

## **APPENDIX A. DATA COLLECTION FORMS**

VA ESP – SUICIDE PREVENTION  
PRE SCREENER

Article ID: \_\_\_\_\_

Final 06/25/08

Reviewer: \_\_\_\_\_

Date: \_\_\_\_\_

**Population** (check all that apply)

- Men
- Women
  
- Veterans
- Military

*Age* (complete all that are reported)

Mean: \_\_\_\_\_

Median: \_\_\_\_\_

Range: \_\_\_\_\_

**Setting** (check all)

- Primary Care
- Hospital
- Psychiatric
  
- Population Based
- Other
- Not stated / Not reported /  
Not applicable

References to Retrieve: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Country** (check one)

- US
- UK/New Zealand/Canada/Australia
- Other

**Interventions** (check all that apply)

- Physician
- Patient
- Population Based

- Organizational
- Not stated / Not reported /  
Not applicable

**Outcome** (check all)

- Attempters
- Completers
- SI

**Design** (check one)

- Experimental
- Observational

**Intervention Codes**

\_\_\_\_\_

Study Design: \_\_\_\_\_

**VA-ESP Suicide Prevention  
Detail Intervention & Quality Review Form**

**Article ID**

**Reviewer:** Steven Bagley **Assigned on:**

**1. Was the study:**

(Check all that apply)

- Outpatient.....
- Inpatient.....
- Emergency Dept/ Crisis Services...
- Not reported/Not applicable.....

**2. What was the sample size:** (NR for not reported)

	F/Up Duration	Units	Enrolled							
Time 0	_____	_____	_____	_____						
F/Up 1	_____	_____	_____	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;"><b>Units</b></td></tr> <tr><td>1. Days</td></tr> <tr><td>2. Weeks</td></tr> <tr><td>3. Months</td></tr> <tr><td>4. Years</td></tr> <tr><td>5. NR</td></tr> </table>	<b>Units</b>	1. Days	2. Weeks	3. Months	4. Years	5. NR
<b>Units</b>										
1. Days										
2. Weeks										
3. Months										
4. Years										
5. NR										
F/Up 2	_____	_____	_____							
F/Up 3	_____	_____	_____							
F/Up 4	_____	_____	_____							

**3. Eligibility Criteria**

**4. The intervention consisted of:**

**Quality Measurement** (only interventions)

**1. Was the study described as randomized?**

- Yes.....
- No.....
- Don't know.....

**2. Treatment Allocation**

**a. Was a method of randomization performed?**

- Yes.....
- No.....
- Don't know.....

**b. Was the treatment allocation concealed?**

- Yes.....
- No.....
- Don't know.....

**3. Were the groups similar at baseline regarding the most important prognostic indicators?**

- Yes.....
- No.....
- Don't know.....

**4. Were the eligibility criteria specified?**

- Yes.....
- No.....
- Don't know.....

**5. Was the outcome assessor blinded?**

- Yes.....
- No.....
- Don't know.....

**6. Was the care provider blinded?**

- Yes.....
- No.....
- Don't know.....

**7. Were subjects blinded?**

- Yes.....
- No.....
- Don't know.....

**8. Were point estimates and measures of variability presented for the primary outcome measures?**

- Yes.....
- No.....
- Don't know.....

**9. Were all randomized participants analyzed in the group to which they were allocated?**

- Yes.....
- No.....
- Don't know.....

**10. Were co-interventions avoided or similar?**

- Yes.....
- No.....
- Don't know.....

**11. Was the compliance acceptable in all groups?**

- Yes.....
- No.....
- Don't know.....

**12. Was the drop-out rate described and acceptable?**

- Yes.....
- No.....
- Don't know.....

**13. Was the timing of the outcome assessment in all groups similar?**

- Yes.....
- No.....
- Don't know.....

## **APPENDIX B. EXCLUDED STUDIES**

### **EXCLUDED AFTER INITIAL REVIEW**

#### **No Intervention**

- Cooper, S. L. ; Lezotte, D.; Jacobellis, J., and Diguseppi, C. Does availability of mental health resources prevent recurrent suicidal behavior? An ecological analysis. *Suicide Life Threat Behav.* 2006; 36(4):409-17.
- Ettlinger, RW. Suicides in a groupd of patients who had previously attempted suicide. *Acta Psychiatr Scand.* 1964; 40:363-78.
- Greer, S. and Lee, H. A. Subsequent progress of potentially lethal attempted suicides. *Acta Psychiatr Scand.* 1967; 43(4):361-71.
- Kessel, N. and McCulloch, W. Repeated acts of self-poisoning and self-injury. *Proc R Soc Med.* 1966 Feb; 59(2):89-92.
- Shah, A. and Bhat, R. Are elderly suicide rates improved by increased provision of mental health service resources? A cross-national study. *Int Psychogeriatr.* 2008; 1-8.

