, 1997 <sup>16</sup>		X
Blackmore, 2011 <sup>19</sup>		X
Carton, 2002 <sup>20</sup>	X	
Chin, 1999 <sup>21</sup>	X	X
Day, 1995 <sup>27</sup>	X	X
Dresher, 2011 <sup>28</sup>	X	
Durand, 2013 <sup>29</sup>		X
Flamm, 2013 <sup>30</sup>	X	
Gupta, 2014 <sup>31</sup>	X	
Harpole, 1997 <sup>18</sup>		X
Ip, 2014 <sup>33</sup>	X	X
Ip, 2013 <sup>22</sup>		X
Raja, 2012 <sup>23</sup>	X	X
Raja, 2014 <sup>38</sup>	X	X
Rosenthal, 2006 <sup>24</sup>	X	
Sanders, 2001 <sup>34</sup>		X
Sistrom, 2009 <sup>25</sup>		X
Solberg, 2010 <sup>35</sup>	X	
Soo Hoo, 2011 <sup>32</sup>	X	
Tierney, 1988 <sup>17</sup>		X
Vartanians, 2010 <sup>37</sup>	X	





**Evidence-based Synthesis Program** 

Figure 2 presents the results from the 5 studies reporting both appropriateness and utilization outcomes. While the 2 outcomes are directionally consistent within study, in 3 studies the effect size for appropriateness was much greater than for utilization. In general, this is to be expected. Most radiology examinations are not ordered for inappropriate reasons, and thus an intervention targeted at reducing inappropriate test ordering will have a larger effect on appropriateness than it will on utilization. For example, if a particular radiological procedure is ordered appropriately 70% of the time and inappropriately 30% of the time among 100 consecutive orders, then an intervention that successfully reduces inappropriate use by 50% will result in only 15 inappropriate test orders, while utilization will decrease only 15% (from 100 test orders to 85 test orders, the latter consisting of 70 appropriate orders and 15 inappropriate orders). Thus, we expect that utilization will be less affected than appropriateness for these interventions. The study by Raja and colleagues published in 2014 reported both at an appropriateness outcome, as in the proportion of radiologic tests ordered that met a national standard and the patient positive yield of radiologic examinations. We included both here for comparison.





Figure 2. Studies Reporting Both Appropriateness and Utilization Outcomes

	Effect Size [95% CI]
<b>I</b>	-0.03 [ -0.26 , 0.20 ]
Hamil	-0.07 [-0.19 , 0.04 ]
•	-0.96 [ -1.04 , -0.89 ]
<b>H</b> ■N	-0.36 [ -0.48 , -0.25 ]
-	-0.14 [ -0.24 , -0.04 ]
•	-0.20 [ -0.28 , -0.12 ]
•	-1.05 [ -1.11 , -1.00 ]
	-0.21 [ -0.28 , -0.13 ]
H <del>a</del> l	-0.47 [ -0.61 , -0.33 ]
•	0.02 [ 0.00 , 0.04 ]
	-0.01 [-0.05 , 0.04]
	= = =

ES=effect size, CI=confidence interval





# KEY QUESTION 1: What is the effectiveness of EHR-based interventions in reducing unnecessary or inappropriate imaging? KEY QUESTION 2: Do EHR-based interventions vary in results by system?

We combine our presentation of results for these 2 key questions, since they are interrelated.

Thirteen studies contributed to each pooled analysis, one pooled analysis for appropriateness and one pooled analysis for utilization. Five studies contributed data to both. Our primary outcome was the effect on appropriateness.

Figure 3 displays the results for individual studies reporting appropriateness. Nine of the 13 studies reported statistically significant benefits of the intervention, 2 reported a benefit that was not statistically significant, and 2 studies reported no effect. The random effects pooled estimate from all 13 studies was an effect size of 0.48 (95% CI: -0.71, -0.25). This equates to a "moderate" sized effect, according to a conventional classification. Substantial heterogeneity is present, as indicated by the I² statistic of 99.5%, and the visual inspection of the plot. Neither Begg's nor Egger's test indicated the presence of publication bias (p=0.951, p=0.339, respectively). A sensitivity analysis that included the appropriateness outcome instead of the yield outcome for Raja (2014) yielded little difference in the pooled estimate (0.52, 95% CI - 0.73, -0.31).

As a clinical example of what constitutes a moderate-sized effect, consider the results of the study by Gupta and colleagues, which reported an effect size of 0.67 associated with implementation of the CDS intervention. In clinical terms, this meant that before CDS implementation the percentage of head CT examinations ordered for appropriate reasons in the ER for patients with mild traumatic brain injury was 49%. After implementation of the CDS, this rate increased to 76.5%. As a second example, the study by Rosenthal and colleagues reported an effect size of 0.63 associated with implementation of a CDS, giving appropriateness scores for a number of radiologic procedures. Before the intervention, 6% of procedures were judged as being of low utility; after the intervention this value dropped to 2%. As a second example of 2%.





Figure 3. Results for Appropriateness from Individual Studies

Author(s) and Year		Effect Size [95% CI]
Day, 1995 <sup>26</sup>	<b>⊦</b> ∎-1	-0.03 [-0.26 , 0.20]
Chin, 1999		-0.96 [ -1.04 , -0.89 ]
Carton, 2002 <sup>19</sup>		-0.12 [ -0.18 , -0.07 ]
Rosenthal, 2006 <sup>23</sup>	1	-0.63 [ -1.36 , 0.10 ]
Solberg, 2010 <sup>34</sup>	<del>1-■-1</del>	-0.33 [ -0.60 , -0.06 ]
Vartanians, 2010 <sup>36</sup>		-0.62 [ -0.64 , -0.59 ]
Drescher, 2011 <sup>27</sup>	<b>⊢=</b> -I	-0.26 [ -0.61 , 0.09 ]
Soo Hoo, 2011 <sup>31</sup>	<del>⊢</del> -1	-1.01 [ -1.49 , -0.53 ]
22 Raja, 2012		-0.14 [ -0.24 , -0.04 ]
29 Flamm, 2013	•	-0.59 [ -0.71 , -0.47 ]
30 Gupta, 2014	H≣H	-0.67 [ -0.91 , -0.44 ]
lp, 2014 <sup>32</sup>		-1.05 [ -1.11 , -1.00 ]
Raja, 2014 <sup>37</sup>		0.02 [ 0.00 , 0.04]
RE Model for All Studies	•	-0.48 [ -0.71 , -0.25 ]
	-2.00 -1.00 0.00 1.00 2.00	
	Effect Size	





Figure 4 displays the results for the 13 studies reporting utilization outcomes. Six studies reported statistically significant benefits of the intervention, and 7 studies reported essentially no effect. The random effects pooled estimate from all 13 studies was an effect size of 0.13 (95% CI: -0.23, -0.04). This equates to a "small" sized effect, according to a conventional classification. Despite a narrower range of effect sizes in these 13 studies (10 of the 13 studies cluster between zero and an effect size of 0.21) compared to the range of effect sizes for the appropriateness outcomes, like the appropriateness studies substantial heterogeneity is present, as indicated by the I2 statistic of 100%. Neither Begg's nor Egger's test indicated the presence of publication bias (p=0.392, p=0.259, respectively).





