



# Brain Imaging of Veterans and Service Members with Chronic Mild TBI

Harvey Levin, PhD

Supported by CDMRP Grants W81XWH-08-2-0125 and 0133, Dept of Veterans Affairs Merit Review and Center of Excellence for Traumatic Brain Injury, and NINDS P01 NS056202

## Acknowledgement: Imaging Core, Neurons to Networks Center of Excellence

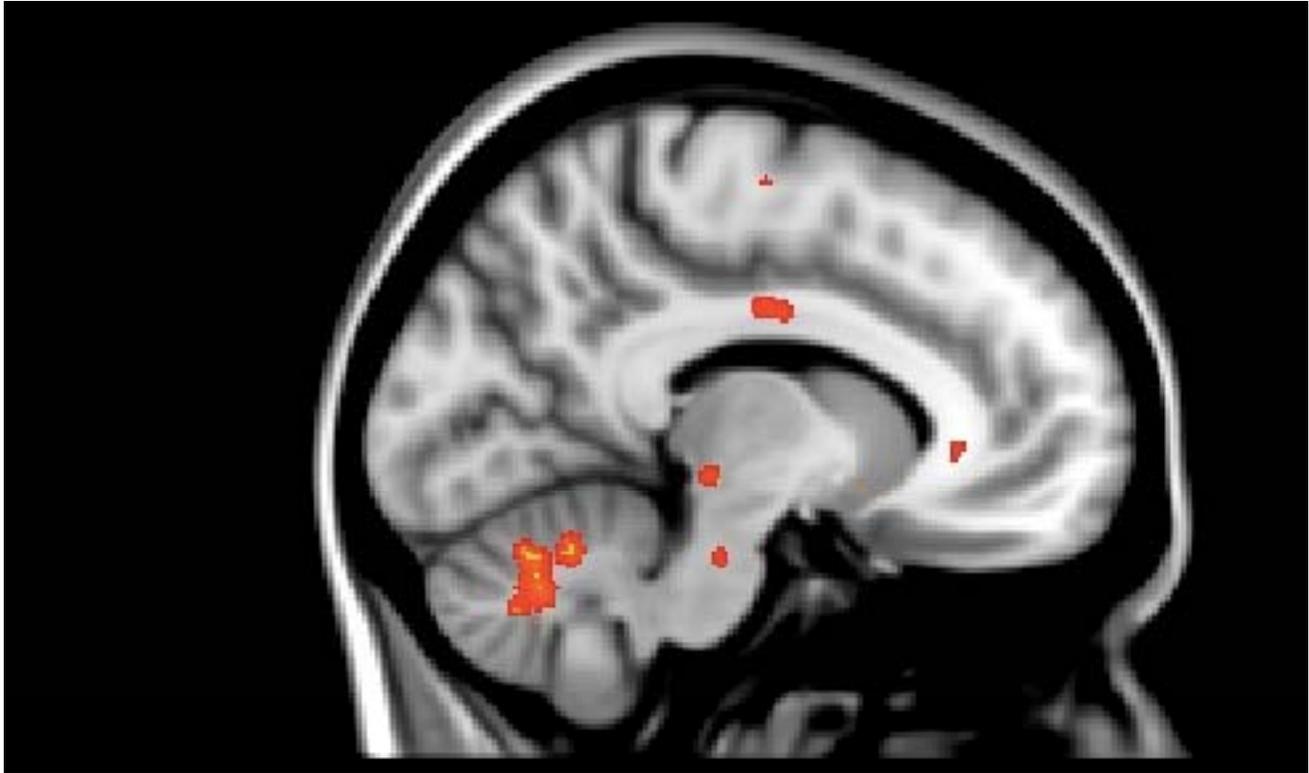
- Rajan Agarwal, MD-neuroradiologist
- Shalini Mukhi, MD-neuroradiologist
- Mary Newsome, PhD-fMRI, resting state
- Randall Scheibel, PhD-task-related fMRI
- Brian Taylor, PhD-MR physicist
- Elisabeth Wilde, PhD-structural MRI, DTI
- Xiaodi Li, BA-Image data analyst
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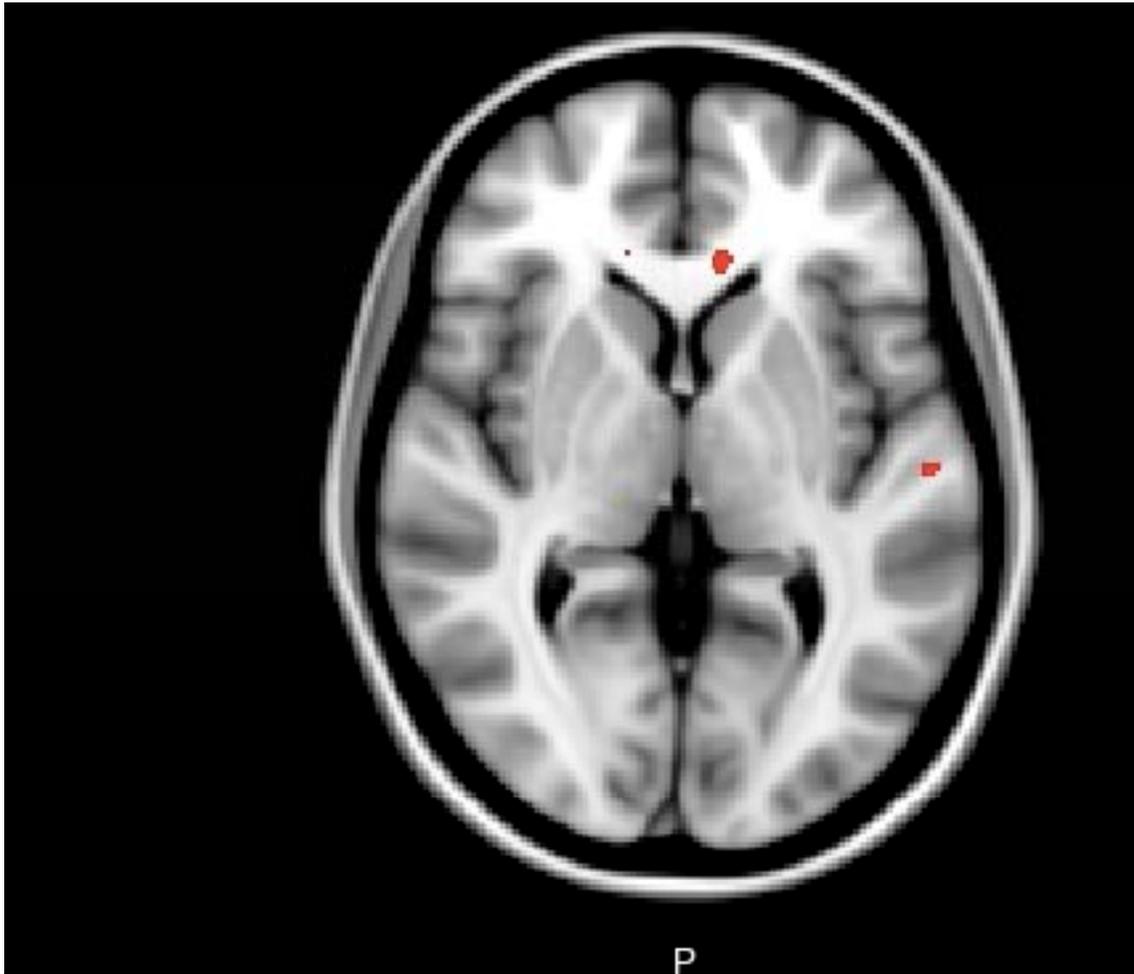
# Challenges in Diagnosing Chronic mTBI in OEF/OIF/OND Veterans

- Diagnosis often relies on self-report without acute medical records; co-morbid PTSD/depression partially overlap in sx with mTBI. Substance abuse could affect MRI findings.
- Lack of reference data to identify subtle cortical atrophy and reduced brain region volumes on MRI; DTI metrics have similar issue.
- DTI metrics are potentially robust imaging biomarkers for mTBI, but center differences in equipment, software, QA, and method of analysis

# DTI Data from Ongoing Merit Review Project of Chronic mTBI in Veterans

- Used tract based spatial statistics (TBSS) to compare mTBI (n=19) with post-deployed group without TBI (n=13) who were not exposed to blast.
- Fractional anisotropy (FA), a metric which reflects preferential diffusion of water parallel to tract, shows areas of reduced integrity of microstructure including corpus callosum, brain stem, and cerebellum.

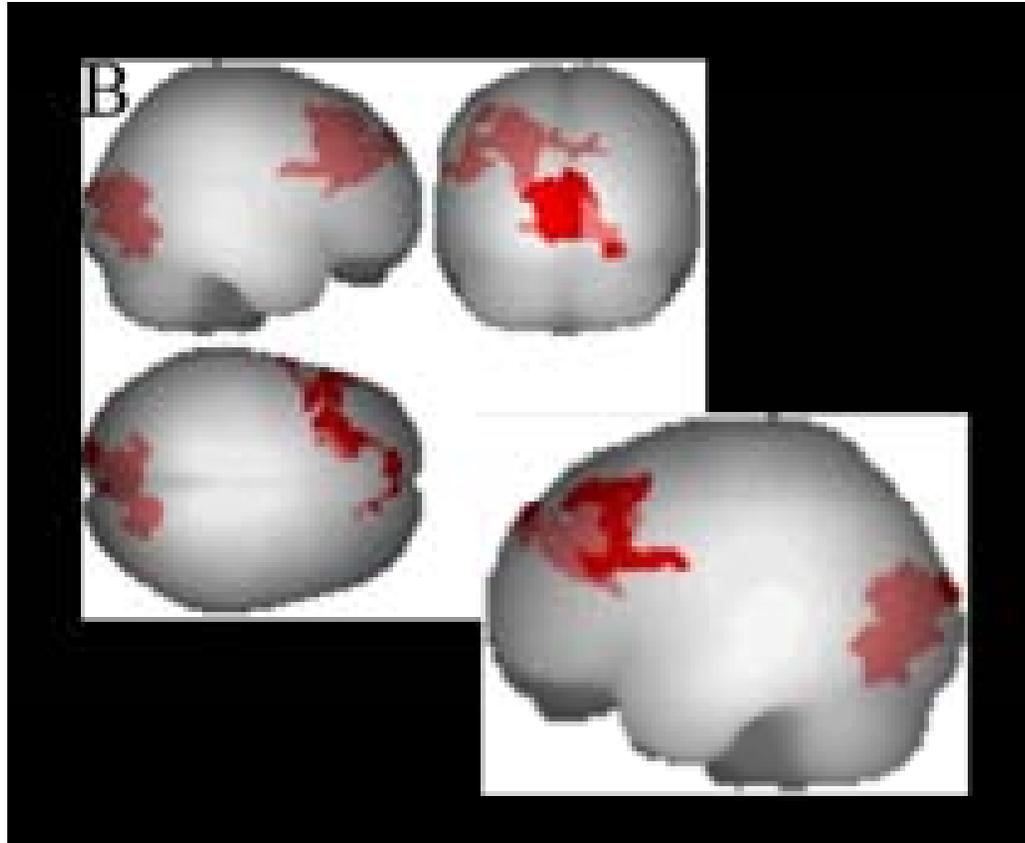




# Preliminary fcMRI Findings

- Four male Veterans who sustained mTBI due to blast.
- Four male Veterans who were not exposed to blast and had no history of TBI served as control subjects.
- These small groups did not differ in age or education.
- In the scanner, subjects were instructed to close their eyes but not fall asleep.

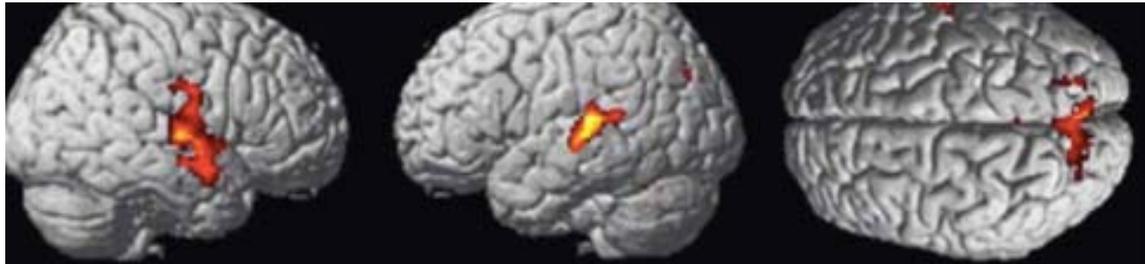
# Default Mode Network (DMN) mTBI>Controls



Note the atypical lateral region outside of the DMN reported in civilians with subacute mTBI (Mayer et al., 2011).

Altered brain activation in military personnel after  $\geq 1$  TBI from blast. Scheibel et al (JINS 2012, 18:89-100)

- Compared OEF/OIF groups with TBI (n=15) vs no TBI on stimulus-response compatibility task.
- TBI was co-morbid with high PTSD symptoms
- Pressed button on side pointed to by blue arrows, but opposite of red arrow direction
- TBI group had more activation in mesial prefrontal cortex, anterior cingulate gyrus and posterior regions after statistically controlling for group differences in PTSD, depression and RT .
- PTSD dampened frontal-temporal activation



+

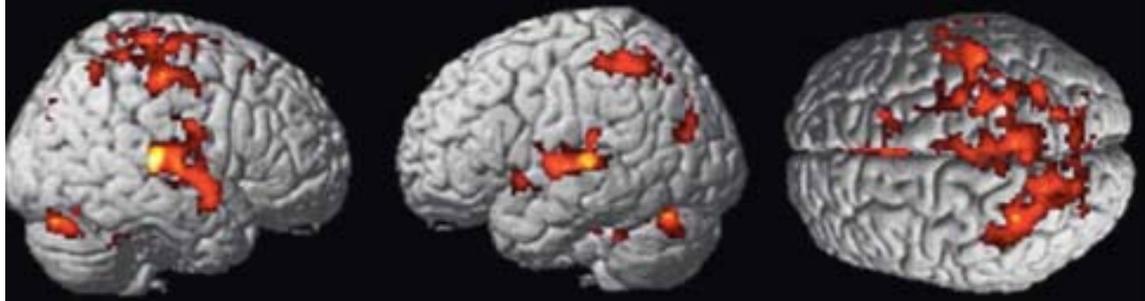
) T-Test TBI > Controls



) ANCOVA TBI > Controls

Covariates: PCL-C, BSI Depression Scale, Red Arrows RT, Blue Arrows RT

Posterior

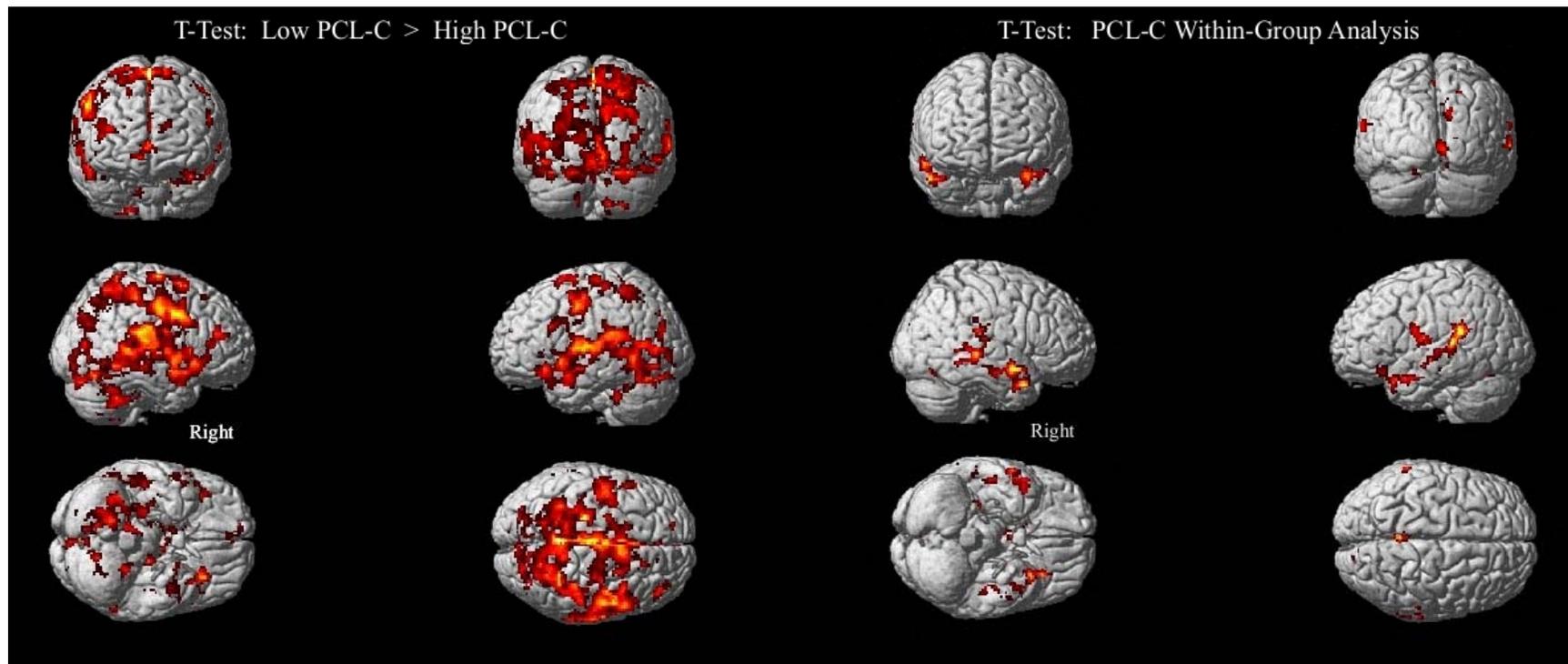


Right Lateral

Left Lateral

Top

Figure 2 Modulation of cognitive control activation by PTSD symptom severity. Images on the left depict areas where veterans with lower scores on the PCL-C had greater Arrows task activation, relative to veterans with higher PCL-C scores. Figures on the right indicate brain areas where veterans with lower PCL-C scores had significant activation during the Arrows task. (Scheibel et al., 2011)

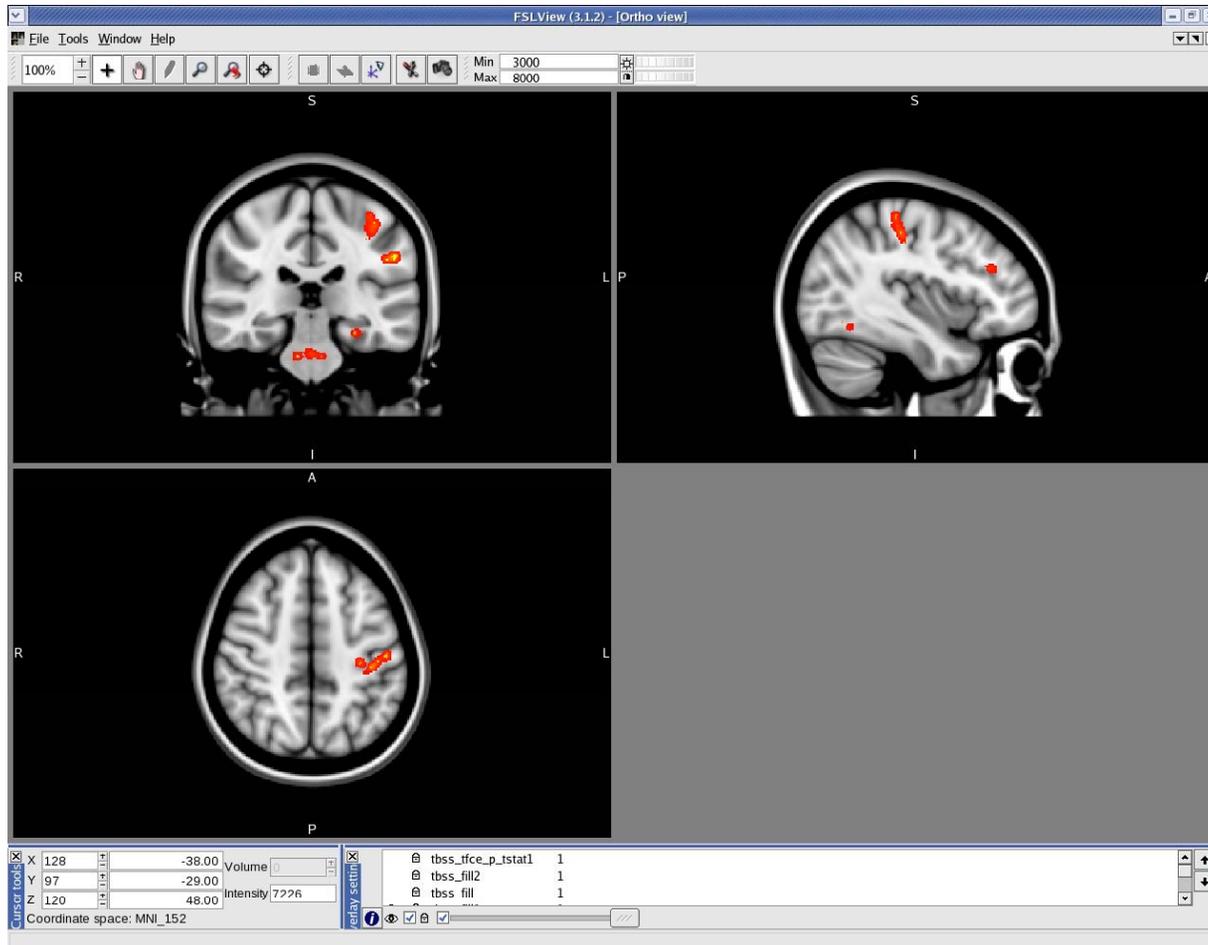


# Summary

- DTI, resting state fMRI and task-related fMRI are sensitive to chronic effects of predominantly mild TBI primarily due to blast
- Co-morbid PTSD clearly affects task-related fMRI, but effects on resting state and task fMRI are under investigation.
- DTI effects may be more specific to axonal injury than PTSD
- Cautious interpretation of findings because studies are still in progress







# Making the invisible injury visible: MEG low-frequency source imaging for mild and moderate Traumatic Brain Injury (TBI)

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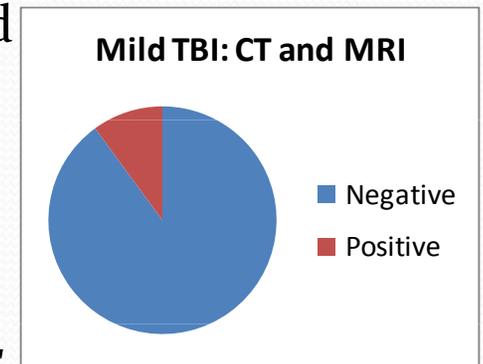
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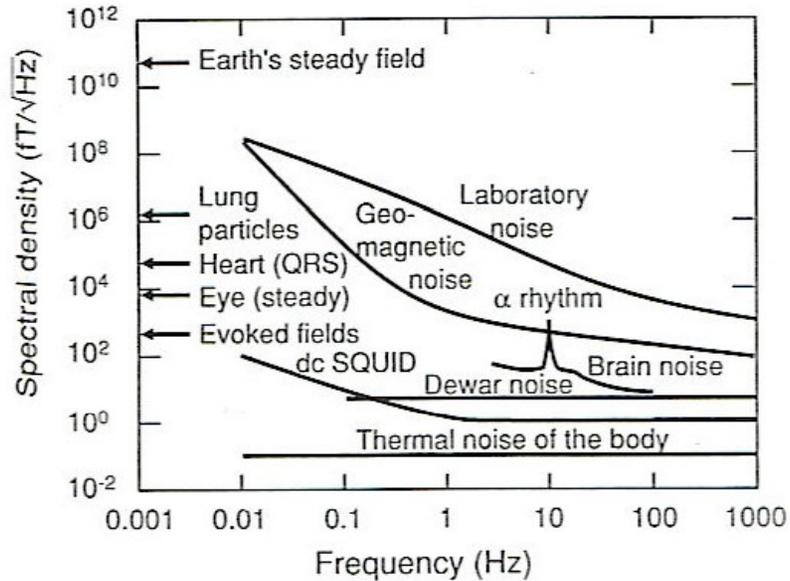
## Mild TBI is often referred as *invisible* injuries: Detecting Mild TBI is Challenging using Conventional Neuroimaging Methods

- Traumatic brain injury (TBI) is a leading cause of sustained impairment in veterans, military personnel, and civilian populations.
- Mild TBI (mTBI): injuries are difficult to detect (injuries visible on only 10% of conventional MRIs or CTs).
- **Axonal injury** is a leading factor in mTBI. Conventional CT and MRI are mainly sensitive to blood product, and less sensitive to axonal damage itself, hence they underestimate the presence of axonal injury, especially in mild TBI cases.
- Injured brain tissues in mTBI patients generate pathological slow-wave magnetic signal that can be measured and localized by MEG (Lewine et al., 1999, 2007).
- Integrate gray-matter MEG slow-wave with white-matter diffusion tensor imaging (DTI) findings in mTBI (Huang et al., 2009)

