

Text of video

Dementia and Caregivers

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I think one of the most unique problems that caregivers deal with in dementia is that dementia really changes the person. You know a lot of illnesses change the heart or change the way that they function but dementia changes their memory but also can very much change the personality and change the person that they used to be, so in addition to just having to cope with the loss of memory and the loss of the loved one's ability to do things, they have to actually cope with the loss of the person that they once used to be and that relationship that they used to have and have to change and adapt to a new person and find goodness hopefully in that new relationship as well. Something that a patient... When a patient comes in with dementia, spend as much time with that caregiver to find out not only what's going on with the patient but to find out what's going on with the care giver. How is their emotional health? Are they depressed? Are they strained? What are their concerns? Are they taking care, not only of their emotional health, are they taking care of their physical health as well. Many caregivers, despite the changes, have very real and very loving and important relationships despite some of those changes and care giving can be a very meaningful part of a person's life and a part of the ending of the relationship. It can be quite a gift, not just to the patient, but to the care providers themselves.

Overlaid text:

5.3 million Americans have Alzheimer's, the largest cause of dementia.

Almost 11 million people provide unpaid care for them.

By 2030, the number of Alzheimer's patients will increase by 50%.