#### **Foreign Language**

- Nielsen, A. S. and Nielsen, B. Pattern of choice in preparation of attempted suicide by poisoning--with particular reference to changes in the pattern of prescriptions. *Ugeskr Laeger.* 1992 Jul 6; 154(28):1972-6.
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#### **Duplicate Data**

- Bateman, A. and Fonagy, P. Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalization: an 18-month follow-up. *Am J Psychiatry.* 2001 Jan; 158(1):36-42.
- McMain, S. Dialectic behaviour therapy reduces suicide attempts compared with non-behavioural psychotherapy in women with borderline personality disorder. *Evid Based Ment Health .* 2007; 10(1):18.
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## **Review or Meta-analysis**

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- Cipriani, A.; Pretty, H.; Hawton, K., and Geddes, J. R. Lithium in the prevention of suicidal behavior and all-cause mortality in patients with mood disorders: a systematic review of randomized trials. *Am J Psychiatry*. 2005; 162(10):1805-19.
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### **No Outcome of Interest or Usable Outcome**

- Preventing patient suicide. *Health Hazard Manage Monit*. 2007; 21(1):1-8.

- S-kit Suicide prevention local implementation framework: A strategic multi-agency toolkit aimed at saving lives. National Institute for Mental Health in England, Care Services Improvement Partnership.
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## APPENDIX C. EVIDENCE TABLES