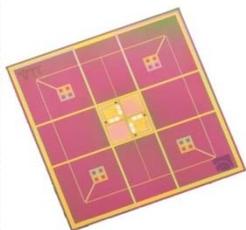


# Non-invasive MEG Technique with 1 ms Temporal Resolution and several mm Spatial Resolution in Cortex

MEG signal is weak



MEG SQUID Sensor Array



IMEDCO Multiple Layer Magnetic Shielded Room Installed at UCSD



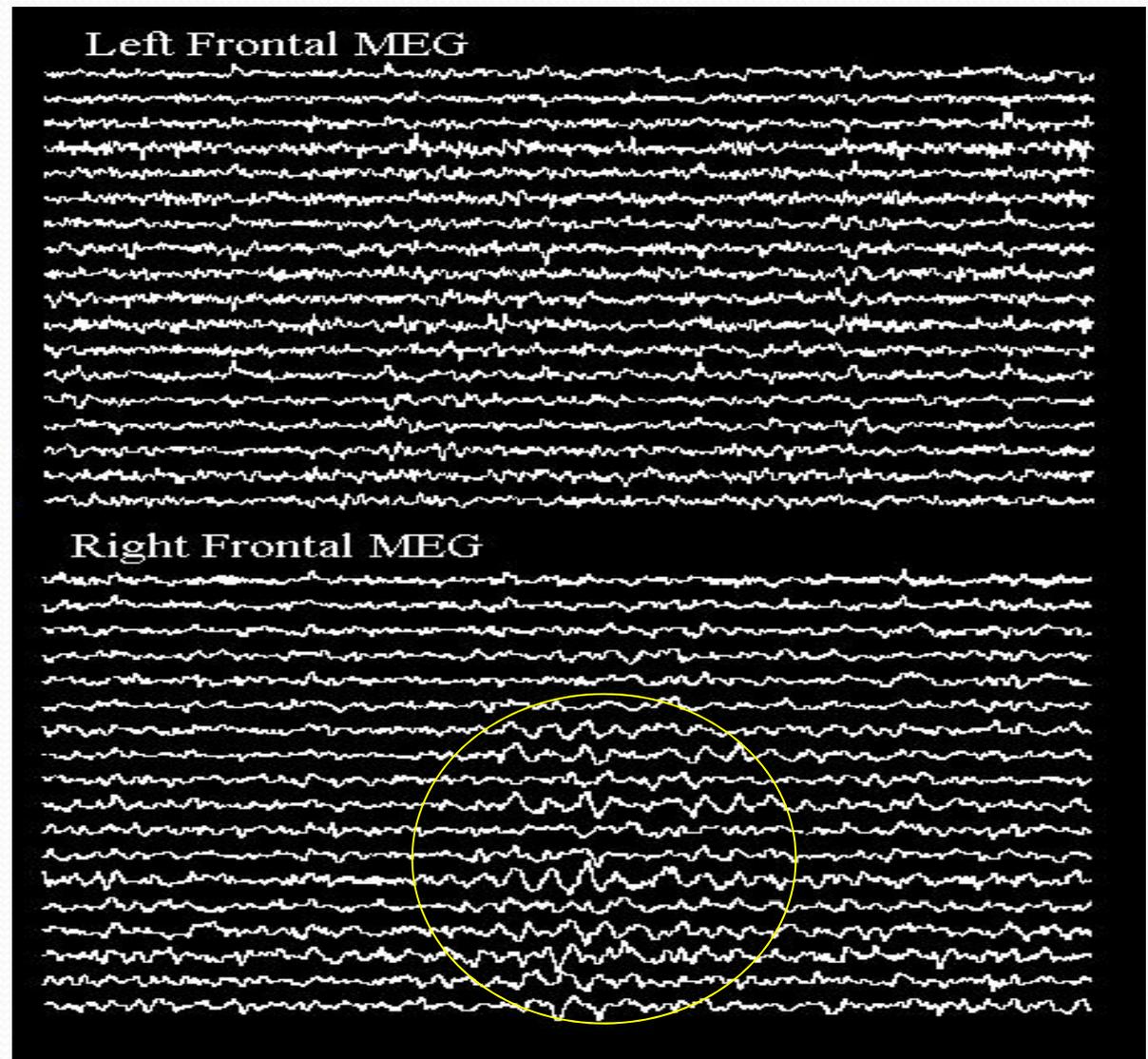
Shielding factors:  
 0.01Hz: 65dB  
 0.1 Hz: 73dB  
 1 Hz: 108dB  
 10Hz: 160dB

Elekta/Neuromag VectorView Whole Head MEG System with 306 Channels at the UCSD MEG Center



Abnormal **MEG Slow-waves** in gray-matter (1-4 Hz, delta-waves) are Characteristics of Neurological Injuries in the Brain, resulting from **axonal injury**

- Stroke
- Brain tumor
- Epilepsy
- Traumatic brain injury



## What is the neurophysiology for MEG slow-wave generation (1-4 Hz) in TBI?

- Animal studies in cats revealed the slow-wave (delta-band 1-4Hz) were due to **De-afferentation** in gray-matter, caused by axonal lesions in white matter (Gloor et al., Neurology, 1977; Ball et al., Electroencephalogr. Clin. Neurophysiol., 1977).
- Is it possible that abnormal MEG slow-waves in mTBI patients are also due to de-afferentation from axonal injury?
- Our MEG-DTI integration study examines slow-wave in gray-matter and axonal injury in white matter (Huang et al., Journal of Neurotrauma, 2009)

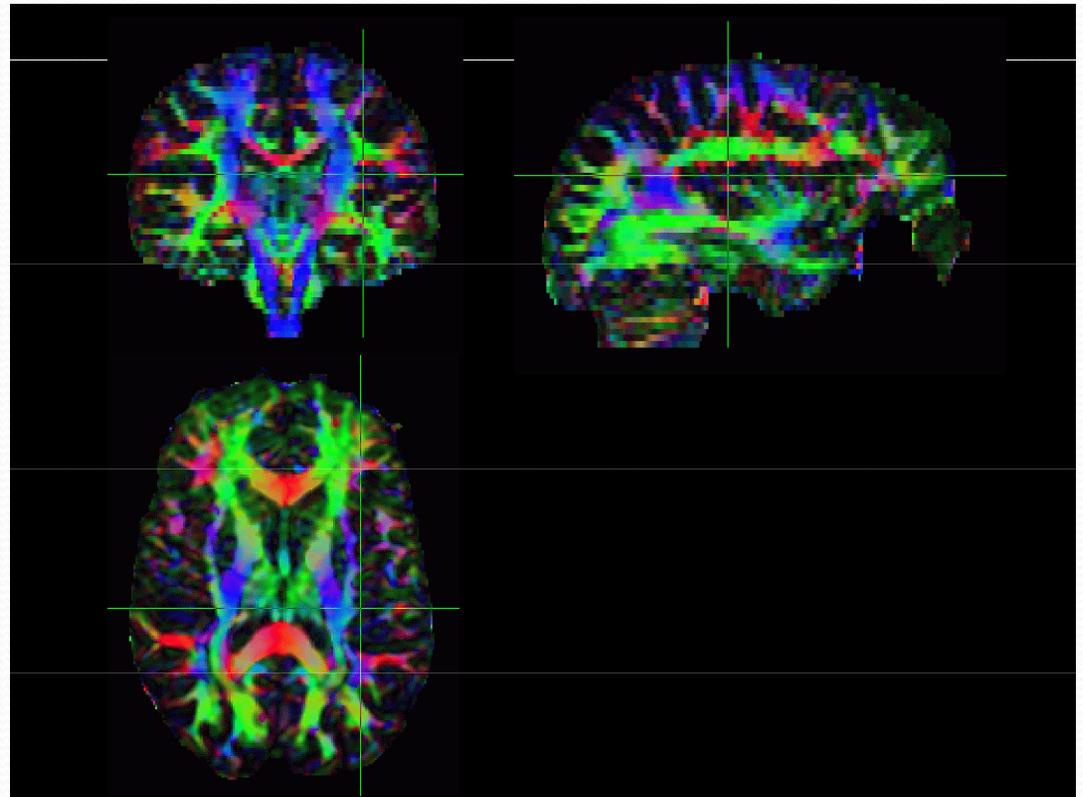
# Diffusion Tensor Imaging (DTI)

DTI is an MR imaging technique based on the Brownian motion of water through tissues

- It measures how easy that water molecules move along the direction of white matter fibers versus the directions perpendicular to the fibers.
- TBI causes tissue shearing in the white matter fibers that leads to reduction of DTI signal.

$$D = \begin{pmatrix} D_{xx} & D_{xy} & D_{xz} \\ D_{yx} & D_{yy} & D_{yz} \\ D_{zx} & D_{zy} & D_{zz} \end{pmatrix}$$

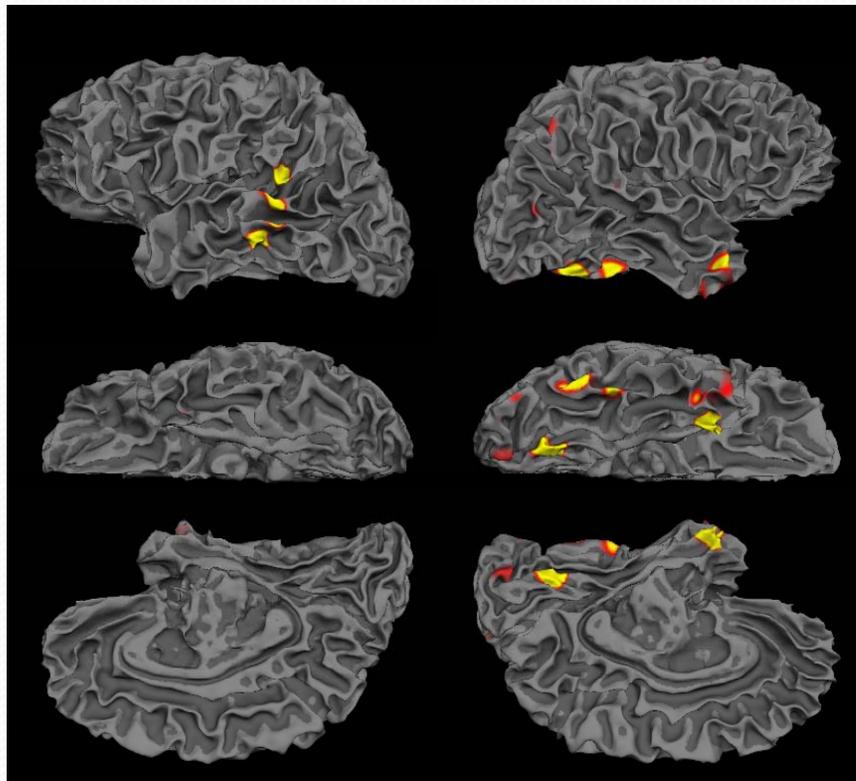
$$FA = \frac{\sqrt{3[(\lambda_1 - \bar{\lambda})^2 + (\lambda_2 - \bar{\lambda})^2 + (\lambda_3 - \bar{\lambda})^2]}}{\sqrt{2(\lambda_1^2 + \lambda_2^2 + \lambda_3^2)}}$$



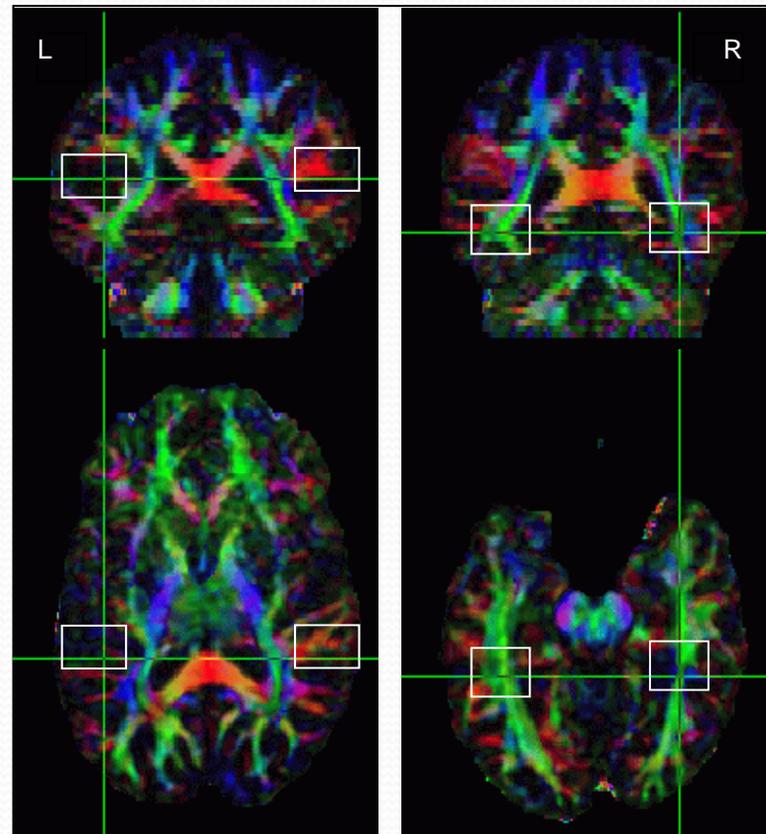
# MEG-DTI Findings in Mild TBI due to Sport-related Accidents

History: 17-year old football player, 3 mTBIs. Symptoms: progressive headaches, dizziness, extreme fatigue while performing any mental task, altered sleep, memory problems, changes in speech.