Figure 4. Results for Utilization from Individual Studies

Author(s) and Year		Effect Size [95% CI]
Tierney, 1988 <sup>16</sup>		-0.03 [ -0.03 , -0.03 ]
Day, 1995 <sup>26</sup>	:  æ	-0.07 [ -0.19 , 0.04 ]
Bates, 1997 15	•	-0.03 [-0.06, 0.00]
Harpole, 1997 <sup>17</sup>	<b>.</b>	-0.05 [ -0.95 , 0.85 ]
Chin, 1999 <sup>20</sup>	Heel	-0.36 [ -0.48 , -0.25 ]
Sanders, 2001 <sup>33</sup>	į	0.00 [ -0.07 , 0.07 ]
Sistrom, 2009 <sup>24</sup>		-0.49 [ -0.49 , -0.48 ]
Blackmore, 2011 <sup>18</sup>	•	-0.18 [ -0.21 , -0.15 ]
Raja, 2012 <sup>22</sup>	<b>=</b>	-0.20 [ -0.28 , -0.12 ]
Durand, 2013 <sup>28</sup>		0.00 [ 0.00 , 0.00 ]
Ip All Tests, 2013 <sup>21</sup>	<b>=</b>	-0.10 [ -0.10 , -0.09 ]
lp, 2014 <sup>32</sup>	•	-0.21 [ -0.28 , -0.13 ]
Raja, 2014 <sup>37</sup>		-0.01 [-0.05, 0.04]
RE Model for All Studies	•	-0.13 [ -0.23 , -0.04 ]
	-2.00 -1.00 0.00 1.00 2.00	
	Effect Size	

# Effect of Intervention Characteristics, Setting, Implementation, and Target on Effectiveness

We explored 4 hypotheses regarding effectiveness, one each for characteristics of the intervention, the setting (integrated care delivery versus other settings), the implementation process (the use of audit and feedback was the only implementation characteristic with sufficient data to support a stratified analysis), and the radiologic target of the intervention. We had insufficient studies to support robust pooled estimates of individual strata or to support multivariable analyses. Furthermore, since appropriateness was our primary outcome we present stratified results only for this outcome. Nevertheless, some patterns are apparent.

Figure 5 presents the results of the appropriateness outcomes, stratified by intervention characteristics and settings. "A" interventions provided information only; in the included study it presented internally developed guidelines any time an upper GI series order was placed. <sup>21</sup> "B"





interventions presented information on appropriateness or guidelines specifically tailored to the individual patient, often as a pop-up or alert. Some of these interventions also recommended alternative interventions, but did not include any barrier for the clinician to order the test. "C" interventions in general were similar to "B" interventions, but required the ordering clinician to justify with free text why they were overriding the decision support recommendation that a study was inappropriate. We called this a "soft stop." "D" interventions included what we called a "hard stop," meaning the intervention prevented the clinician from ordering a test contrary to the CDS determination of inappropriateness, until additional discussion with or permission obtained from another clinician or radiologist.

All of the "D" studies reported moderate-to-large effects on appropriateness, while the "B" and the "C" studies reported more variable and generally lesser effects. The one "A" study, by Chin and colleagues, <sup>21</sup> reported a large effect. This study displayed locally developed guidelines for appropriate upper gastro intestinal (UGI) ordering at the time an order was placed. This study was conducted in an integrated care delivery setting with a high baseline rate of inappropriate use (45%), which may partly explain these strikingly successful findings.

Regarding setting, the 2 studies conducted in integrated care settings all reported large effects on appropriateness. Studies conducted in other settings found much smaller effects, while studies at 10 US institutions that are leaders in health IT reported heterogeneous results, although 4 of the 6 studies of appropriateness at the health IT leaders reported statistically significant benefits of the intervention.





Figure 5. Appropriateness Results Stratified by Intervention Characteristics and by Setting

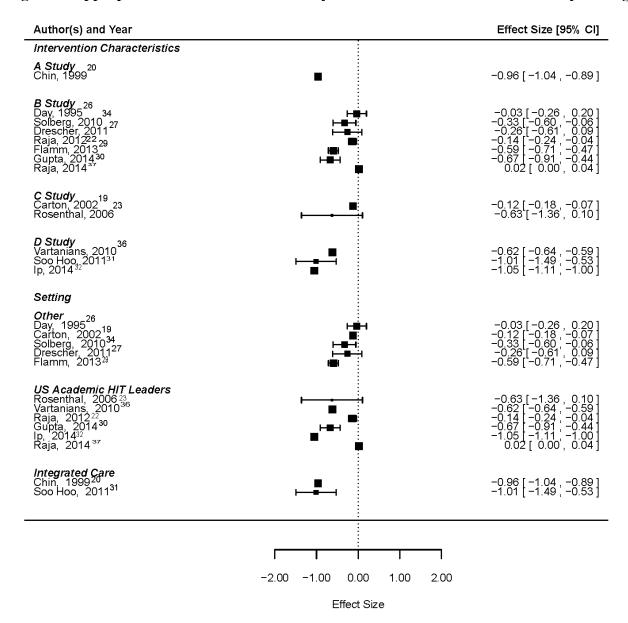






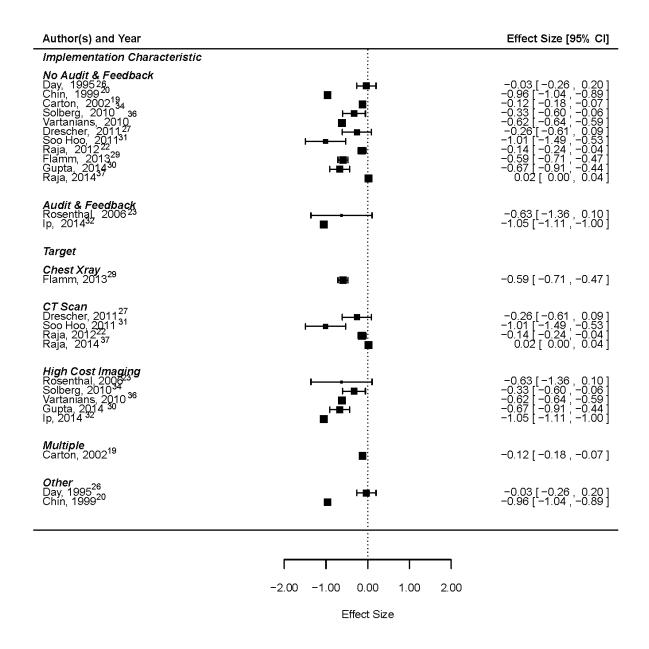
Figure 6 presents the results of the appropriateness, respectively, stratified by whether or not the publication reported that audit-and-feedback was part of the implementation process and by the target of the intervention. There did not seem to be clear patterns, although both studies using audit-and-feedback reported moderate-to-large effects. In the study by Rosenthal and colleagues, "physicians, who [ordered] more than a few examinations with low utility scores [were] contacted by one of their senior clinical leaders and counseled about appropriate ordering." In the study by Ip and colleagues, audit-and-feedback was accomplished by sending to primary care providers quarterly practice pattern variation reports depicting the number of back MRIs ordered per the number of low back pain related visits. 33

No pattern of differential effectiveness is as clearly apparent as in the preceding figures, although in a study of one intervention a statistically significant effect was seen for CT scans and nuclear radiology tests but not MRI, <sup>22</sup> suggesting the possibility of a differential effect of interventions based on their target.