**Evidence Table 1. Studies Describing Suicide Prevention Interventions in Military Personnel and Veterans**

Author, Year	Study Design	Country / Setting	Veteran / Military	Outcome	Intervention	Detailed Intervention	Results
James LC et al 1996 <sup>13</sup>	Cohort	US / Population & Other	No / Yes	Completers	Population / Organizational	25th Infantry Division (Light) Suicide Prevention Program implementation beginning in 1992. This program incorporated warning signs and risk factors along with community education.	In the two years following complete implementation (1994) the suicide rate decreased to 3.
McDaniel WW et al. 1990 <sup>14</sup>	Cohort	US / Other	No / Yes	Attempters & SI	Organizational	This two year retrospective study examines a suicide prevention program at the training command center aimed at the instructors. The classes, provided in 1986 and then again from June 1987-January 1988, were targeted at informing instructors on how to recognize signs of distress and students at risk.	The average number of suicide attempts was 9.4 per 100,000 per month. The number of instructors who received training was negatively correlated (-0.65, p<0.001) with number of suicide attempts per month.
Knox KL et al. 2003 <sup>15</sup>	Interrupted Time Series	US / Population	No / Yes	Completers	Population / Organizational	To assess the impact of the US Air Force suicide prevention program implemented in 1996, this study looked at 5,260,292 air force personnel. The program aimed to reduce risk factors for suicide and enhance protective factors as well as increasing understanding of mental health and policies while decreasing the stigma of seeking mental health assistance.	The relative risk for suicide when comparing the pre-implementation population and post-implementation population was 0.67(95% CI: 0.57, 0.80). There was a 33% relative risk reduction for those in the post implementation group.
Jones DE et al. 2001 <sup>16</sup>	Observational	US / Population	No / Yes	Completers	Population	Existing resources (education in suicide awareness and life skills training, counseling, post-suicide interventions, and suicide incident reporting) were augmented with new training video using positive role models to increase detection and referral.	For Navy, suicide rate dropped to 9.2/100000, the lowest rate in 10 years. For the Marine Corps, the rate was 15.6/100000.
Kennedy CH et al. 2005 <sup>17</sup>	Cohort	US / Other	No / Yes	Attempters	Patient	This is a one year follow up on a gambling treatment program implemented in January 2003 as a part of the Substance Abuse Rehabilitation Program at the US Naval Hospital in Okinawa, Japan. There was 35 participants.	Prior to treatment 7 participants expressed suicidal ideation and 3 (8.5%) made suicide attempts related to their gambling. Post-implementation, no participants expressed suicidal ideation or attempted suicide.
Rozanov VA et al. 2002 <sup>18</sup>	Cohort	Ukraine / Population	No / Yes	Completers	Population / Organizational	This two year suicide prevention program, implemented in 2000, used training seminars for soldiers, professional officers, and commanders that spanned the course of one year. Brochures on suicide prevention were distributed to more than 2000 soldiers.	The average number of suicides per year between 1988 and 1999 was 32.6per 100,000. In 1999 the suicide rate was 74.7per 100,000. During the first year of the program there was no reported suicides and in the 2nd year there were 16.7 per 100,000 reported suicides.
Gordana DJ et al. 2007 <sup>19</sup>	Cohort	Serbia & Montenegro / Other	No / Yes	Completers	Organizational	Two year follow up on a Suicide Prevention Program, based on the U.S. Air force suicide prevention program, that was implemented in 2003. The program focused on early prevention and identification of those at increased risk of committing suicide. The long-term objective was modifying military-specific risk factors for suicide. The program was applied by selection, education, and motivation.	Suicides decreased from 15 in 2003 (pre-implementation) to 9 in 2004 and 7 in 2005. After one year of implementation, suicides decreased from 13 per 100,000 of military personnel to 5 per 100,000 military personnel.
Koons CR et al. 2001 <sup>22</sup>	RCT	UC / Psychiatric	Yes / No	Attempters & SI	Patient	Dialectical behavior therapy (DBT) in with borderline personality disorder. 28 women veterans were randomized to DBT or usual care groups. 20 patients (10 in each group) completed the treatment.	Patients in the DBT reported significantly greater decrease in depression (as measured by the BDI), suicidal ideation, and hopelessness than usual care patients.
Gibbons RD et al. 2007 <sup>24</sup>	Observational	US / Primary Care & Psychiatric	Yes / No	Attempters	Patient	Comparison of 226,866 patients in a VHA data set who were diagnosed with depression and had one of the following treatments: no antidepressant, SSRI, non-SSRI, tricyclic or combinations.	Odds ratio for comparing the SSRI treatment to the no antidepressant, non-SSRI and tricyclic categories was 0.34 (95% CI: 0.31 to 0.38, p<0.0001).
Ilgen MA et al. 2007 <sup>23</sup>	Observational	US / Psychiatric	Yes / No	Attempters	Patient	This study followed 3733 veterans entering either a residential or outpatient substance abuse program. Data on suicide attempts were collected for 12 months prior to entry, during treatment and 12 months after entry.	During treatment, residential treatment was associated with a lower rate of suicide attempts than outpatient treatment. Predicting suicide attempts after drug abuse treatment was not significant for either setting.

SI: Suicidal Ideation

**Evidence Table 2. RCT and CCTs Describing Suicide Interventions**

Author, Year	Study Design / Setting	Sample Size Enrolled	Follow Up Time Points / Follow Up	Veterans / Military	Country / Mean Age	Eligibility Criteria	Quality Measurements				Intervention	Duration of Treatment	Outcome	Adverse Events
							Described as Randomized	Eligibility Criteria Specified	Point estimates & measures of variability for primary outcomes variable	Co-interventions avoided				
							Method of Randomization	Outcome Assessor Blinded Care provider blinded						
							Allocation Concealment	Patients Blinded	Timing of Outcome Assessment Similar					
							Similarity at Baseline between groups							
Koons CJ et al. 2001 <sup>22</sup>	RCT / Psychiatric	28	3 mths / NR 6 mths/ 20	Yes / No	US / 35	Female veterans with borderline personality disorder	Yes	Yes	Yes	Yes	dialectical behavior therapy (DBT) and treatment as usual (TAU)	weekly meetings of 90 minutes each?	Attempters & SI	30% in DBT, 20% in TAU at post treatment reported self harm
							Don't Know	Yes		Yes				
							Don't Know	No		Yes				
Welu T 1977 <sup>25</sup>	RCT / Psychiatric	120	4 mths / 119	No / No	US / 29	ED contact for suicide attempt	Yes	Yes	Yes	Don't Know	follow up outreach program by therapists	4 month follow up outreach program	Attempters	at 4 months there were 3 repeated attempts in experimental group & 9 in control
							Yes	Don't Know		Yes				
							Don't Know	No		Yes				
Termansen PE et al. 1975 <sup>26</sup>	CCT / Psychiatric	202	3 mths / 128	No / No	Canada / NR	ER presentation for suicide attempt	No	Yes	Yes	Don't Know	1. Mental health follow up 2. Phone follow up 3. Reassessment at 3 mths. 4. assessment at 3 mths.	12 weeks	Attempters	Reattempt rate, 1: 2.2%, 2: 6.1%, 3: 22%, 4: 11.1%
							No	No		Don't Know				
							No	No		No				
Allard R et al. 1992 <sup>27</sup>	RCT / Psychiatric	150	12 mths/ NR 18 mths/ NR 24 mths/ 126	No / No	Canada / NR	Seen in ED after suicide attempt	Yes	Yes	Yes	Don't Know	a treatment plan, follow up visits, one home visit, reminder for missed appointments. Treatment could include meds or therapy	18 therapy sessions & a home visit over 1 year	Attempters & Completers	3 suicides in experimental & 1 in control
							Don't Know	Don't Know		Yes				
							Don't Know	No		Yes				
							Yes		Yes					