Evaluation: Multiple CT & MRI scans negative.



MEG results show abnormal slow-waves generated from two regions in a TBI patient: 1) left column -- left lateral superior-posterior temporal region, 2) right column --- right inferior-temporal areas. Color threshold  $p < 0.01$ .



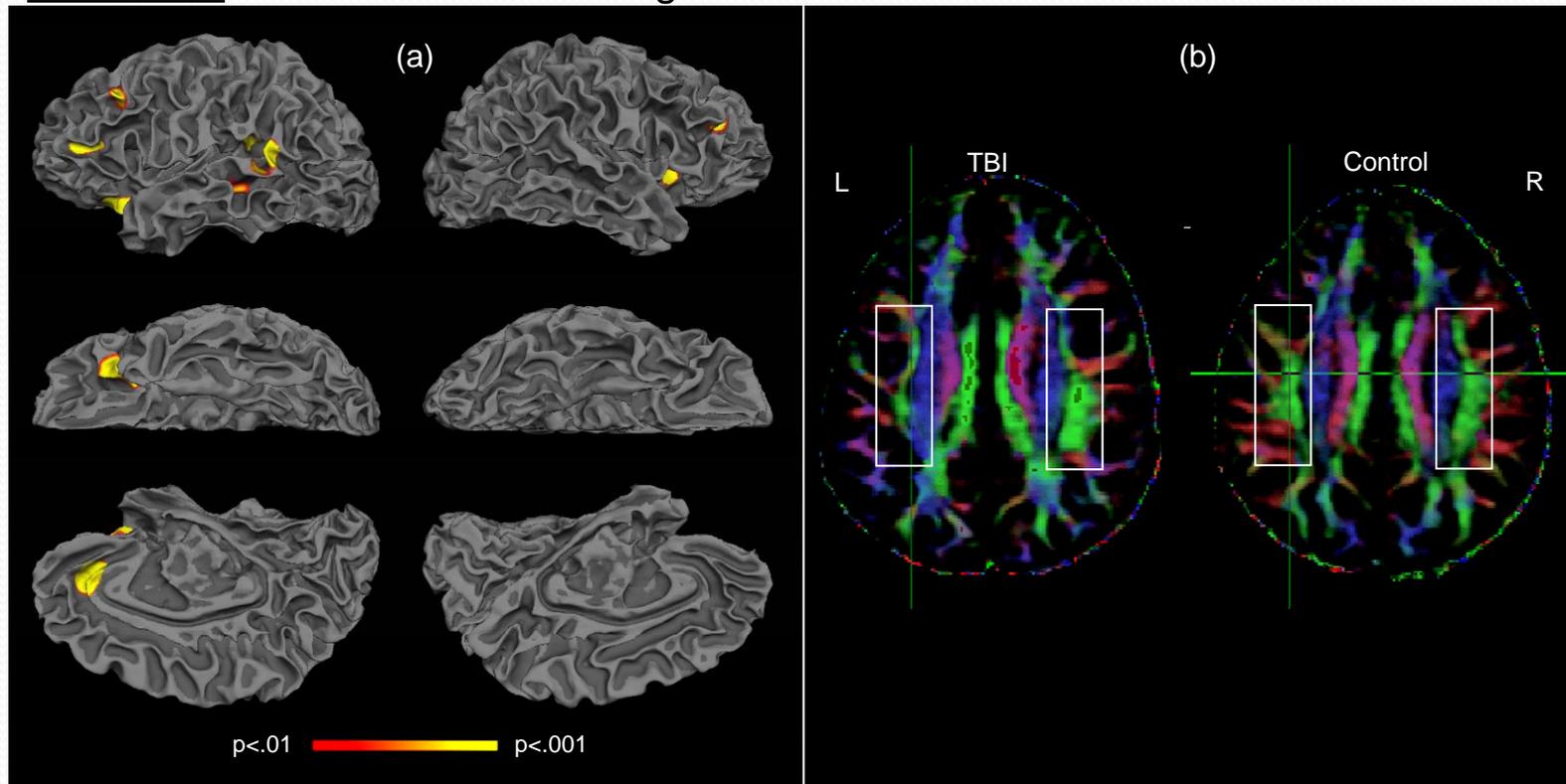
Left column: coronal and axial view show abnormal DTI in superior-posterior temporal lobe of the left hemisphere in a TBI patient. Right column: abnormal DTI in inferior-temporal lobe as part of the inferior longitudinal fasciculus of the right hemisphere.

## MEG-DTI Findings in Mild TBI Blast

History: 27 year old Veteran, IED mTBI with loss of consciousness.

Symptoms: fatigue, disordered sleep, dizziness, irritability, anxiety, psychosocial and personality disturbances, memory loss.

Evaluation: CT and MRI scans negative.



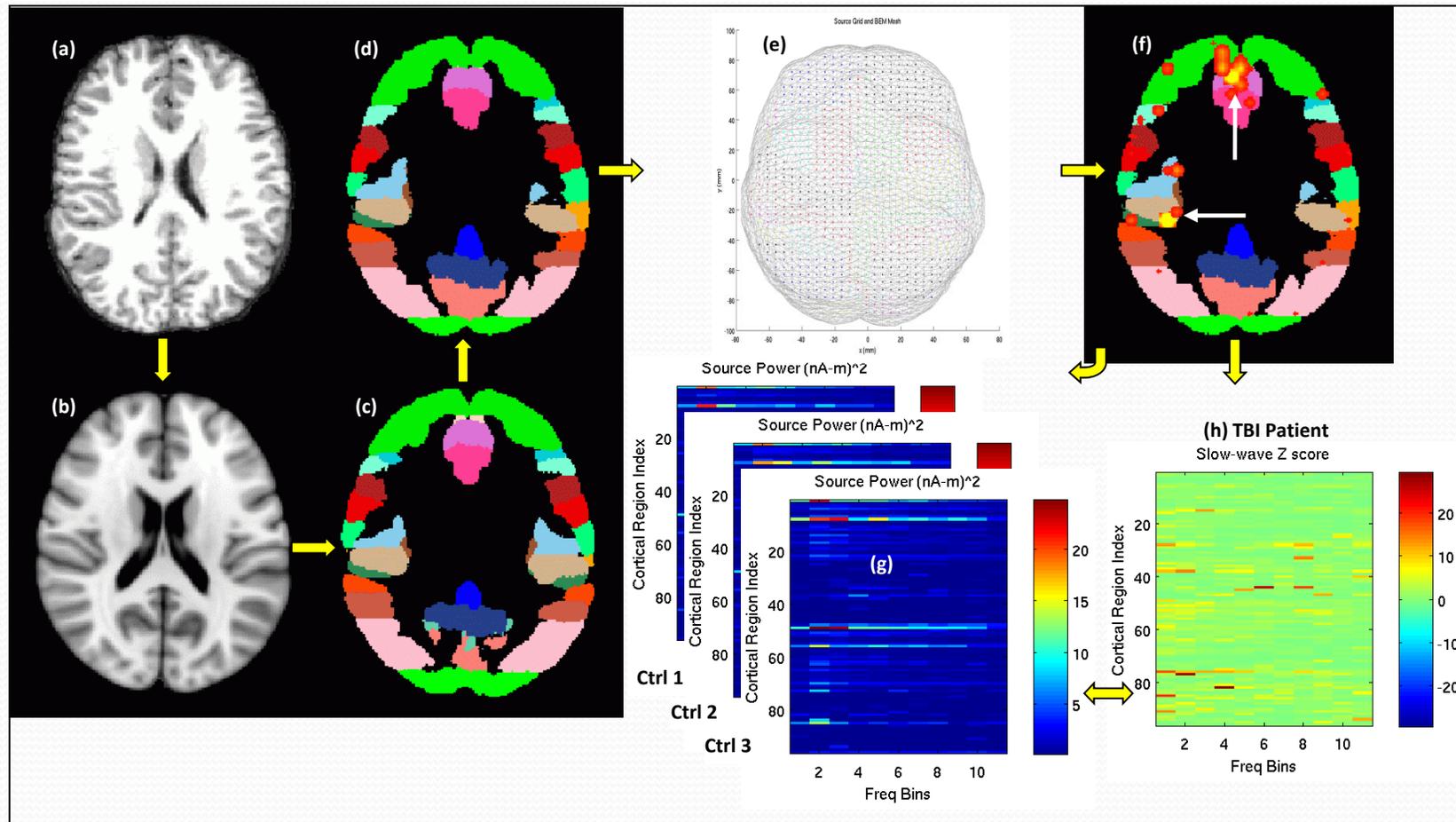
Multiple neuronal sources that generated MEG slow-waves in a mild TBI patient. Bilateral LPFC, left OFC, left ACC, and left temporal areas regions showed abnormal slow-wave activities. DTI reveals profound abnormality of left SLF in a TBI patient. The normal control showed much thicker anterior-posterior oriented diffusion in SLF (green color) than the TBI patient in the left hemisphere.

# Examining the Positive Detection Rate of Mild TBI using MEG

- Resting-state MEG data (spontaneous recording for slow-wave detection) were collected using the Elekta-Neuromag VectorView whole-head MEG system with 306 MEG channels at the UCSD MEG Center.
- Group 1 contains 23 mild TBI patients whose injuries were caused by blast, all with PCS;
- Group 2 contains the 22 mild TBI were injured with non-blast causes (i.e., motor vehicle accident, sports, and fall), all with PCS
- Group 3 contains 10 moderate TBI that were not blast-related, all with PCS.
- Group 4 contains 44 age-matched healthy control subjects.

# MEG Slow-wave Source Imaging

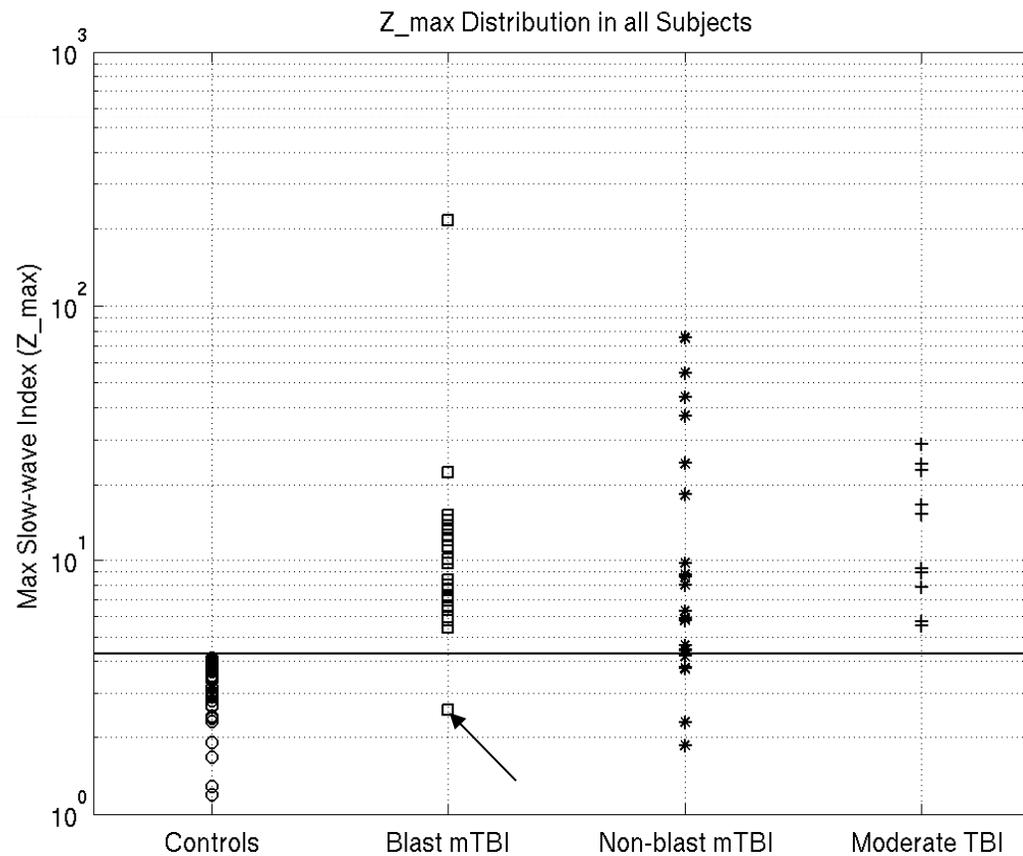
- Resting-state MEG data were analyzed using our new improved frequency-domain VESTAL method to obtain the source images for the low-frequency range (1-4Hz). Normative Database from healthy control subjects were used to detect abnormal slow-wave generation in TBI patients.



