International Association for the Study of Pain
2021 Virtual World Congress on Pain
*Late Breaking Poster Abstract Deadline: March 24, 2021 at 16:59 EDT*

The International Association for the Study of Pain (IASP) has opened an invitation for late breaking abstract submissions for their upcoming 2021 Virtual World Congress on Pain (June 9-11, 16-18). Consider sharing contributions at one of the premier forums for pain research in a virtual, global forum. More information on poster topics, meeting themes, and submission guidelines is available at https://www.iaspworldcongress.org/home/poster-abstracts/call-for-poster-abstracts.

**Stepped Exercise Program for Patients with Knee Osteoarthritis: A Randomized Controlled Trial**

![External止损](https://www.iaspworldcongress.org/home/poster-abstracts/call-for-poster-abstracts)

Kelli Allen, PhD, (Durham Center of Innovation to Accelerate Discovery and Practice Transformation (ADAPT), Durham, NC; University of North Carolina) and her team recently published findings from an RCT studying the use of a stepped exercise program for patients with knee osteoarthritis (STEP-KOA) at two VA sites in *Annals of Internal Medicine*. They found the STEP-KOA strategy may be an efficient method for delivering exercise therapy for knee osteoarthritis, with modest improvement in symptoms in the intervention group compared to an arthritis education control group.

**The Resurrection of Interdisciplinary Pain Rehabilitation: Outcomes Across a Veterans Affairs Collaborative**

![External止损](https://www.iaspworldcongress.org/home/poster-abstracts/call-for-poster-abstracts)

Recently published in *Pain Medicine*, Jennifer Murphy, PhD, (Director of Behavioral Pain Medicine; Pain Management, Opioid Safety and Prescription Drug Monitoring Programs) led a team that conducted a collaborative observational evaluation of patient outcomes from six VA interdisciplinary pain rehabilitation programs across five VA sites. They found significant improvements in most patient-reported outcomes across programs despite program differences.

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To join our mailing list for the VA HSR&D Pain/Opioid CORE, please email PainOpioidCore@va.gov