**Evidence Table 2. RCT and CCTs Describing Suicide Interventions Continued**

Author, Year	Study Design / Setting	Sample Size Enrolled	Follow Up Time Points / Follow Up	Veterans / Military	Country / Mean Age	Eligibility Criteria	Quality Measurements				Intervention	Duration of Treatment	Outcome	Adverse Events	
							Described as Randomized	Eligibility Criteria Specified	Point estimates & measures of variability for primary outcomes variable	Co-interventions avoided					
							Method of Randomization	Outcome Assessor Blinded	Care provider blinded	Randomized patients analyzed in group they were allocated to	Drop-out rate described				
							Allocation Concealment	Patients Blinded	Similarity at Baseline between groups	Timing of Outcome Assessment Similar					
Chowdhury N et al. 1973 <sup>28</sup>	CCT / Psychiatric	155	6 mths/ NR	No / No	UK / NR	Hospital contact for deliberate self harm for repeat patients	No	Yes	Yes	No	Don't Know	outpatient clinic, home visits, telephone hotline	6 months from discharge	Attempters	24% acts of parasuicide in treatment & 23% in control
							No	Don't Know			Don't Know				
							Don't Know	No			Yes				
Gardner R et al. 1977 <sup>29</sup>	RCT / Hospital	312	1 yr / 273	No / No	UK / NR	Patient admitted to hospital for self poisoning	Yes	No	Yes	Yes	Yes	Inpatient assessment by medical vs. psychiatric team	Not reported. Assessment during following year.	Attempters & Completers	10% repeat attempts for medical team, 13% repeat attempts for psychiatrist. 0% suicide for medical team, 0.4% for psychiatrist.
							Yes	Yes			Don't Know				
							Yes	Yes			Yes				
							Don't Know	No			Yes				
Gibbons JS et al. 1978 <sup>30</sup>	RCT / Psychiatric & Other	400	1 yr/ 400	No / No	UK / NR	ED contact for deliberate self poisoning, not requiring immediate psychiatric treatment	Yes	Yes	Yes	Yes	Don't Know	social worker to assist with task oriented problem solving	Not reported. Assessment at one year.	Attempters	13.5 repeated self poisoning in treatment group & 14.5 in control
							Don't Know	Don't Know			Don't Know				
							Don't Know	No			Yes				
Hawton K et al. 1981 <sup>31</sup>	RCT / Psychiatric	96	1 yr/ 96	No / No	UK / 25.2	Hospitalization for deliberate self poisoning	Yes	Yes	Yes	Yes	Don't Know	outpatient vs. home based therapy	Maximum of 3 months, 1st 2 as frequent as needed	Attempters & SI	10% repeated attempts in home-based, 15% in outpatients.
							Yes	Yes			No				
							Yes	No			Yes				
							Yes	No			Yes				