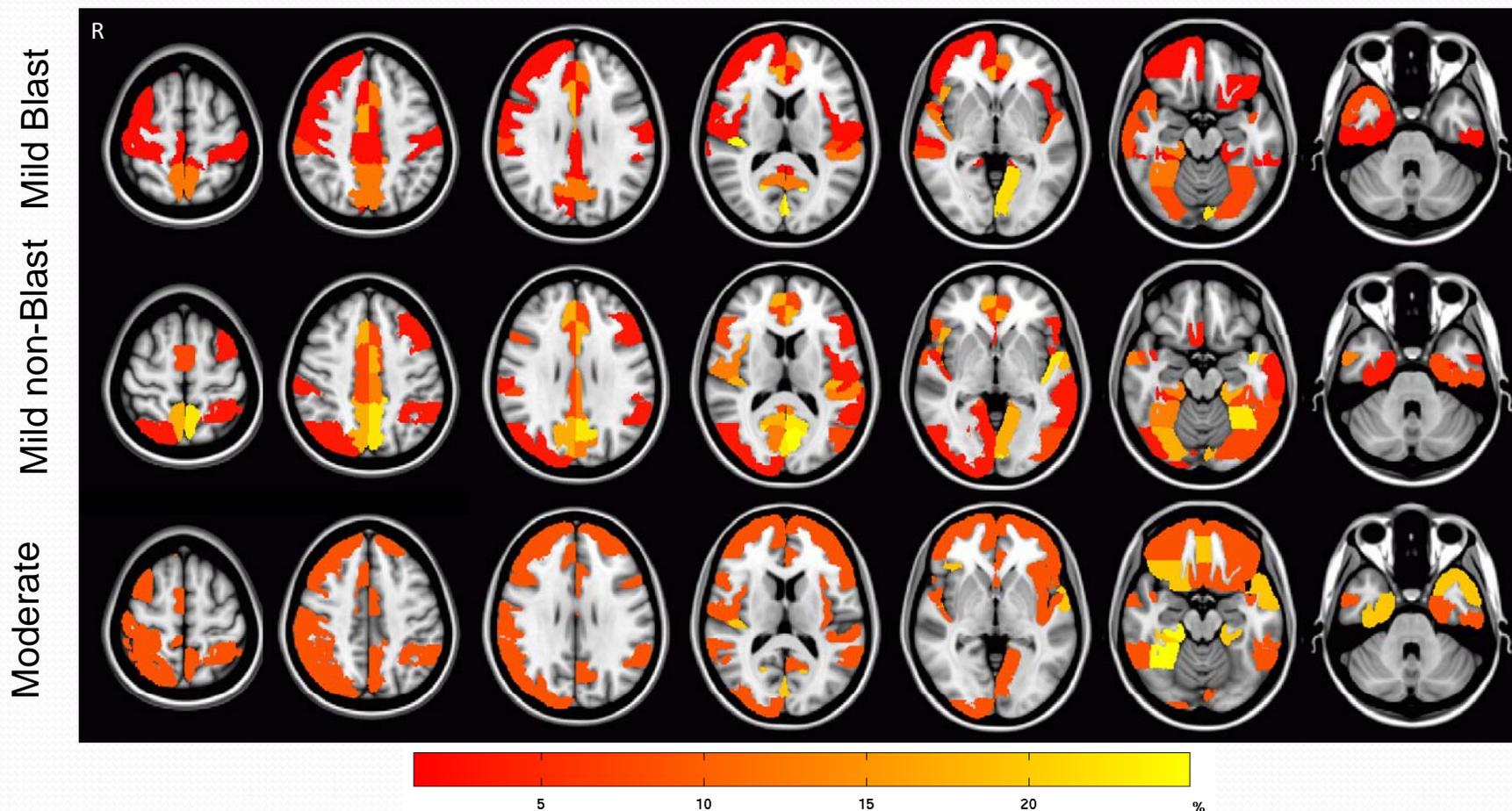
# MEG Slow-wave Positive Detection Rates for TBI

MEG positive-finding rates for different TBI groups were calculated at the threshold of 0% false-positive rate in healthy control subjects.

- In the mild TBI group caused by blast, the MEG positive-finding rates was **96%**.
- In the mild TBI group with non-blast causes, the MEG positive-finding rates was **77%**.
- In the moderate TBI group, the MEG positive-finding rate was **100%**.
- In the combined mild TBI group (blast+non-blast), the MEG positive-finding rates was **87%**.



# Percent-likelihood of MEG Slow-wave Generation across Brain regions

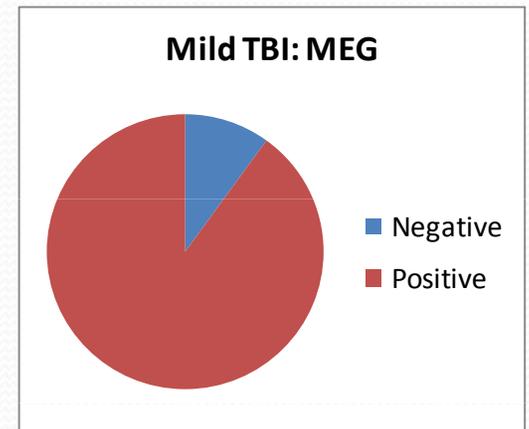


# MEG Slow-wave Exam Correlates with Post-concussive Symptoms

- $N_{\text{slow-wave\_sum}}$  is significantly correlated with  $N_{\text{PCS\_sum}}$  ( $r=+0.27$ ,  $p<0.05$ ) in 55 TBI patients
- Regarding Individual PCS,  $N_{\text{slow-wave\_sum}}$  significantly correlated with **Personality Changes (e.g., social problems)** ( $r=+0.32$ ,  $p<0.05$ ), **Apathy**, ( $r=+0.36$ ,  $p<0.01$ ), and **other visual difficulties** ( $r=+0.27$ ,  $p<0.05$ ).
- 1) headaches, 2) dizziness, 3) fatigue, 4) memory difficulty, 5) irritability, lack of patience, lose temper easily 6) anxiety, 7) trouble with sleep, 8) hearing difficulties, 9) blurred vision and other visual difficulties, 10) personality changes (e.g., social problems), 11) apathy, 12) lack of spontaneity, 13) affective lability (quick-changing emotions), 14) depression, 15) trouble concentrating, 16) bothered by noise, 17) bothered by light, 18) coordination and balance problems, 19) motor difficulty, 20) difficulty with speech, 21) numbness/tingling.

# Making the invisible injury **Visible**

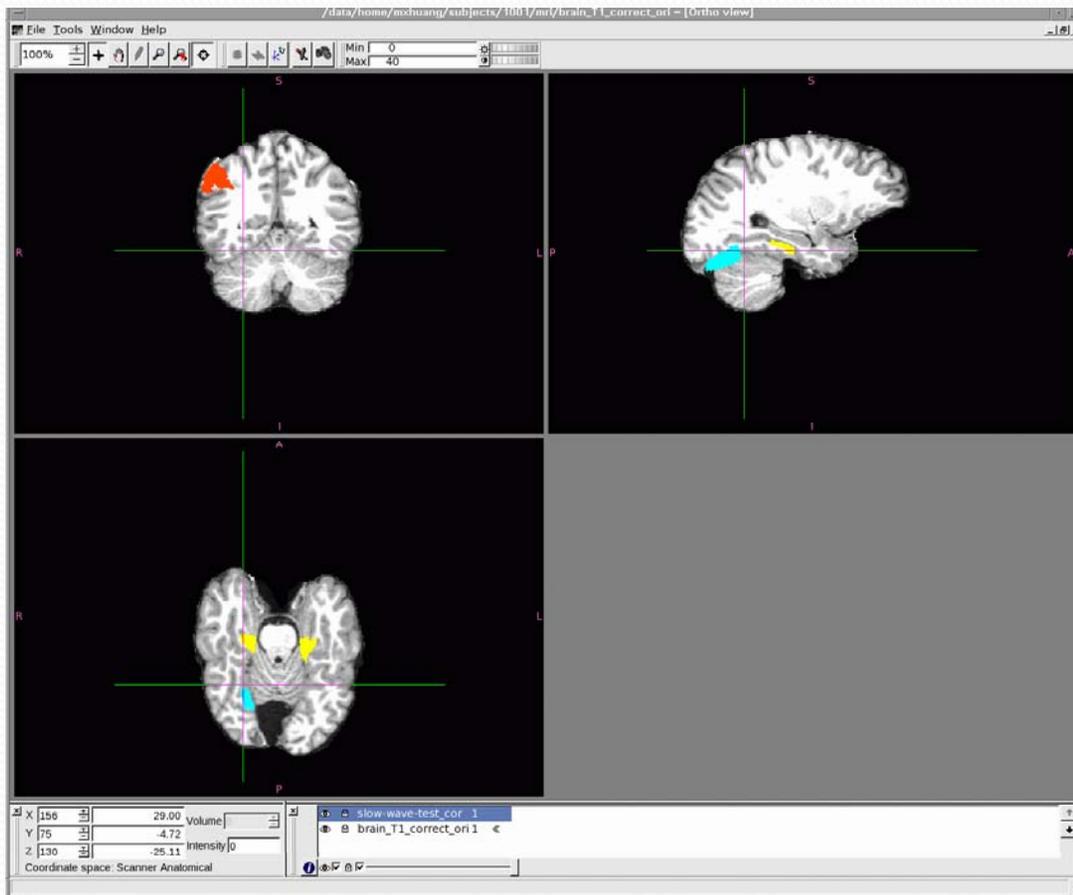
- Positive-detection Rates: MEG slow-waves in TBI patients has **87%** positive-finding rate in mild TBI and **100%** for moderate TBI groups.
- Injury Patterns: The patterns of slow-wave generation between mild blast TBI and mild non-blast TBI patients were highly correlated.
- MEG slow-wave findings correlate with post-concussive symptoms



# Invisible Injuries become not so Invisible

## TV Interview with Col G.I. Wilson with KPBS:

<http://www.youtube.com/watch?v=uhlANIGAJXA>



# Acknowledgement

- **Support**

- Funding: VA Merit Review Grants (PI: Huang), NFL (PIs: Huang, Lee), McDonnell Foundation via Brain Trauma Foundation (PI: Ghajar; site PIs: Lee, Huang)
- Investigator Collaboration: VA San Diego Healthcare System, UCSD, Naval Medical Center San Diego.



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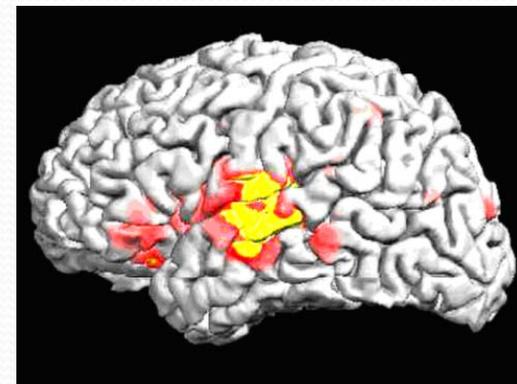
# MEG: Forward and Inverse Modeling

- MEG forward problem

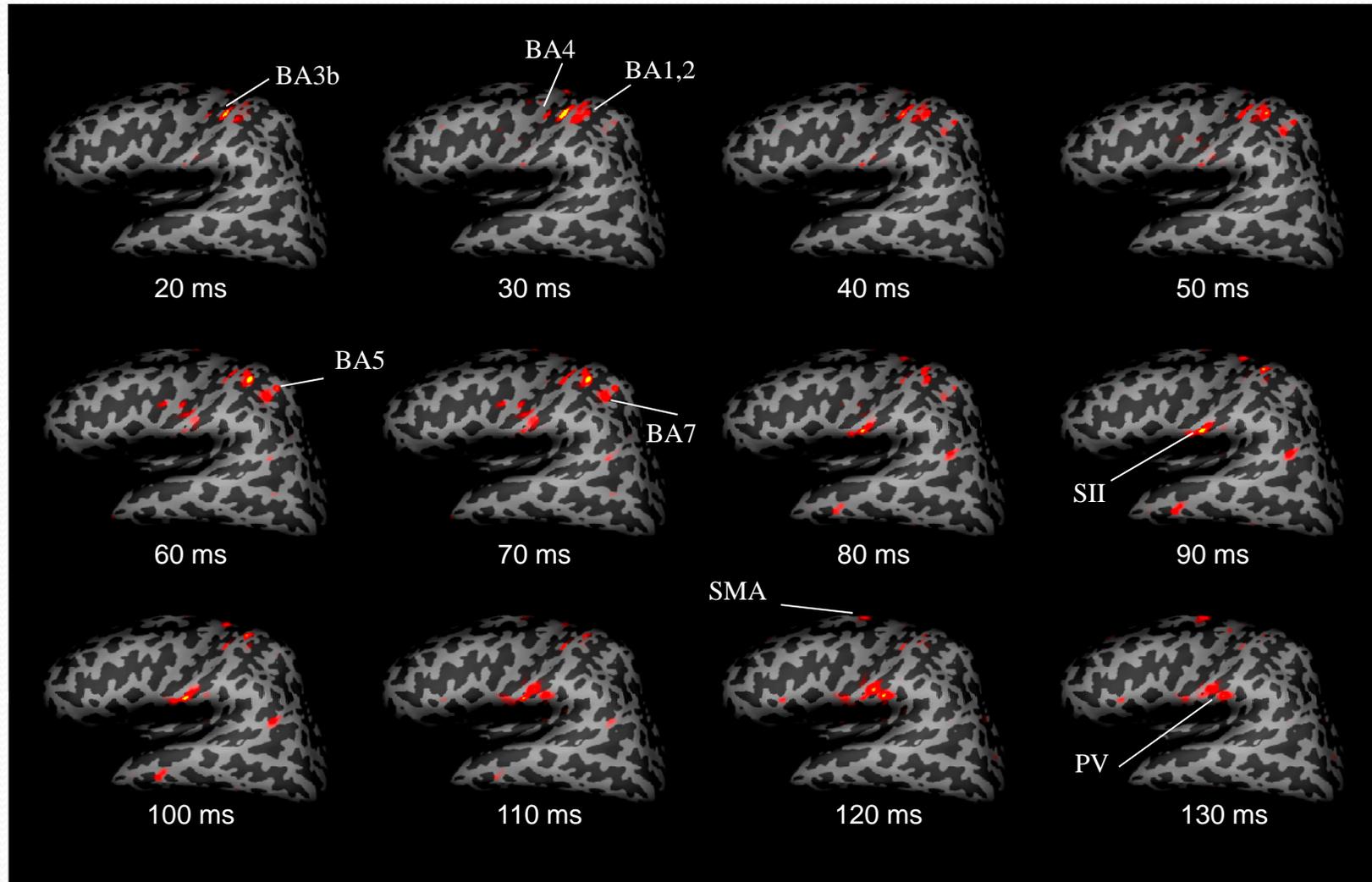
- For given neuronal current configuration and head conductivity distribution (head models), how to calculate MEG field distribution at sensor space.
- Spherical MEG head model
- Boundary Element Method (BEM)
- Multi-sphere head model (Huang et al., Phys Med Biol, 1999)

- MEG inverse problem

- For given MEG sensor measurements, how to estimate neuronal current distribution inside the brain.
- No unique solution
- Additional constraints need to be imposed to make a unique solution (source models)
- 1) Dipole fit, MUSIC, MSST; 2) minimum L2- / L1-norm, VESTAL, 3) Beamformer, etc.

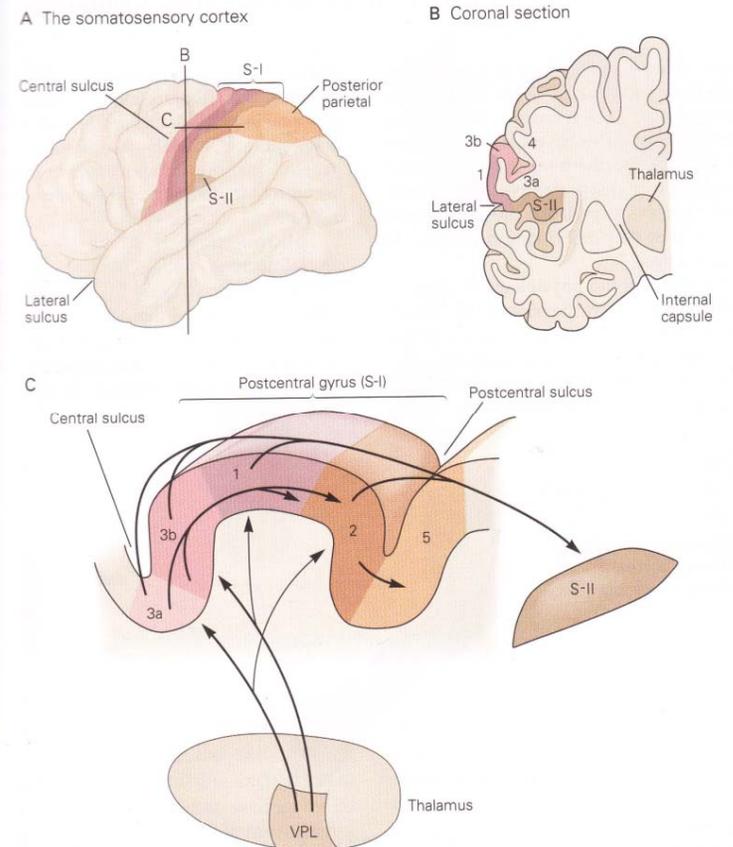
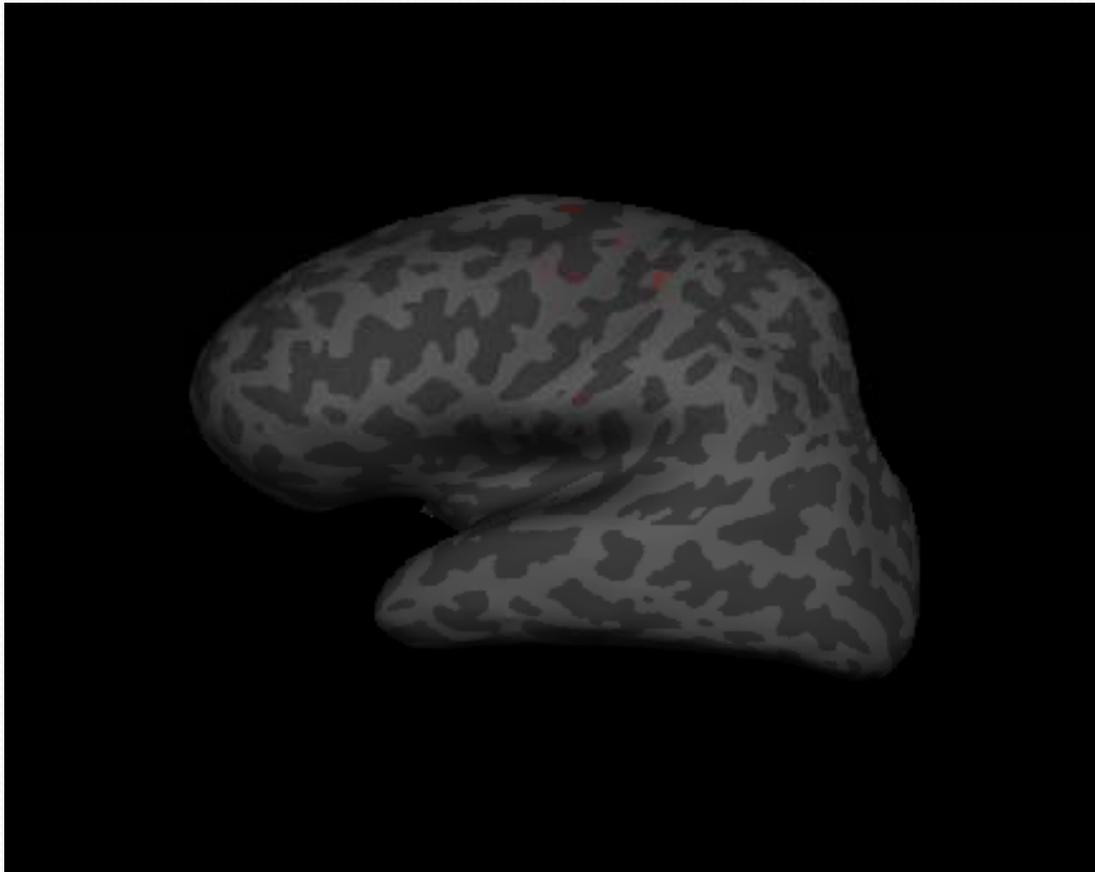


# VESTAL's performance on human MEG response evoked by right median-nerve stimulation: snapshots of the source map



Huang, et al., NeuroImage, 31(3):1025-1037. 2006.

# VESTAL's performance on human MEG response evoked by right median-nerve stimulation (cont.): activation movie



Source: Kandel et al., *Principles of Neural Science*, pg. 453

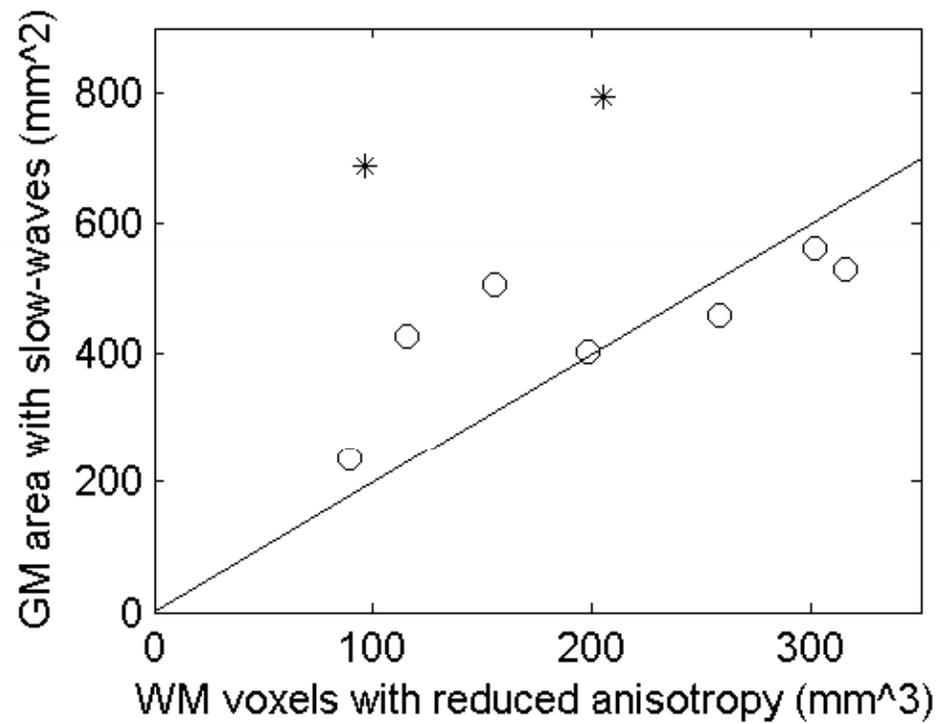
Huang, et al., *NeuroImage*, 31(3):1025-1037. 2006.