Figure 6. Appropriateness Results Stratified by Implementation Characteristics and by Target







Two studies which otherwise met our inclusion criteria could not be included in the pooled analysis because they did not present sufficient data. In one study a rural family medicine clinic in Canada made computerized decision support available to any interested physician. The majority of physicians were infrequent users of the system, which was voluntary. Among 904 diagnostic imaging studies ordered using the system, clinical guidelines applied to 58%. Of these, 29% were identified as inappropriate and an alternative diagnostic strategy suggested. Of these, physicians followed the suggestion in 25% of cases. This study could not be included in our pooled analysis because it did not present data from the pre-intervention period.<sup>26</sup> The second study was a time series study of displaying the costs for a large number of outpatient diagnostic tests (urinalysis, complete blood count, serum electrolytes, etc). <sup>36</sup> Three radiologic tests relevant to this review were included: chest x-ray, head CT scan, and head MRI. This study could not be included in our pooled analysis because it did not report results separately for the individual tests. The effect of the intervention on the aggregate of all these diagnostic tests was a statistically significant 14% reduction in utilization. This significant finding is in contrast to 3 other studies of an intervention that presented cost data, all of which reported no effect on utilization.

#### **VA Studies**

We identified one study conducted in a VA setting.<sup>32</sup> This was a single site, pre-post study at an urban, academically affiliated VA. Locally developed guidelines were developed for the appropriate use of CT angiography for suspected pulonary embolus. These were then incorporated in the CPOE fuction of the VA electronic health record (CPRS version 1.0.27). The order entry menu screen included the Wells criteria point score. The ordering physician was required to complete the checklist to generate a Wells score. If the score was 4 or less, the physician was required to get a D-dimer test. If the D-dimer test was above a certain threshold, the order was allowed to proceed without any additional barriers. If the D-dimer was below that threshold, the ordering physician was required to consult with the on-call chest radiology attending for approval (a "hard stop"). In the 2 years prior to the intevention, the yield of positive CT angiography studies was 3.1%. This increased to 16.5% after inplementation of the intervention. There was no assessment of possible patient harms or physician reactions to the use of the intervention.

#### Summary of Findings and Quality of Evidence for Key Question 1 and 2

Twenty-one studies provide moderate quality evidence that EHR-based interventions can reduce inappropriate test ordering by a moderate amount, and reduce overall utilization by a small amount. Low quality evidence supports that interventions that include a "hard stop," preventing ordering clinicians from overriding a decision support determination that a test is inappropriate, and implementation in an integrated care delivery setting, are associated with greater effectiveness. Audit-and-feedback may be a useful implementation tool, but data are too sparse to draw conclusions. We judged the quality of evidence regarding appropriateness and utilization as moderate, due to heterogeneity in the results. We judged the quality of evidence regarding the characteristics as low, due to the sparseness of the data and indirect nature of the comparisons. That is, these characteristics have not been tested as a priori hypotheses for differential effectiveness within the same study.





# **KEY QUESTION 3: What are the harms or potential harms associated with EHR-based interventions used to reduce inappropriate imaging?**

Four studies reported on harms associated with their interventions. <sup>18,26,28,30</sup> One study evaluating a decision support tool to reduce unnecessary pre-operative testing found that with the intervention there was an increase in the percent of pre-operative chest x-rays inappropriately not ordered. <sup>30</sup> Prior to the intervention 1.9% of patients did not get a chest x-ray when indicated compared to 9.3% after the intervention. The clinical impact of this is not known. Another study of a decision support tool to reduce abdominal kidney, ureter, bladder (KUB) x-rays identified 12 KUB studies out of a total of 255 performed against the advice of the tool where there were positive findings. <sup>18</sup> Of these 12, six KUB studies were felt to have significantly influenced patient outcomes, making it unclear whether following the locally developed guidance could have endangered the patient. The 2 other studies reported on qualitative information from physician surveys which primarily identified lack of interest in using the decision support tools because of time constraints and perceived inefficiencies. <sup>26,28</sup>

#### **Summary of Findings**

There are few data on the potential harms of decision support tools to reduce inappropriate radiology test ordering. Future studies should evaluate for harms – particularly investigating whether guidelines when applied in practice provide unanticipated results, or when there are issues related to workflow, efficiency, or provider dissatisfaction that could impact a decision support tool's effectiveness. For example in a study of CDS to prevent drug-drug interactions, the use of a "hard stop" intervention – while effective in changing prescribing – resulted in delays in treatment for 4 patients, resulting in preventative stopping of the study by the Institutional Review Board. Another study, excluded from our review because it assessed a pediatric population, surveyed physicians and found that most felt the CDS was "a nuisance" and "not relevant to the complex or high risk patients they had to treat." This highlights the need for assessment of harms and unintended effects in every evaluation.

#### **Quality of Evidence for Key Question 3**

We judged the quality of evidence for harms as very low, meaning any estimate is uncertain.





#### SUMMARY AND DISCUSSION

#### SUMMARY OF EVIDENCE BY KEY QUESTION

Key Question 1: What is the effectiveness of EHR-based interventions in reducing unnecessary or inappropriate imaging?

#### Key Question 2: Do EHR-based interventions vary in results by system?

Twenty-one studies provide moderate quality evidence that EHR-based interventions can reduce inappropriate test ordering by a moderate amount, and reduce overall utilization by a small amount. Low-quality evidence supports that interventions that include a "hard stop," preventing ordering clinicians from overriding a decision support determination that a test is inappropriate, the use of audit-and-feedback as part of the implementation, and that are conducted in an integrated care delivery setting, are associated with greater effectiveness.

#### **Key Question 3**

There are few data on the potential harms of decision support tools to reduce inappropriate radiology test ordering. Future studies should evaluate for harms – particularly investigating whether guidelines when applied in practice provide unanticipated results, or when there are issues related to workflow, efficiency, or provider dissatisfaction that could impact a decision support tool's effectiveness. For example, in a study of CDS to prevent drug-drug interactions, the use of a "hard stop" intervention – while effective in changing prescribing – resulted in delays in treatment for 4 patients, resulting in preventative stopping of the study by the Institutional Review Board. Another study, excluded from our review because it assessed a pediatric population, surveyed physicians and found that most felt the CDS was "a nuisance" and "not relevant to the complex or high risk patients they had to treat." This highlights the need for assessment of harms and unintended effects in every evaluation.