**Evidence Table 2. RCT and CCTs Describing Suicide Interventions Continued**

Author, Year	Study Design / Setting	Sample Size Enrolled	Follow Up Time Points / Follow Up	Veterans / Military	Country / Mean Age	Eligibility Criteria	Quality Measurements				Intervention	Duration of Treatment	Outcome	Adverse Events
							Described as Randomized	Eligibility Criteria Specified	Point estimates & measures of variability for primary outcomes variable	Co-interventions avoided				
							Method of Randomization	Outcome Assessor Blinded		Compliance acceptable				
							Allocation Concealment	Care provider blinded	Randomized patients analyzed in group they were allocated to	Drop-out rate described				
							Similarity at Baseline between groups	Patients Blinded		Timing of Outcome Assessment Similar				
Hawton K et al. 1987 <sup>32</sup>	RCT / Psychiatric & Primary Care	80	9 mths / 65	No / No	UK / 29.3	Hospitalized for overdose, not in need of formal psychiatric care	Yes	Yes	Yes	Don't Know	brief problem oriented counseling	Not reported. Assessment at one year	Attempters & Completers	1 patient in counseling group committed suicide, 15.4% in general practitioner group repeated, 7.3% in counseling repeated
							Don't Know	Yes		Yes				
							Don't Know	No		Yes				
							Yes	No		Yes				
Guthrie E et al. 2001 <sup>33</sup>	RCT / Psychiatric	119	6 mths/ 95	No / No	UK / 31.2	ED contact for deliberate self poisoning	Yes	Yes	Yes	Don't Know	four sessions of psychodynamic interpersonal therapy in patient's home	4 weekly at home sessions	Attempters & Completers & SI	repeated self-harm in intervention & 28% in control, no completers
							Yes	Yes		Yes				
							Don't Know	No		Yes				
							Yes	No		Yes				
Bennewith O et al. 2002 <sup>34</sup>	RCT / Primary Care	1932	12 mths/ 1932	No / No	UK / 32.6	Seen in ED for deliberate self harm	Yes	Yes	Yes	Don't Know	letter from GP, use of guidelines for GP to use	1 year after first self harm episode	Attempters	211 repeat self-harm in intervention group & 189 in the control
							Don't Know	Yes		Don't Know				
							Don't Know	No		Yes				
							Don't Know	No		Yes				
Clarke T et al. 2002 <sup>35</sup>	RCT / Other	526	12 mths/ 467	No / No	UK / 33	ED contact for deliberate self harm	Yes	Yes	Yes	Don't Know	case management led by nurse practitioner	1 year follow up after first admission	Attempters	19 readmitted in treatment & 25 in control
							Yes	Don't Know		Yes				
							Yes	No		Yes				
							Yes	No		Yes				

**Evidence Table 2. RCT and CCTs Describing Suicide Interventions Continued**

Author, Year	Study Design / Setting	Sample Size Enrolled	Follow Up Time Points / Follow Up	Veterans / Military	Country / Mean Age	Eligibility Criteria	Quality Measurements				Intervention	Duration of Treatment	Outcome	Adverse Events
							Described as Randomized	Eligibility Criteria Specified	Point estimates & measures of variability for primary outcomes variable	Co-interventions avoided				
						Method of Randomization	Outcome Assessor Blinded	Randomized patients analyzed in group they were allocated to	Compliance acceptable					
						Allocation Concealment Similarity at Baseline between groups	Care provider blinded		Drop-out rate described					
							Patients Blinded		Timing of Outcome Assessment Similar					
Motto JA et al. 2001 <sup>37</sup>	RCT / Psychiatric	843	1 yr/ 843 5 yrs/ 843 15 yrs/ 843	No / No	US / NR	Hospitalized for depression or suicidality	Yes	Yes	Yes	Don't Know	follow up letter	15 years from discharge	Completers	after 15 years there were 25 suicides in the contact group, & 26 in the no contact group.
							Don't Know	Don't Know		Don't Know				
							Don't Know	No		No				
Morgan HG et al. 1993 <sup>38</sup>	RCT / Psychiatric	212	1 yr/ 212	No / No	UK / 30.1	Admission follow up episode of deliberate self harm	Yes	Yes	Yes	Don't Know	"green card" offering easy access to psychiatrist on call	1 year follow up after first admission	Attempters & Completers	No suicides occurred; 5 repeated self harm (serious threats) in experiment & 15 in control
							Yes	Don't Know		Don't Know				
							Don't Know	No		Yes				
Evans MO et al. 1999 <sup>39</sup>	RCT / Other	827	6 mths/ 827	No / No	UK / 33.3	Hospitalization for deliberate self harm	Yes	Yes	Yes	Don't Know	"green card" offering 24 hr crisis phone consultation	6 months following discharge	Attempters	2 suicides in "green card" group & 1 in control
							Yes	Yes		Don't Know				
							Don't Know	No		Yes				
Carter GL et al. 2005 <sup>40</sup>	RCT / Psychiatric	772	12 mths/ 772	No / No	Australia / NR	ED contact for deliberate self poisoning	Yes	Yes	Yes	Don't Know	postcard sent at 1,2,3,4,6,8,10,12 months after discharge	12 months	Attempters	57 repeat self harm in intervention & 68 in control
							Yes	Yes		Yes				
							Yes	NA		Yes				
							Yes	No		Yes				