Table 1: Regions that generated MEG delta-waves and showed DTI abnormalities in mTBI with “normal” CT/MRI (partial list, 25 TBI patients total)

	Cause of TBI	MEG slow-wave foci	Foci with DTI abnormalities
Case 1, Male, Age 43	Blast	R posterior-temporal & anterior-occipital lobe	R posterior-temporal & anterior-occipital lobe
Case 2, Male, Age 17	Sport (Football), three incidents	L posterior superior temporal lobe; R inferior temporal-occipital regions (3 areas)	L posterior superior temporal lobe; R inferior longitudinal fasciculus
Case 3, Male, Age 14	Sport (Hockey), hit to R temporal	R inferior temporal-occipital lobe	R inferior longitudinal fasciculus in temporal lobe.
Case 4, Male, Age 27	Blast	L lateral prefrontal lobe; L temporal-parietal junction; L orbital frontal lobe; L anterior cingulate; R lateral prefrontal lobe	L Superior longitudinal fasciculus
Case 5, Female, Age 12	Sport (Soccer), fall on back of the head	L and R occipital lobes; L posterior temporal lobe	L-R asymmetry in optical tracts in the occipital lobes; L posterior temporal lobe
Case 6, Male, Age 16	Sport (Football)	R inferior parietal lobe	Within normal range
Case 7, Male, Age 21	Motor Vehicle Accident	R lateral prefrontal cortex; R central sulcus; R inferior posterior parietal area; R ventral temporal area	DTI findings within normal range, but PET shows abnormal metabolic signals in: R lateral prefrontal cortex; R parietal lobe; R temporal lobe; R occipital lobe

- 1) Abnormal DTI in small local fiber tracts
- 2) Abnormal DTI in major fiber tracts
- 3) DTI within normal range, MEG abnormal

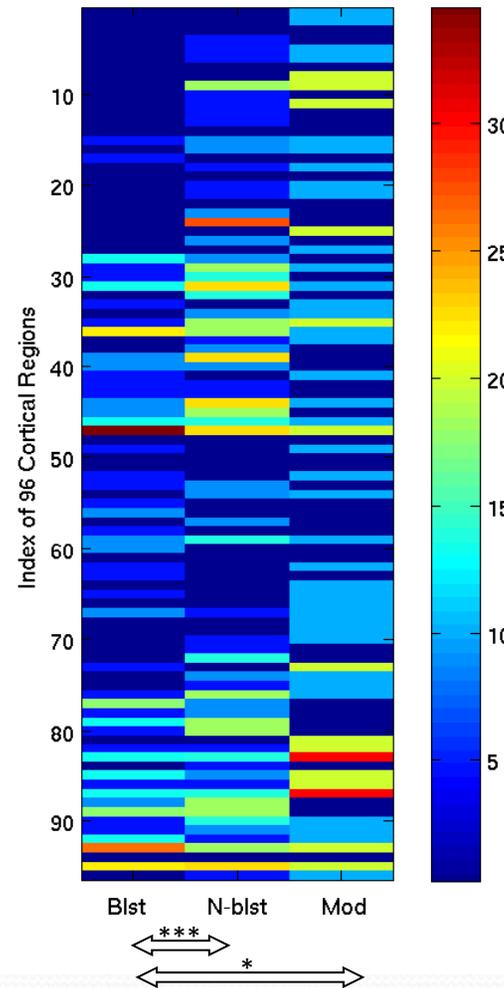
# MEG and DTI correlation



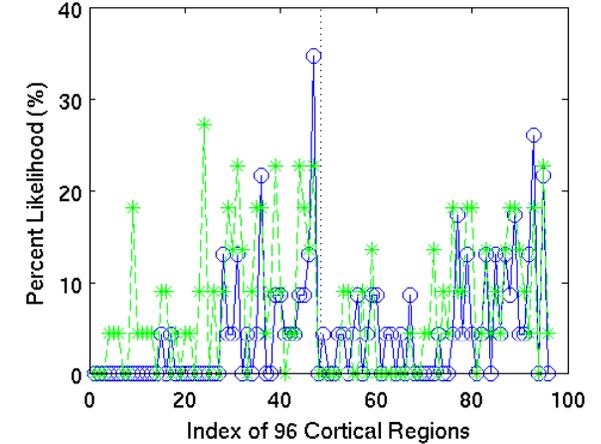
# Areas and Patterns of Injuries for Different TBI Groups

- MEG identifies brain areas likely to be injured in each TBI group.
- Slow-wave generation in mild blast TBI group is highly correlated with mild non-blast TBI group.
- Slow-wave generation in moderate TBI group correlate with blast mild blast but not with non-blast mild TBI groups.

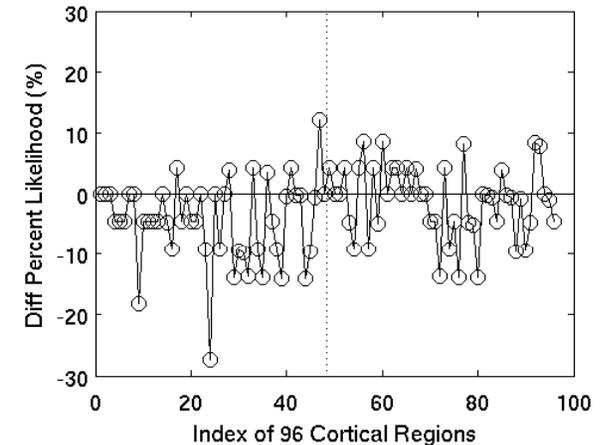
(a) Likelihood of Abnormal Slow-waves (%)



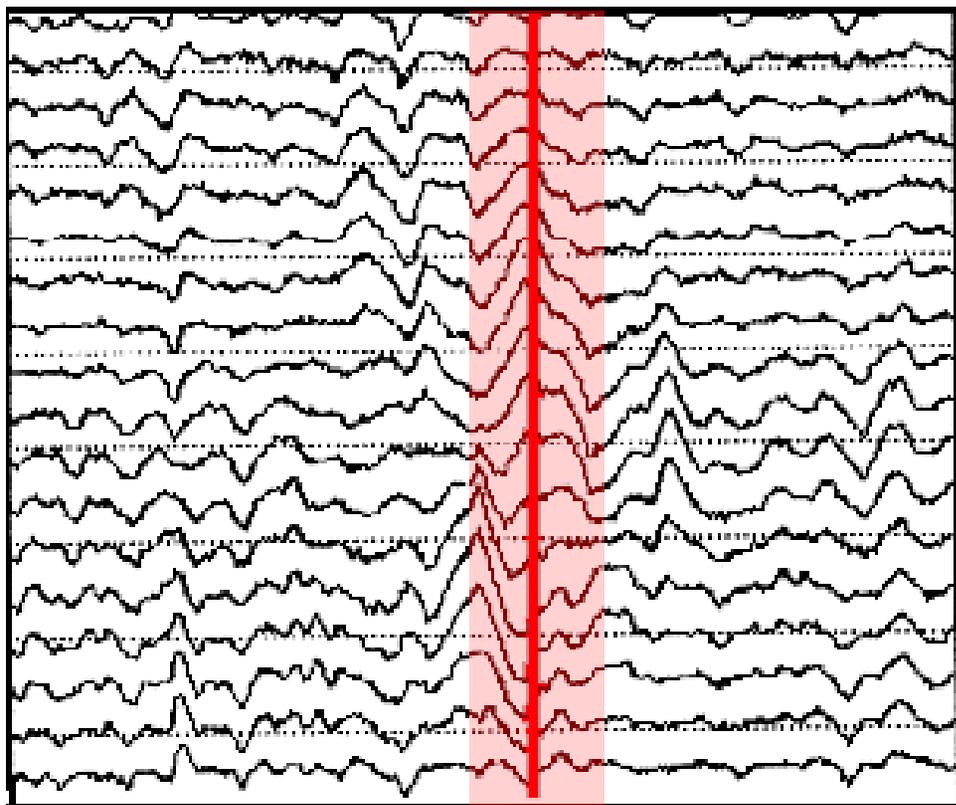
(b) Abnormal Slow-waves: Blast and non-Blast mTBI



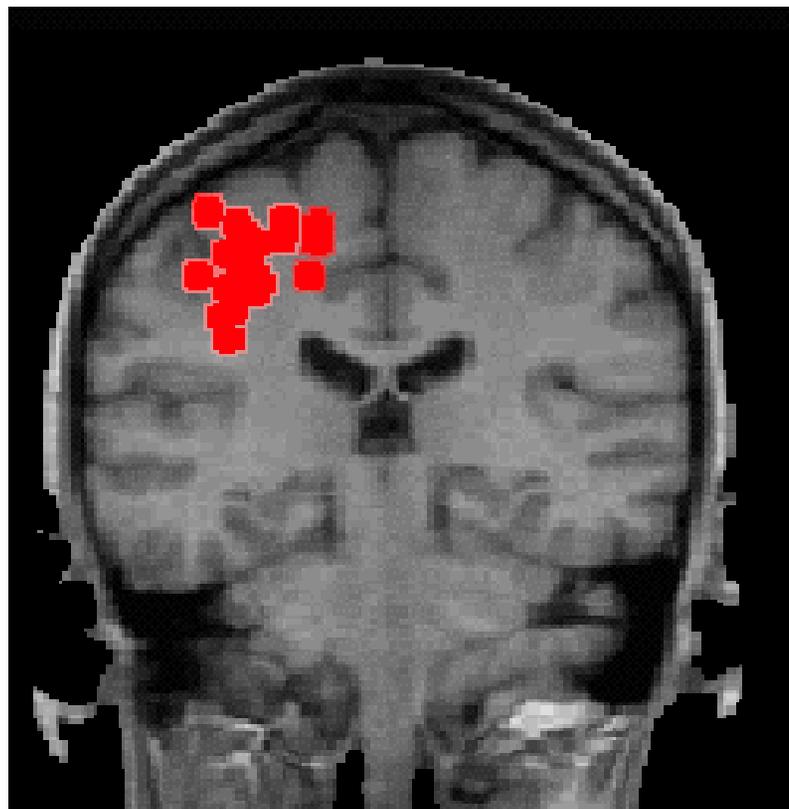
(c) Blast mTBI - Non-Blast mTBI



## MEG Slowing in mild head trauma patients with normal MRI (from Dr. Jeff Lewine)



**Dipolar Slow Wave**



**Mild Head Trauma**

Mid-Atlantic

**MIRECC**

Mental Illness Research, Education & Clinical Center



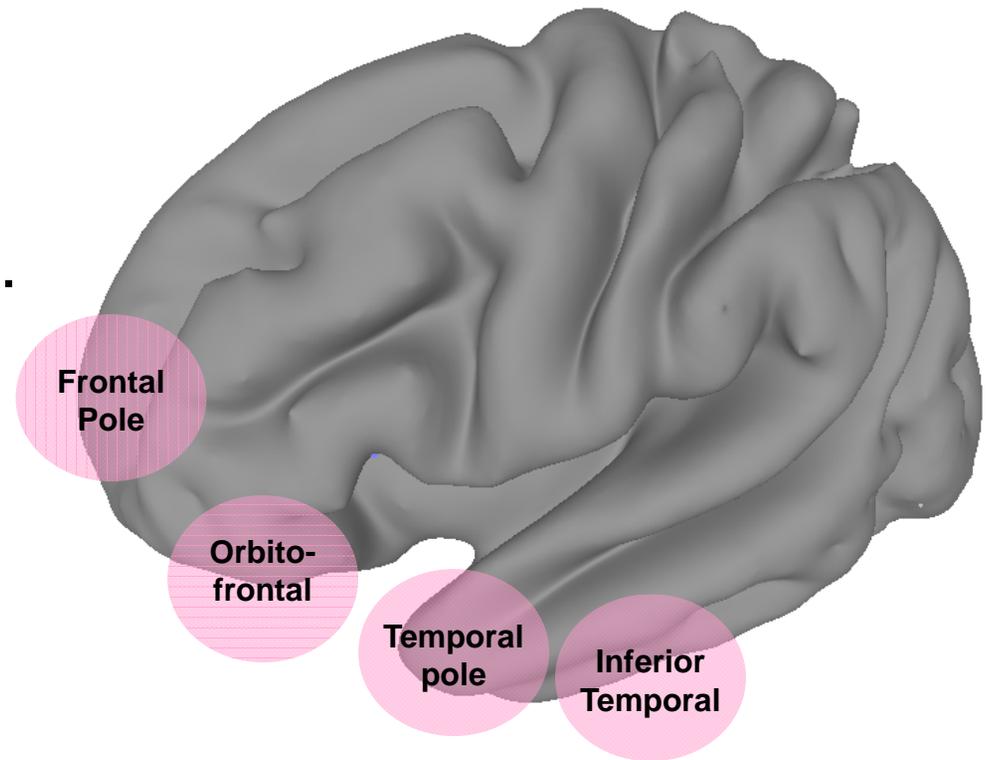
# Neurobehavioral sequelae of mild TBI

Rajendra Morey MD, MS

Durham VA Medical Center  
Duke University

# Profile of Injury

- Impact or concussive injury
- Inertial injury – acceleration and deceleration
- Blast injury – high energy, high velocity pressure wave.
- Secondary injury – hypoxia, edema, neurotransmitters, various neurotoxic agents
- Psychological trauma – acute exposure



# Mechanism of tissue damage

- Hypoxia
- Edema
- Increased intracranial pressure
- Mechanical distortions
- Neurotransmitter release
- Excitotoxic cascade and injury
- Neuronal apoptosis
- Tauopathy – chronic traumatic encephalopathy

# Changes in Cognition

- Inattention – impaired concentration and focus
- Executive Function – working memory, decision making.
- Memory – short-term
- Learning
- Information processing
- Speech and Language functions
- Impulsivity
- Poor Judgment
- Insight – lack of awareness of changes

# Changes in Affect

- Irritability
- Affect – labile affect
- Aggression
- Apathy

# Somatic and Neurological sequelae

- Headache
- Dizziness, loss of balance
- Nausea, vomiting
- Sensory disturbances - blurred vision, tinnitus
- Sensitivity to light or sound
- Fatigue or drowsiness
- Insomnia
- Hypersomnia

# Profile of Injury and Personality Change

- Dorsolateral PFC damage – impairs executive function, working memory, decision making, problem solving, mental flexibility.
- Orbitofrontal damage – impairs intuitive reflexive social behavior, self monitoring, ability to self correct in a social contexts.
- Anterior cingulate –motivated and reward-related behaviors.
- Medial temporal damage – assessment of stimulus salience, memory, integration of emotional memory.

# Association with psychiatric disorders

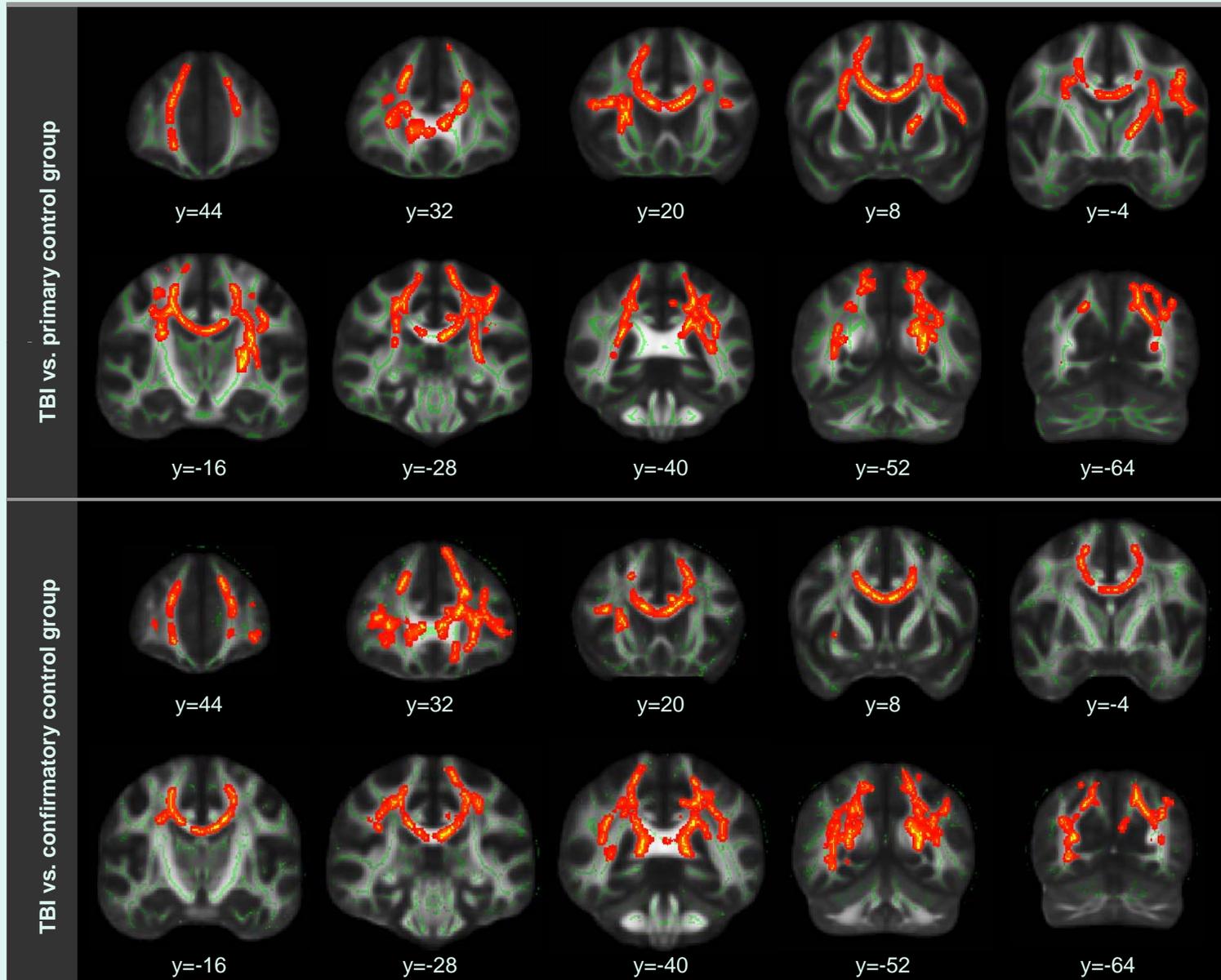
- Depression
- PTSD\*
- Panic disorder
- Substance use disorders
- MCI and Dementia

# White matter integrity : Mild TBI

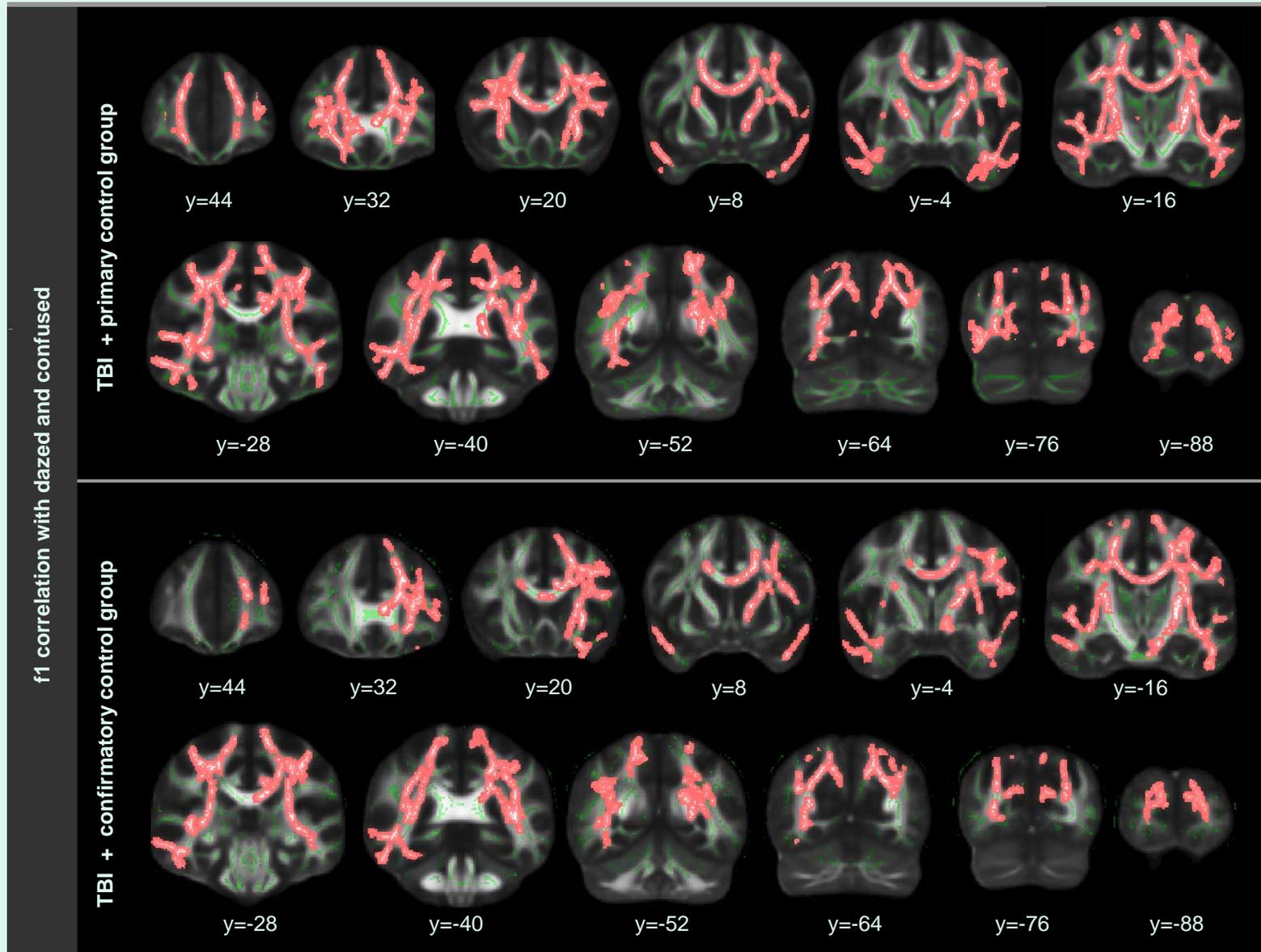
- Total sample size of n=100
- 30 Veterans with mild TBI and PTSD
- 42 Veterans in primary control group.
- 28 Veterans in secondary control group
- HARDI – 55 gradient directions
- Crossing fiber analysis with TBSS-X

Morey, R.A., Haswell, C.C., Selgrade, E., Massaglia, D., Liu, C., Weiner, J., *et al.* (2012). Effects of chronic mild traumatic brain injury on white matter integrity in Iraq and Afghanistan Veterans. *Human Brain Mapping* In press.

# Effect of mild TBI; no effect of PTSD

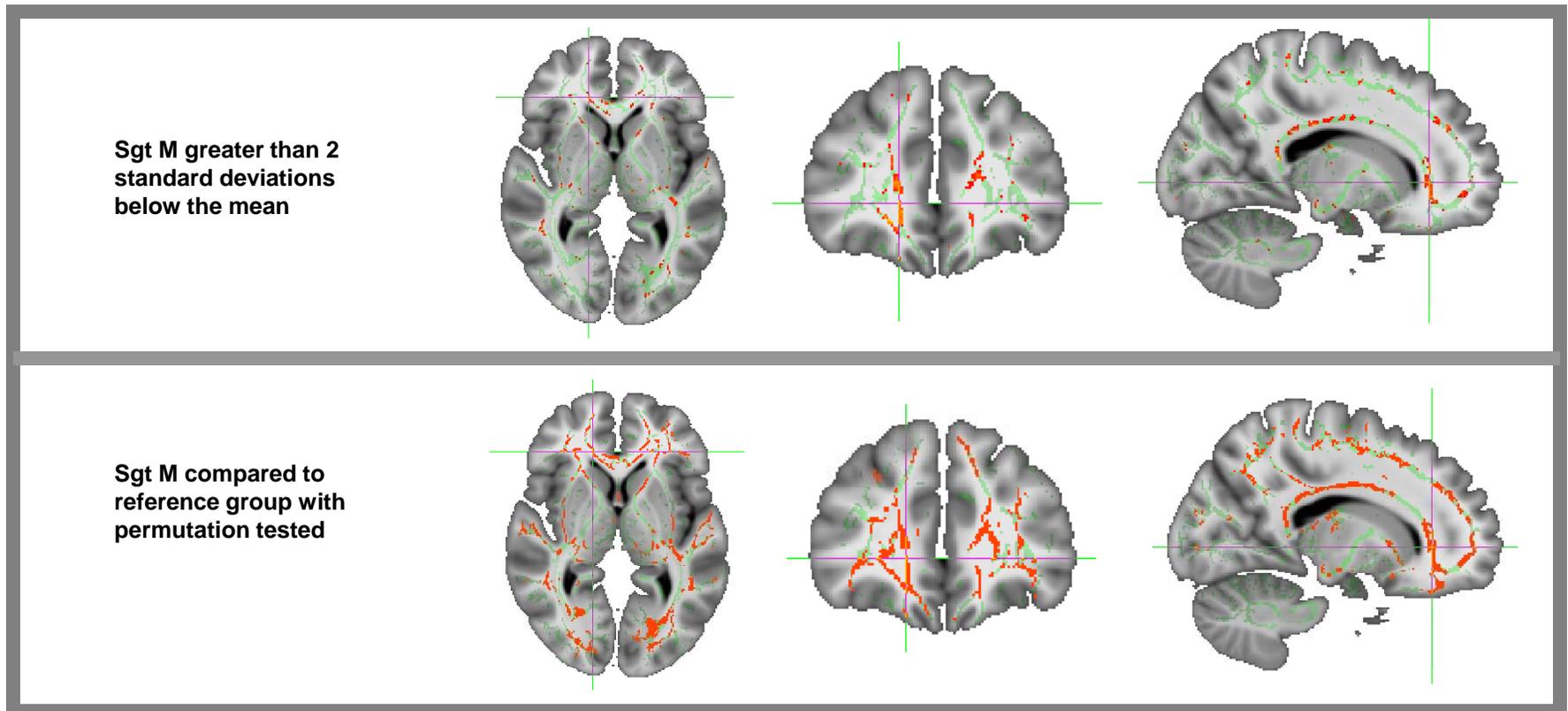


# Effect of feeling dazed and confused



# Single subject approach for TBI diagnosis

- Sgt M compared to a reference group of 37 non-TBI subjects.
- Z-statistic based analysis without correction for multiple correction (upper panel)
- Permutation testing followed by *threshold free cluster enhancement* (lower panel)



Hayes, J.P., Morey, R.A., and Tupler, L.A. (2011). A case of frontal neuropsychological and neuroimaging signs following multiple primary-blast exposure. *Neurocase*.

# Questions

- Mingxiong Huang, Ph.D. – UCSD
- Harvey S. Levin, Ph.D. – Baylor College of Medicine
- Rajendra Morey, M.D. – Duke University and Durham VA