#### **LIMITATIONS**

#### **Publication Bias**

The most important limitation to this review is the likely existence of publication bias. Although we did not detect any statistical evidence of publication bias, there surely must be more implementations of EHR-based interventions to improve appropriateness of radiology test ordering then the 22 published studies we found. Our expectation is that many such interventions are done and never formally evaluated or published. How the results of these implementations may differ from the published studies is unknown, but we expect both effective and ineffective implementations have likely occurred and not been published. This lack of publication is a major impediment toward more rapid learning of how health IT can best be implemented.

#### **Study Quality**

In common with many other areas of health IT, we found key information on context and implementation to be lacking in published studies. For example, only one study reported on pilot testing of the intervention, and only about one-third of studies reported on clinician training as part of the implementation. This may perpetuate the belief that these kinds of health IT interventions can be developed separate from the workflow of practicing clinicians, and then





simply "turned on" with the expectation that clinicians will know how to use the intervention and use it correctly. The dearth of reporting of possible harms is another key limitation. Every intervention has to be expected to potentially cause harms and these need to be explicitly measured.

#### Heterogeneity

Heterogeneity in effectiveness is a prominent finding of our review. Our stratified analyses explained some of this heterogeneity, but the greater portion remains unexplained. It has been postulated that the majority of heterogeneity in health IT evaluations is due to details of the context and implementation that go unreported in published study. We expect the same to be true here. Heterogeneity is a primary contributor to low quality of evidence assessments.

#### **Applicability of Findings to the VA Population**

Only 3 studies were performed in integrated care delivery settings, and only one study was performed in VA. However, there is evidence suggesting that interventions implemented in integrated care delivery settings may be more effective than in other settings, indicating VA may realize benefits equal to or greater than the average benefit reported here.

#### RESEARCH GAPS/FUTURE RESEARCH

We identified the following research gaps:

Direct comparisons are needed of different intervention characteristics. We found suggestive evidence that interventions with a "hard stop" are more effective than other interventions, but to prove this hypothesis requires testing the 2 methods head-to-head in the same study. This should be easy to do, since randomization can occur at the provider level, and consist of the CDS with and without the hard stop.

More research is needed on possible harms. Harms of a CDS intervention with a "hard stop" have been reported in other clinical situations. An explicit assessment of harms should be incorporated into every study of interventions.

About half of our included studies collected data more than 7 years ago, and information technology and attitudes about the use of information technology change over time, so data from more recent time periods would be helpful.

One study reported differential effectiveness by target, and this should be assessed in future studies.

Like all health IT evaluations, more information about context and implementation is needed.

#### CONCLUSIONS

Computerized decision support integrated with the electronic health record can reduce inappropriate use of diagnostic radiology testing by a moderate amount. The use of a "hard stop" as part of the intervention and use in an integrated care delivery setting may all increase effectiveness. There are few data on the potential harms of decision support tools to reduce inappropriate radiology test ordering. Future studies should evaluate for harms.





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## **APPENDIX A. Evidence Tables**

Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Bates, 1997 <sup>16</sup>	RCT; April- Oct 1994; also evaluated historical data	35 most commonly ordered studies including x-rays, US, CTs, VQ scan and MRI brain/lumbar spine	Charges for the 35 most common radiological tests were displayed at the time of electronic provider order entry (POE)	POE without display of charge data	8728 Intervention patients; 8653 Control patients	Assess whether knowledge of cost (charges) can affect physician ordering behavior	Computerized display of cost information did not impact the number of radiological tests ordered and performed (mean=\$276 vs \$275, p=0.88)
Blackmore, 2011 <sup>19</sup>	Time Series; Jan 2003- Dec 2009	Lumbar MRI, head MRI, head CT, sinus CT	Clinical decision support at the time of POE for 3 radiology procedures	Historical control, utilization rates from before and during the intervention	49,967	Decision support to lower utilization of lumbar MRI, head MRI, and sinus CT	Targeted use of decision support can decrease inappropriate utilization.
Carton, 2002 <sup>20</sup>	Time Series; June-Nov 1998	Radiology studies ordered in 2 EDs	Providers ordering radiology tests selected from a list of clinical contexts related to the exam and were alerted if it did not conform to guidelines.	Notification that request did not meet guidelines	6869 radiology exam requests	Reduce unnecessary medical imaging	The display of recommendations reduced non-guideline adherent requests by 20% relative at hospital A (p=0.02) and 23% at hospital B (p=0.0001). [19.4% to 15.6% & 39.9% to (-90% 30.0%, respectively)] The 3 most commonly requested tests not conforming to guidelines were abdominal plain radiographs (76%), CXR (25%), and head CT (16%).
Chin, 1999 <sup>21</sup>	Time series, descriptive quantitative; 1995	Upper GI studies chest x-rays (but no data given to CXR)	Guidelines are displayed within electronic order at time of order entry.	Web-based guideline publication	Not provided	Increase guideline- adherent ordering	UGI ordering which conformed to guidelines improved from 55% to 88% (once guidelines introduced at POE). Also decrease in orders from 10.6 per 1000 members to 5.6/1000. CXRs decreased by 20%.





Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Curry, 2011 <sup>26</sup>	Pre-post; dates not stated	radiology studies	Decision support during POE	None	904 orders	clinical guideline acceptance through decision support during POE	Physicians supported the concept of decision support but were reluctant to change
Day, 1995 <sup>27</sup>	Pre-post; Pre: May-Nov 1992, Post: May-Dec 1993	Lumbosacral x- rays for back pain	Emergency department charting system with guideline-based care recommendation	Usual care without computerized order entry Stand alone	103 patients in pre-period, 259 patients in intervention period (79% were treated using the CPOE/CDS intervention)	Improve appropriateness of care for low back pain and reduce costs.	There was no difference in the appropriateness of testing or cost-effectiveness of care.
Drescher, 2011 <sup>28</sup>	Pre-post; dates not stated	CT angiography	Decision support calculating a Wells score for each order of CT angiography during POE	historical pre- intervention	pre: 205; post: 229	Increase the positive rate of CT angiogram results	Decision support during POE lead to higher positive CT angiogram results for PE. CT angiogram positive rate increased from 8.3% pre to 12.7% post (difference -4.4%, 95% CI: -1.4, 10.1)
Durand, 2013 <sup>29</sup>	Pre-post; 2008 - May 2010	10 most frequently ordered imaging tests - AP CXR, AXR, CT head, Renal US, Vascular US (intervention); Extremity US, PA/Lat CXR, CT abdomen with contrast, Abdominal US, CT chest with contrast (control)	Present providers with cost information for 5 imaging studies	No cost information for 5 different imaging studies	#tests ordered baseline: 34,776 intervention studies and 4914 control studies; #tests ordered post- intervention: 34,776 intervention studies and 4846 control studies	Reduce ordering of imaging studies	There was no significant difference in numbers of imaging studies ordered between the baseline and intervention periods.





Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Flamm, 2013 <sup>30</sup>	Pre-post with historical controls; Intervention 2009, control 2007	Chest x-ray	Web-based tool (PROP) that provides pre-operative test recommendations based on inputted patient and procedure data	Patients referred for pre- operative evaluation prior to PROP implementation	Intervention 1148; Controls 1363	Improve preoperative guideline adherence and reduce unnecessary testing	For chest x-ray, there were significantly fewer unnecessary pre-op x-rays performed in the intervention group (1.9% vs 25.2%, p<0.001). However, intervention patients were also more likely to NOT receive x-rays when clinically indicated (9.3% vs 1.9%, P<0.001).
Gupta, 2014 <sup>31</sup>	Pre-post; August 2007- October 2009, Dec 2009- February 2012	Head CT	A CDS for orders for mild head CT in traumatic brain injury that required clinicians to answer additional clinical questions	Web-based CPOE without CDS	Random sample of 200 head CT examinations for mild traumatic brain injury in pre and post period	Adherence to evidence, head guidelines for use of head CT	Adherence to guidelines was 49% pre intervention and 76.5% post intervention
Harpole,199 7 <sup>18</sup>	Phase 1: Case series; 8/1/1995- 9/30/1995	KUB	CPOE with pop-up message indicating KUB for a specific indication was low yield, or another view or modality (eg, ultrasound) was more worthwhile	N. A.	190 patients, 380 KUB orders	Reducing low yield KUB	Low yield KUBs were canceled in 3% of 258 orders. KUB order was changed to other view or modality in 38% of 109 orders.
	Phase 2: RCT; 11/10/1995- 3/21/1996		CPOE with amended pop-up message further emphasizing KUB for a specific indication was low yield, or another view or modality (eg, ultrasound) was more worthwhile	Original pop-up message from phase 1	491 patients; 864 KUB orders		Low yield KUBs were canceled in 4% of 283 orders. KUB order was changed to other modality in 55% of 176 orders.





Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Ip, 2014 <sup>33</sup>	Pre-Post 2007- 2010	Lumbosacral MRI	Presentation of ACP/APS guidelines for MRI imaging in LBP and mandatory "near real time" peer- to-peer telephonic consultation with a radiologist or internist when attempting to override the guidelines; audit-and-feedback of performance to individual provider.	Existing EHR with CPOE but without guidelines or other interventions.	21,445 primary care visits. 930 visits for LBP had MRI ordered.	Reduce inappropriate use of MRI for back pain	Reduce use of LS MRI decreased from 5.3% of LBP-related primary care visits to 3.7% after implementation of the intervention. Guideline adherence rate increased from 78% to 98% with the intervention.
Ip, 2013 <sup>22</sup>	Time Series; 2004-2009	CT, MRI, and nuclear cardiology procedures	CDS embedded in EHR that gives real-time feedback about appropriateness and regular peer-to-peer consultation to complete orders deemed uncertain or inappropriate	EHR before CDS implementation	50,336 procedures	reduce imaging utilization	After implementation, use of procedures decreased from 17.5 to 14.4 CTs per 1,000 patient months, from 10.7 to 11.1 MRIs per 1,000 patient months, and from 2.4 to 1.4 cardiac procedures per 1,000 patient months.
Raja, 2012 <sup>23</sup>	Time series; Oct 2003-Sept 2007	CT pulmonary angiography	CDS integrated into hospital CPOE system, that required physicians to order a D-dimer and give a clinical suspicion of high, medium, or low	CPOE before the intervention	6,838 patients	Reducing inappropriate CT pulmonary angiography in the ED	After CDS implementation, the rate of CT pulmonary angiography decreased by 20%, from 26.4 to 21.1 examinations per 1,000 patients. The proportion of positive CT angiograms increased after the intervention from 5.9 to 9.8%.
Raja, 2014 <sup>38</sup>	Pre-Post 2009-2011	CT pulmonary angiography	CDS integrated into CPOE, that required mandatory data input for each unique clinical attribute of the wells criteria and the D-dimer level, it required 9 mouse clicks	1 <sup>st</sup> generation CDS as described in Raja, 2012	2,423 patients	Appropriate use of CT pulmonary angiography ED	After the advanced CDS implementation, appropriateness increased from 56.9% to 75.6%, however use was constant and yield was relatively unchanged (10.4% pre, 10.4% post)





Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Rosenthal, 2006 <sup>24</sup>	Time series; Jan 2002-Dec 2005	CT/MRI, nuclear cardiology exams	Computerized radiology order entry system that assigned a utility score to each ordered examination	Radiology order entry system without decision support	71,966 post decision support tests	Reducing low utility tests	The rate of low utility examination declined from 6% to 2% across all examinations and all physician specialties. 19.4% of low utility scores resulted in immediate cancelation.
Sanders, 2001 <sup>34</sup>	Pre-Post; Pre: 9/30/2000 – 12/4/2000, Post: 12/5/2000 – 1/3/2001	Brain MRI, head CT	Implementation of WizOrder's DSS (decision support system) which provides a recommended test (CT or MRI, contrast or non-contrast) based on ICD-9 codes and free text indications	Pre-intervention paper-based guidelines	742 tests in pre-period, 704 tests in post-period	Appropriateness of neuroradiology imaging requests	Significant difference in the distribution of orders for each study type with a trend towards ordering the recommended tests in the post-intervention period, with an increase in non-contract MRI being most prominent.
Sistrom, 2009 <sup>24,25</sup>	Time-series; 2000-2007	CT, MRI, US	Implementation of a Web-based radiology order entry system with decision support providing feedback on appropriateness based on provider-entered clinical information	Paper, facsimile and telephone methods	100% sample of radiology tests by quarter. Which were approximatel y 13,000 CT, 9,000 MR, and 11,000 US each quarter.	Growth rates of outpatient CT, MRI and US volumes	CT and US volumes growth and growth rates decreased significantly after implementation of computerized order entry with decision support; MRI growth rate also decreased significantly 3.0 to 0.25%, 2.2 to 0.9%, 2.9 to 1.7%, respectively.
Solberg, 2010 <sup>35</sup>	Pre-Post; 2006-2007	CT, MRI of the head, MRI of the lumbar spine	Implementation of decision support that identified appropriateness criteria (in 3 categories: A,B, or C)for the imaging studies	HER with no decision support	151 cases in pre-period, 148 cases in post-period; all randomly chosen	Reduce inappropriate imaging studies.	Volume of completed test orders decreased by 36.5% for head CT, and 20% for spine MRI, but increased by 3.3% for head MRI. Only MRI of the head and spine showed an increase in meeting appropriateness criteria postimplementation.





Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Soo Hoo, 2011 <sup>32</sup>	Pre-post; Dec 2006-Nov 2008	CT pulmonary angiography	CDS requiring physician-entered data to calculate a Wells score	CPOE without CDS	examinations in the pre- intervention period, 261 CT examinations on 252 patients in the post- intervention period	increase the yield of positive examinations	After implementation of the intervention, the proportion of positive examinations increased from 3.1 to 16.5%.
Tierney, 1990 <sup>36</sup>	Pre-Post; Jan 1988; 14 week pre- intervention, 26 week intervention period, and 19 week post- intervention period	CXR; Abdominal sonography; CT Scan (head); Magnetic Resonance Imaging (head)	Charge for test displayed at the time of test ordering at academic general internal medicine practice.	Usual ordering without charge display	Pre- intervention period: 3362 patients in the control group and 3511 in the intervention group; Intervention period: 4138 control and 4254 intervention; Post- intervention 2806 control and 4461 intervention.	Assess whether knowledge of cost (charges) can affect physician ordering behavior	No specific data on imaging modalities. Data pooled and displayed as cost for all test including blood, urine, EKG and imaging studies. For both attendings and residents there was a statistically significant reduction in test ordering and charges.