**Evidence Table 2. RCT and CCTs Describing Suicide Interventions Continued**

Author, Year	Study Design / Setting	Sample Size Enrolled	Follow Up Time Points / Follow Up	Veterans / Military	Country / Mean Age	Eligibility Criteria	Quality Measurements				Intervention	Duration of Treatment	Outcome	Adverse Events
							Described as Randomized	Eligibility Criteria Specified	Point estimates & measures of variability for primary outcomes variable	Co-interventions avoided				
							Method of Randomization	Outcome Assessor Blinded Care provider blinded	Randomized patients analyzed in group they were allocated to	Compliance acceptable Drop-out rate described				
							Allocation Concealment	Patients Blinded	Timing of Outcome Assessment Similar					
Waterhouse J et al. 1990 <sup>43</sup>	RCT / Primary Care & Hospital	99	1 wk/ NR 16 wk/ NR	No / No	UK / NR	ED contact for para-suicidal act by self poisoning	Yes	Yes	Yes	Don't Know	hospitalization collaborative care program, including a depression case manager in primary care clinic	16 months	Attempters & SI	at 16 weeks a total of 3 admitted & 4 discharged patients repeated parasuicide
							Yes	No		Don't Know				
							Don't Know	No		Don't Know				
Unutzer J et al. 2006 <sup>45</sup>	RCT / Primary Care	1801	2 yrs/ NR	Yes / No	US / 71.2	Elderly with depression Family friend (of suicidal men) who called suicide hotline	Yes	No	Yes	Yes	12 months	Completers & SI	No completed suicides during 2 year follow up	
							Yes	Yes		Don't Know				
							Yes	Yes		Don't Know				
							Yes	No		Don't Know				
Mishara BL et al. 2005 <sup>46</sup>	CCT / Other	120	2 mths/ 120 6 mths/ 120	No / No	Canada / NR	Family friend (of suicidal men) who called suicide hotline	No	Yes	Yes	Don't Know	family friend of suicidal men were assigned to one of four programs	post test after 2 months with 6 month follow up	Attempters	22.0% attempt rate at entry, 10.6% at 2 mo., 2.7% at 6 mo.
							No	No		Yes				
							Don't Know	No		Yes				
							Don't Know	No		Don't Know				



