

Setting Goals

HSR&D CDAei Toolkit

Research

Goal:

Obstacles (if any):

Strategy/Action Needed:

Self Development

Goal:

Obstacles (if any):

Strategy/Action Needed:

Networking

Goal:

Obstacles (if any):

Strategy/Action Needed:

Work/Life Balance

Goal:

Obstacles (if any):

Strategy/Action Needed:

IF APPLICABLE:

Teaching

Goal:

Obstacles (if any):

Strategy/Action Needed:

Clinical Care

Goal:

Obstacles (if any):

Strategy/Action Needed:

Service

Goal:

Obstacles (if any):

Strategy/Action Needed:

Obtaining Additional Mentors or Becoming a Mentor

Goal:

Obstacles (if any):

Strategy/Action Needed: