

#### Implementing and sustaining Critical Time Intervention (CTI) to support housing transitions for homeless-experienced Veterans

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AcademyHealth 2022 Annual Research Meeting (ARM) June 7, 2022

## Acknowledgements

 This work is supported by VA QUERI-VISN Partnered Implementation Initiative (PII) 21-285
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#### **Operations Partners**

VA Grant and Per Diem (GPD) National Program Office National Center on Homelessness among Veterans (NCHAV) VISNs 1, 10, 12, 19, 20, 21, and 22

## **Housing Transitions QUERI Team**















## Ending Veteran Homelessness is an Urgent National Priority



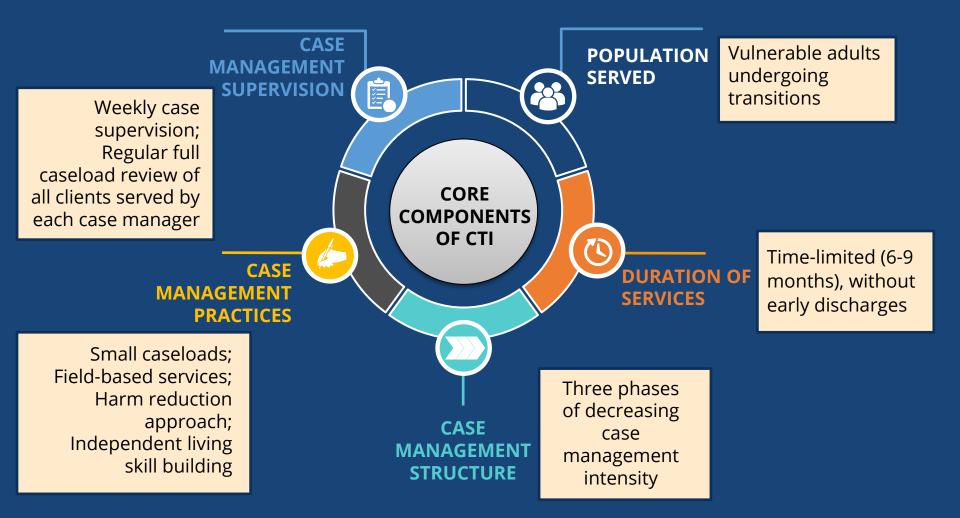
The VA has made tremendous strides in addressing Veteran homelessness

Veterans who remain homeless are extraordinarily vulnerable

## Ending Veteran Homelessness is an Urgent National Priority

Compared to their housed peers, Veterans who are homeless have worse health, premature mortality, care fragmentation, and discrimination experiences

There is a pressing need to identify effective strategies that support the implementation of evidence-based practices in VA's homeless programs Critical Time Intervention (CTI) is a time-limited evidence-based case management practice that mobilizes support for vulnerable populations during transition periods



## Grant and Per Diem (GPD) Program

- > The GPD program is a large VA program for homeless Veterans
  - Serves ~23,000 Veterans / year
- Services are offered by VA's community partners
  - Transitional housing (up to 24 months)
  - Supportive services
- Many Veterans transition from GPD sites into independent housing, but lose case management during that transition

## GPD Case Management ("Aftercare") Program



- Time limited (6 months) case management services at ~120 sites across the nation
- > Aims to improve housing retention
- Serves homeless-experienced Veterans transitioning to permanent housing from transitional housing

#### At present, no specific case management practice is required in the aftercare program

National implementation of CTI will standardize and improve case management delivered in this VA homeless program

#### This project's overarching aim is to identify effective strategies to spread and sustain CTI, and evaluate their associated costs, in the aftercare program

## This national implementation initiative will occur in two phases

2021

#### Pilot: 4 aftercare sites at Los Angeles

<u>National</u> <u>Initiative:</u> 32 aftercare sites in 7 geographic regions

> 2022-2025

## **Implementation Pilot**

- Developed and pilot tested two implementation strategies for aftercare case managers & supervisors\*
  - Training & technical assistance\*\*
  - Coaching (external facilitation)



\* Interfacing with VA aftercare liaisons

\*\* Based in the Replicating Effective Programs (REP) Implementation Framework

## **National Implementation Initiative**

Strategy #1

Training and Technical Assistance "REP" \* 16 sites Strategy #2

REP + Coaching<sup>\*\*</sup> "Enhanced REP" *16 sites* 

\*Replicating Effective Programs (REP) Implementation Framework \*\*External Facilitation

## **Three Implementation Waves**

	2022				2023				2024				2025			
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Wave 1	Prep	REP	REP	REP	National Learning Sessions											
	Prep	E-REP	E-REP	E-REP	National Learning Sessions											
Wave 2	Prep				REP	REP	REP	National Learning Sessions								
	Prep				E-REP	E-REP	E-REP	National Learning Sessions								
Wave 3							Prep	REP	REP	REP		Natior	al Lear	ning Se	ssions	
wave 5							Prep	E-REP	E-REP	E-REP		Natior	al Lear	ning Se	ssions	

- Prep = Preparation (Site recruitment & orientation)
- REP = Training & technical assistance package
- E-REP = REP + Coaching "Enhanced REP"
- National Learning Sessions = Quarterly "Booster" trainings

Each wave will include 10-11 aftercare sites

#### **Study Design:** Type 3 Hybrid Implementation-Effectiveness Trial



Key evaluation outcomes: CTI fidelity & sustainment,

Veteran housing stability and hospitalization rates, costs and return-on-investment

## **Overview of Evaluation Goals**

- > Capture fidelity to REP and external facilitation
- > Compare *CTI fidelity and sustainment* with REP vs. enhanced REP
- Compare quality metrics achieved by REP, enhanced REP, and CTI
  - Veteran housing stability, hospitalizations, and other service use
  - Veteran and case manager experiences

## **Overview of Evaluation Goals**



 Compare cost and return on investment for CTI, REP, and enhanced REP

Assess contextual factors that affect CTI fidelity, sustainment, and quality metrics

## **Products for program partners**

Generate two key products for program partners to support continued spread and sustainment of CTI in the GPD case management aftercare program



# **Questions?**

## **VACTItoolkit.com**

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