**Evidence Table 3. Studies Describing Interventions Restricting the Access to Firearms**

Author, Year	Study Design	Country / Setting	Veteran / Military	Legislation	Study Period	Outcome	Results
Loflin C et al. 1991 <sup>47</sup>	Interrupted Time Series	US / Population	No / No	District of Columbia's Firearms Control Regulations Act 1976	1968-1987	Mean number of suicides per month	Suicides using firearms decreased from 2.6 per month to 2.0 per month (p=.005). Non-firearm related suicides did not experience a decrease of similar magnitude.
Ludwig J et al. 2000 <sup>48</sup>	Interrupted Time Series	US / Population	No / No	Brady Handgun Violence Prevention Act, 1994	1985-1997	Total suicide rates per 100,000 of population for adults (≥21 years and ≥55 years) controlling for age, race, poverty and income levels, urban residence, and alcohol consumption, the effected states (32 states where Brady handgun act was implemented)	Firearm suicide rates declined by 0.32 (95% CI: -0.73, 0.20) for adults over 21 years old. For adults 55 or older suicide rates declined by 0.92 (95% CI: -1.43, -0.42, p<.05).
Lott JR et al. 2001 <sup>49</sup>	Interrupted Time Series	US / Population	No / No	State Safe-Storage laws passed between October 1, 1989 through January 1, 1996	1979-1996	Comparison of suicide rates, accidental deaths and crimes in states with and without Safe-Storage laws	Regression estimates were not statistically significant from 0 or from each other with and without including control variables. Thus the gun laws did not seem to have a statistically significant effect on suicide rates.
Rosengart M et al. 2005 <sup>50</sup>	Interrupted Time Series	US / Population	No / No	Multi-State: "Shall issue" (concealed weapons), minimum age of private purchase 21, minimum age of private possession 21, on gun per month, Junk gun ban	1979-1998	A cross sectional time series study of firearm suicides and homicides	None of the 5 laws were associated with a statistically significant change in firearm suicide rates.
Webster et al. 2004 <sup>51</sup>	Interrupted Time Series	US / Population	No / No	State and federal Child Access Prevention laws (requiring safe storage)	1976-2001	Number of total suicides per 100,000 and methods used for youth between 14 to 20 years old.	Of the 63,954 suicides between 1976-2001, 62% were committed with firearms. Firearm suicides increased from 2.6 in 1976 to a high of 5.7 in 1994. They quickly decreased to 2.5 in 2001. For youth between 14-17 child access prevention laws at the state level are associated with a 10.8% decrease in firearm suicides (RR, 0.89; 95% CI: 0.83-0.96). For adults between 18-20 state child access prevention laws are associated with a 11.1% decrease in suicides from firearms (RR, 0.89; 95% CI: 0.85-0.93).
Rich CL et al. 1990 <sup>52</sup>	Interrupted Time Series	Canada & US / Population	No / No	1978 Criminal Code of Canada	1973-1983	Number of suicides in Ontario and Toronto and method of suicide for Toronto	The mean percent of suicides by firearms decreased significantly after the legislation went into effect (23.2% to 16.2%, difference 7%, p<0.0001). The total number of suicides did not significantly decrease.
Carrington PJ et al. 1994 <sup>53</sup>	Interrupted Time Series	Canada / Population	No / No	1978 Criminal Code of Canada	1965-1977	Mean suicide rates per 100,000 and trends.	The suicide rate did not change significantly from the 5 years before and the 5 years after the 1978 gun control law (13.5 to 12.8, p=0.12). Regression analysis found no slope for the 5 years following the legislation.
Lester D et al. 1993 <sup>54</sup>	Interrupted Time Series	Canada / Population	No / No	Canada's Criminal Law Amendment Act of 1977 (Bill C-51)	1969-1985	Annual suicide rates per 100,000 by all methods.	Suicide by firearm rates decreased after Bill C-51 (4.27 to 2.09, p=0.05). But the total suicide rate increased, suggesting that people turned to other methods.
Lester D et al. 1994 <sup>55</sup>	Interrupted Time Series	Canada & US / Population	No / No	Comment on assertion that Bill C-51 did not lessen suicide rates	1969-1991	Change in suicide rates for the period following the 1977 Bill C-51.	Before the passage of Bill C-51, firearm suicide rate was increasing (simple linear regression slope, b= 0.608, p=0.01), as were the total suicide rate and suicide rate from other methods. From 1978 to 1985 the overall suicide rate did not change and the rate by other methods did not change. The percentage of suicides by firearms did decrease (b= -0.574, p=0.03).