Author, Year	Study Design	Modality (Radiology)	Intervention	Comparison	Sample size	Target	Finding
Tierney, 1988 <sup>17</sup>	RCT; March 24-Sept 30, 1986	CXR, as one of 8 intervention tests	Display of predicted probabilities of positive test abnormalities provided at the time of test ordering, academic general internal medicine practice for scheduled patients.	Usual ordering without predicted probability display	7658 Scheduled visits in intervention group; 7590 scheduled visits in control group; 487 Chest X-rays	Reduction in ordering low probability tests with resultant decrease in charges per visit	There was non-significant 13.8% decrease in charges related to CXR ordering.
Vartanians, 2010 <sup>37</sup>	Pre-post; Pre: April – Dec 2006; Post: April – Dec 2007	Outpatient CT/MRI, and nuclear medicine examinations	Computerized Radiology order entry system rule change that prevented non-clinician support staff from completing orders that received initial low- yield decision support score (required order to be entered directly by clinician)	CPOE before the intervention	42, 737 orders in control group and 76, 238 orders in study group	Reduce number of low-yield imaging studies	Reduction in number of low-yield tests decreased: 2106 of 38,801 (5.43%) to 1261 of 65,765 (1.92%),(P<0.001).



		IT Design					Entry urce	Implementation Characteristics					
Study Author, Year	Setting	Is it integrated with CPOE?	Does it give real time feedback at point of care?	Does the CDS suggest a recommended course of action?	Intervention Classification*	Is it automated through EHR?**	Does clinical staff enter data specifically for intervention?	Was it pilot tested or used an iterative process of development/implementation?	Was there any user training/ clinician education?	Are the authors also the developers and part of the user group for the CDS?	Was there use of auditand-feedback (or other internal incentive)?	Are there any other implementation components not already discussed?	
Bates, 1997 <sup>16</sup>	Harvard- affiliated academic medical center	Yes	Yes	No	A1	Yes	No	Not stated	Not stated	Yes	No	Not stated	
Blackmore, 2011 <sup>19</sup>	Integrated multidisciplinary healthcare network, Virginia Mason	Yes	Yes	Yes	D	No	Yes	Not stated	Yes	Not stated	Yes	Authors consider context of facility important for success - salaried physicians in an integrated health network reducing utilization was an important institutional goal. There is a culture of evidence-based medicine and local development of protocols	
Carton, 2002 <sup>20</sup>	Two French teaching hospitals	No	Yes	Yes	С	No	Yes	Not stated	Not stated	Not stated	Not stated	Not stated	
Chin, 1999 <sup>21</sup>	Kaiser	Yes	Yes	Yes	A2	Yes	No	Not stated	Not stated	Not stated	Not stated	No	





			IT Desi	ign			Entry urce	Implementation Characteristics					
Study Author, Year	Setting	Is it integrated with CPOE?	Does it give real time feedback at point of care?	Does the CDS suggest a recommended course of action?	Intervention Classification*	Is it automated through EHR?**	Does clinical staff enter data specifically for intervention?	Was it pilot tested or used an iterative process of development/implementation?	Was there any user training/ clinician education?	Are the authors also the developers and part of the user group for the CDS?	Was there use of auditand-feedback (or other internal incentive)?	Are there any other implementation components not already discussed?	
Curry, 2011 <sup>26</sup>	Rural Manitoba family medicine clinic	Yes	Yes	Yes	С	Yes	Yes	Not stated	Yes	No	Yes	Implemented at site indicating leadership interest in adoption	
Day, 1995 <sup>27</sup>	UCLA-affiliated academic medical center	No	Yes	Yes	В	No	Yes	No	Yes	Yes	No	No	
Drescher, 2011 <sup>28</sup>	VA	Yes	Yes	Yes	В	No	Yes	Not stated	Yes	Not stated	Not stated	Adherence by physicians in use of the CDS was documented and varied widely	
Durand, 2013 <sup>29</sup>	Johns Hopkins- affiliated academic medical center	Yes	No	No	A1	Yes	No	No	No	Yes	No	No	
Flamm, 2013 <sup>30</sup>	Salzburg, Austria hospital	No	Yes	Yes	В	No	Yes	No	No	No	No	No	
Gupta, 2014 <sup>31</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	В	No	Yes	No	No	Unclear	No	No	





			IT Desi	gn			Entry urce	Implementation Characteristics				
Study Author, Year	Setting	Is it integrated with CPOE?	Does it give real time feedback at point of care?	Does the CDS suggest a recommended course of action?	Intervention Classification*	Is it automated through EHR?**	Does clinical staff enter data specifically for intervention?	Was it pilot tested or used an iterative process of development/implementation?	Was there any user training/ clinician education?	Are the authors also the developers and part of the user group for the CDS?	Was there use of audit- and-feedback (or other internal incentive)?	Are there any other implementation components not already discussed?
Harpole,1997	Harvard- affiliated academic medical center	Yes	Yes	Yes	В	No	Yes	Yes Phase 1 led to Phase 2	No	Probabl y	No	No
Ip, 2014 <sup>33</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	D	Yes	No	Not stated	Not stated	Not stated	Yes	Mandatory peer-to- peer telephone consult needed to override an alert
Ip, 2013 <sup>22</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	D	Yes	No	No	No	Yes	Yes	Academic detailing for high utilization outlier physicians. A risk contract with the payor was an external stimulus.
Raja, 2012 <sup>23</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	В	No	Yes	No	Yes	Yes	No	No
Raja, 2014 <sup>38</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	В	No	Yes	No	No	Yes	No	Authors assessed fidelity of the entered information to the medical record, 83% concordance was found.





			IT Desi	gn			Entry urce	Implementation Characteristics				eristics
Study Author, Year	Setting	Is it integrated with CPOE?	Does it give real time feedback at point of care?	Does the CDS suggest a recommended course of action?	Intervention Classification*	Is it automated through EHR?**	Does clinical staff enter data specifically for intervention?	Was it pilot tested or used an iterative process of development/implementation?	Was there any user training/ clinician education?	Are the authors also the developers and part of the user group for the CDS?	Was there use of auditand-feedback (or other internal incentive)?	Are there any other implementation components not already discussed?
Rosenthal, 2006 <sup>24</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	С	No	No	No	No	Yes	Yes	No
Sanders, 2001 <sup>34</sup>	Vanderbilt- affiliated academic medical center	Yes	Yes	Yes	С	No	Yes	No	No	Yes	No	No
Sistrom, 2009 <sup>25</sup> <sup>24</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	В	No	Yes	No	No	Yes	No	Phased implementation of web-based systems, but big-bang for decision support.
Solberg, 2010 <sup>35</sup>	large multispecialty group in Minneapolis St. Paul	Yes	Yes	No	A2	Yes	No	No	No	Not clear	No	No financial incentives
Soo Hoo, 2011 <sup>32</sup>	VA	Yes	Yes	Yes	D	No	Yes	No	No	Yes	No	No
Tierney, 1990 <sup>36</sup>	Regenstrief Health Center	Yes	Yes	Yes	A1	Yes*	No	No	No	Yes	No	No





		IT Design					Entry urce	Implementation Characteristics				
Study Author, Year	Setting	Is it integrated with CPOE?	Does it give real time feedback at point of care?	Does the CDS suggest a recommended course of action?	Intervention Classification*	Is it automated through EHR?**	Does clinical staff enter data specifically for intervention?	Was it pilot tested or used an iterative process of development/implementation?	Was there any user training/ clinician education?	Are the authors also the developers and part of the user group for the CDS?	Was there use of auditand-feedback (or other internal incentive)?	Are there any other implementation components not already discussed?
Tierney, 1988 <sup>17</sup>	Regenstrief Health Center	Yes	Yes	No	A3	Yes*	No	No	No	Yes	No	No
Vartanians, 2010 <sup>37</sup>	Harvard- affiliated academic medical center	Yes	Yes	Yes	D	No	No	No	No	Yes	No	No

<sup>\*</sup>Intervention Classification: "A" interventions provided information only; "B" interventions presented information on appropriateness or guidelines specifically tailored to the individual patient, often as a pop-up or alert. Some of these interventions also recommended alternative interventions, but did not include any barrier for the clinician to order the test; "C" interventions in general were similar to "B" interventions, but required the ordering clinician to justify with free text why they were overriding the decision support recommendation that a study was inappropriate (*ie*, a "soft stop"). "D" interventions included a "hard stop," meaning the intervention prevented the clinician from ordering a test contrary to the CDS determination of inappropriateness, until additional discussion with or permission obtained from another clinician or radiologist.

<sup>\*\*</sup> Eg, only uses data already being entered for clinical care

<sup>\*\*\*</sup> Integrated into an EHR precursor

### **APPENDIX B. Search Strategies**

Search #1

DATABASE SEARCHED & TIME PERIOD COVERED: PubMed – 1/1/2011-9/10/2014

LANGUAGE: English

#### **SEARCH STRATEGY:**

Medical Informatics Applications[MESH:NoExp] OR Decision Making, Computer-Assisted[Mesh:NoExp] OR Decision Support Techniques[Mesh:NoExp] OR Information Systems[Mesh:NoExp] OR Decision Support Systems, Clinical[Mesh] OR hospital Information Systems[Mesh:NoExp] OR Medical Order Entry Systems OR automatic data processing[majr] OR medical informatics[majr] OR public health informatics[majr] OR electronics, medical[majr] OR (computers[mh] OR computers, handheld OR microcomputers OR medical records systems, computerized OR computer systems OR software[mh] OR computer-based[tiab] OR computerize\*[tiab] OR cpoe OR cdss OR paper chart\* OR electronic chart\* OR health information technolog\* OR electronic medical record\* OR emr OR computerized physician order entry OR computerized order entry OR computerize order entry OR electronic health record\* OR ehr OR information technology OR e-health OR health information OR hospital information OR health informatic\* OR medical informatic\* OR Medical Order Entry System\* OR information infrastructure\* OR ehealth

#### **AND**

radiology department OR magnetic resonance imaging OR tomography, x-ray computed OR imaging[tiab] OR radiolog\*[tiab] OR neuroradiolog\*[tiab] OR tomograph\*[tiab] OR x-ray[tiab]

**AND** 

appropriat\* OR inappropriat\* OR unnecessary OR behavior

**AND** 

test OR tests OR testing

**AND** 

utilization OR utilize OR utilizing OR order\* OR request\*

NUMBER OF RESULTS: 630

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#### Search #2

**DATABASE SEARCHED & TIME PERIOD COVERED:** Web of Science – 1/1/2011-9/10/2014

LANGUAGE: English

#### **SEARCH STRATEGY:**

#### FORWARD SEARCHES ON THE FOLLOWING ARTICLES:

1997. D. W. Bates, G. J. Kuperman, A. Jha, J. M. Teich, E. J. Orav, N. Ma'luf, A. Onderdonk, R. Pugatch, D. Wybenga, J. Winkelman, T. A. Brennan, A. L. Komaroff and M. J. Tanasijevic. "Does the computerized display of charges affect inpatient ancillary test utilization?" <u>Arch Intern Med</u> 157(21): 2501-8.

2001. D. L. Sanders and R. A. Miller. "The effects on clinician ordering patterns of a computerized decision support system for neuroradiology imaging studies." <u>Proc AMIA Symp</u>: 583-7.

2002. M. Carton, B. Auvert, H. Guerini, J.-C. Boulard, J.-F. Heautot, M.-F. Landre, A. Beauchet, M. Sznajderi, D. Brun-Ney and S. Chagnon. "Assessment of radiological referral practice and effect of computer-based guidelines on radiological requests in two emergency departments." Clinical radiology 57(2): 123-128.

2010. V. M. Vartanians, C. L. Sistrom, J. B. Weilburg, D. I. Rosenthal and J. H. Thrall. "Increasing the Appropriateness of Outpatient Imaging: Effects of a Barrier to Ordering Low-Yield Examinations 1." <u>Radiology</u> 255(3): 842-849.

NUMBER OF RESULTS AFTER REMOVING DUPLICATES: 114

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#### Search #3

**DATABASE SEARCHED & TIME PERIOD COVERED:** PubMed – 1/1/2011 - 9/10/2014

**LANGUAGE:** English

#### **SEARCH STRATEGY:**

#### RELATED ARTICLE SEARCHES ON THE FOLLOWING ARTICLES:

1997. D. W. Bates, G. J. Kuperman, A. Jha, J. M. Teich, E. J. Orav, N. Ma'luf, A. Onderdonk, R. Pugatch, D. Wybenga, J. Winkelman, T. A. Brennan, A. L. Komaroff and M. J. Tanasijevic. "Does the computerized display of charges affect inpatient ancillary test utilization?" <u>Arch Intern Med</u> 157(21): 2501-8.





2001. D. L. Sanders and R. A. Miller. "The effects on clinician ordering patterns of a computerized decision support system for neuroradiology imaging studies." <u>Proc AMIA Symp</u>: 583-7.

2002. M. Carton, B. Auvert, H. Guerini, J.-C. Boulard, J.-F. Heautot, M.-F. Landre, A. Beauchet, M. Sznajderi, D. Brun-Ney and S. Chagnon. "Assessment of radiological referral practice and effect of computer-based guidelines on radiological requests in two emergency departments." Clinical radiology 57(2): 123-128.

2010. V. M. Vartanians, C. L. Sistrom, J. B. Weilburg, D. I. Rosenthal and J. H. Thrall. "Increasing the Appropriateness of Outpatient Imaging: Effects of a Barrier to Ordering Low-Yield Examinations 1." <u>Radiology</u> 255(3): 842-849.

**RESULTS AFTER REMOVING DUPLICATES: 49** 





# **APPENDIX C.** Description of Outcomes Used as Measures of Appropriate or Inappropriate Use

Study	Method of Reporting Outcome	
Day	Was decision appropriate (according to guidelines)?	
Chin	% of UGI orders that conformed to a guideline	
Carton	% of radiologic examinations not in agreement with guidelines	
Rosenthal	Change in rate of radiology orders judged as "low utility" according to appropriateness criteria	
Vartanians	% of examinations ordered judged to be of low-yield	
Presauer	% of radiology ordering decisions not adherent with the CPSS	
Ноо	Yield of positive CT angiography examinations	
Raja, 2012	Yield of positive CT angiography examination	
Raja, 2014	Appropriateness of CT angiography ordering Yield of positive CT angiography examination	
Flamm	Numbers of radiology tests indicated or not indicated	
Solberg	Proportion of radiology studies meeting "high utility" according to appropriateness criteria	
Ip	Guideline adherence rate	





#### **APPENDIX D. Data Abstraction**

Study Design

Dates of Study

Modality (Radiology)

**Intervention Description** 

Comparison

Sample Size

**Target** 

**Findings** 

Setting

IT Design

Is it integrated with CPOE?

Does it give real time feedback at point of care?

Does the CDS suggest a recommended course of action?

**Intervention Classification:** 

"A" interventions provided information only;

"B" interventions presented information on appropriateness or guidelines specifically tailored to the individual patient, often as a pop-up or alert. Some of these interventions also recommended alternative interventions, but did not include any barrier for the clinician to order the test;

"C" interventions in general were similar to "B" interventions, but required the ordering clinician to justify with free text why they were overriding the decision support recommendation that a study was inappropriate (*ie*, a "soft stop");

"D" interventions included a "hard stop," meaning the intervention prevented the clinician from ordering a test contrary to the CDS determination of inappropriateness, until additional discussion with or permission obtained from another clinician or radiologist.

#### **Data Entry Source**

Is it automated through EHR (eg, only uses data already being entered for clinical care)?

Does clinical staff enter data specifically for intervention?

#### Implementation Characteristics

Was it pilot tested or used an iterative process of development/implementation?

Was there any user training/clinician education?

Are the authors also the developers and part of the user group for the CDS?

Was there use of audit-and-feedback (or other internal incentive)?

Are there any other implementation components not already discussed?





## **APPENDIX E. Peer Review Comments/Author Responses**

Comment	Author Responses
This is a generally clear and complete report. The authors do a good job of distilling the key findings in a clear way. I have one methods question and a few comments that might make the report more useful for decision makers: 1) on page 9, under outcomes, please describe more completely the different ways that appropriateness and utilization were measured. It appears the most common way was to report appropriateness as a ratio of appropriate/total tests before and after the intervention (as opposed to a rate). However, it isn't clear that the denominator for those ratios was always the same only those tests that might have been impacted by the intervention or some that might not have been. I assume utilization was usually reported as a rate of test ordering per patient population, but the ability to detect a change obviously depends a lot on how specifically the population is defined all patients in a specific clinic (orthopedic clinic) or all patients with a specific indication for testing (patients with back pain). Given these differences is the assumption of homogenous effect size valid	We have added a new appendix table that indicates exactly the appropriateness outcome used. In all the appropriateness cases, the denominator was the number of radiologic examinations for which the guidelines (or appropriateness criteria, <i>etc</i> ) were judged to apply. So we judge it as the same or at least sufficiently similar, constrict in each article to currant pooling (Note: we are not assuming homogenous effect sizes. We are using a random effects analysis, we identified heterogeneity, and attempted to explain some of it.
It would be helpful to translate the effect sizes observed into some more clinically meaningful differences, such as in relative reduction in inappropriate testing, or even # tests averted, based on some reasonable assumptions about the baseline utilization and baseline proportion of inappropriate testing. the terms small or moderate effect otherwise have little meaning to clinicians. Given the larger effects of "hard stop" interventions it would be good to contrast the effects of best interventions (hard stop, audit and feedback, in integrated systems) vs. average, translated into real world estimates.	We have added clinical examples to help readers understand the effect size.
In harms, it would be useful to report whether any studies examined perceived harms of "hard stop" interventions, including burden on clinicians, delays in appropriate testing, inconvenience for patients.	Reporting of hazards was minimal. This is an area needed for future research.
Given report is for VA, it might be good in text and summary included more specific mention of the one VA study.	We added a paragraph about one VA study.
The titles for the figures are potentially confusing rather than saying "Implementation Appropriateness" and "Implementation Utilization" I think you mean to say "Effects of Implementation Strategy on Appropriateness" etc	We have revised the titles for these figures.
This review does a good job of summarizing evidence for EHR-based interventions for reducing unnecessary imaging. I have only minor comments for improvement: 1) Clarify confusion between system (used in key question 2) and settings (used in the rest of the review)	We have clarified that "system" in KQ 2 meant the EHR intervention, not the setting.
2) Explore context issues a bit more in discussion. The findings related to integrated systems perhaps gets to this issue? This is a topic area that this group is very well versed with and it would be good to expand discussion even if it's a limitation that context was not well addressed in detail.	Unfortunately, we've reported as much contextual information as is contained in these articles.





3) Can the review elaborate what was the precise type of advice that the intervention offered; for eg. Do this alternative versus do not do this. I like the 4 types mentioned but some granularity would be good.	We have added more text on this.
4) It would be good to clarify what they mean as audit and feedback upfront. This would be read by a broad audience and it wasn't always clear what was being audited or wo was getting feedback in the authors use of the term	We added specificity about the audit-and-feedback studies.
5) Some discussion of unintended consequences of hard stops is warranted to balance the findings. For eg. Strom et al published about potential harm in Archives. (Unintended Effects of a Computerized Physician Order Entry Nearly Hard-Stop Alert to Prevent a Drug Interaction)	We added the reference to the study by Strom.
6) Can the authors expand on some more specific takeaways for VA operations who want to explore what exactly they should do to respond to the current pressures of reducing costs related to excessive imaging and using technology to do so. For example, could there be other options or other types of CDS that was not found in previous literature?	We judge it beyond our scope for the Evidence Review to make these kinds of recommendations. It would be a great topic for the VA partner to produce.
7) It appears that only the existing database was searched but was anything cross-checked to see if key articles were not left out? For eg. The editorials could have referenced some articles but I am not sure if these were looked at.	We reference-mined all included studies and didn't find any additional eligible studies. We don't think going back and redoing the decreases in Chaudhry, Goldzweig, Buntin and Jones is likely to be worth the effort.
8) For residents ordering MRI in at least some of the VAs, the template generally displays "Discussed with Attending X". Has this been studied and what type of intervention will this be?	We did not find such a study in our search. If the ePOE would prohibit an order without this consultation, then we would classify it as a hard stop.
It appears that only the existing database was searched but was anything cross- checked to see if key articles were not left out? For eg. The editorials could have referenced some articles but I am not sure if these were looked at.	We also reference-mind included studies. We don't believe going back and re-doing the searches of Chaudhry, Goldzweig, Buntin and Jones is likely to be worth the effort.