**Evidence Table 3. Studies Describing Interventions Restricting the Access to Firearms, Continued**

Author, Year	Study Design	Country / Setting	Veteran / Military	Legislation	Study Period	Outcome	Results
Leenaars AA et al. 1996 <sup>56</sup>	Interrupted Time Series	Canada / Population	No / No	Canada's Criminal Law Amendment Act of 1977 (Bill C-51)	1969-1985	Suicide rates before (1969-1976) and after (1978-1985) the enactment of Bill C-51	Suicide rates by firearms decreased significantly ( $p < 0.05$ ) after the passage of Bill C-51. Also the percentage of suicides by firearms also significantly decreased.
Lester D et al. 2001 <sup>57</sup>	Interrupted Time Series	Canada / Population	No / No	Canada's Criminal Law Amendment Act of 1977 (Bill C-51)	1970-1995	Firearm suicide and homicide rates per 100,000	The correlation between year and the percentage of suicides and homicides by firearms is $-0.86$ (one-tailed $p < 0.001$ ).
Leenaars AA et al. 1997 <sup>58</sup>	Observational	Canada / Population	No / No	Canada's Criminal Law Amendment Act of 1977 (Bill C-51)	1969-1985	Suicide and homicide rates per 100,000 before and after Bill C-51 was passed	The mean annual number suicides decreased for those in the following age groups 15-24 ( $p < 0.001$ ), 35-64 ( $p < 0.05$ ), and 75 and over ( $p < 0.01$ ). Prior to the law the rate of suicides was increasing (regression line slope = 0.16) where as after the law went into effect the rate began to decrease (regression line slope = $-0.13$ ).
Leenaars AA et al. 2003 <sup>59</sup>	Interrupted Time Series	Canada / Population	No / No	Canada's Criminal Law Amendment Act of 1977 (Bill C-51)	1969-1985	Suicide rates compared from before and after the 1977 Bill C-51.	Least squares regression showed that the introduction of the Bill had no statistically significant increase or decrease in the rate of suicides, overall or by firearms. However the Bill had a negative effect on the slope of the line, thus the Bill decreased the trend in suicide rates.
Bridges FS 2004 <sup>60</sup>	Interrupted Time Series	Canada / Population	No / No	Canadian Bill C-17	1984-1998	Total suicide and homicide rates per 100,000, as well as methods, before and after Bill C-17.	The mean annual number of suicides significantly decreased from the first 7 year period to the 7 years following instatement of the Bill (4.09 to 3.17, $p = .001$ ). The rates by other methods increased significantly (9.02 to 9.76, $p = .01$ ). The total average number of suicides did not significantly differ between the 2 study periods (13.11 to 12.93).
Chung AH et al. 2005 <sup>61</sup>	Interrupted Time Series	Canada / Population	No / No	Canadian Bill C-17	1979-1999	Suicide rates and methods for youth between the ages of 15-19 before and after Bill C-17.	The percent of suicide by firearms decreased from 55% in 1979 to 25% in 1999. Death by other means increased during this time. The overall rate of suicides did not decrease.
Snowdon J et al. 1992 <sup>62</sup>	Observational	Australia / Population	No / No	Several?	1968-1989	Suicide rates per 100,000 by gender, State, age and residence.	The mean rate of firearm suicides was 6.13 for men and 0.43 for women ( $p < 0.005$ ).
Chapman S et al. 2006 <sup>63</sup>	Interrupted Time Series	Australia / Population	No / No	1996 gun law reform, following the 1996 firearm massacre in Tasmania	1979-2003	Changes in trends of total firearm suicides and suicides per 100,000 of population	Before 1996, annual average of 491.7 firearm suicides. From 1997 to 2003, annual average of 246.6 firearm suicides.
Cantor CH et al. 1995 <sup>64</sup>	Observational	Australia / Population	No / No	Weapons Act 1990 (Qld)	1990-1993	Firearm suicide mean annual rates per 100,000 and method for different geographical areas two years before and two years after the legislation went into effect	Suicide rates decreased in metropolitan (3.6 to 2.3) and provincial areas (5.2 to 3.1) ( $p < 0.05$ ). The mean annual rate per 100,000 for rural areas was about double that of metropolitan and provincial areas. This rate did not decrease after the legislation. There was also a significant decrease in suicide rates among men and adults between 15 and 29 years old.
Ozanne-Smith J et al. 2004 <sup>65</sup>	Interrupted Time Series	Australia / Population	No / No	Victoria Response (1988) and Firearms Act of 1996	1979-2000	Following gun control regulations, death rates, trends, and ownership in Victoria and Australia.	The overall death rate decreased for Australia ( $-3.9\%$ ; 95% CI: $-4.8\%$ to $-3.1\%$ ) and Victoria ( $-4.9\%$ 95% CI: $-5.9, -3.9$ ) from 1979 - 2000. Significant decreases in firearm related suicides were seen in Victoria. Suicides by firearms dropped by 54.5% from 1979 to 2000.
Beautrais A et al. 2006 <sup>66</sup>	Interrupted Time Series	New Zealand / Population	No / No	Amendment to the Arms Act, 1992	1985-2002	Age-specific suicide rates per 100,000 of population for firearm and Non-firearm related suicides	For youths (15-24 years), firearm suicides were reduced by 39% in the 3 year implementation period and decreased 66% in the 5 year post-implementation period. For adults (25+ years) firearm suicides decreased by 25% in the 3 year implementation period and decreased by 39% in the 5 year post-implementation period.

## APPENDIX D. PEER REVIEW COMMENTS

### Appendix D. Peer Review Comments

Section	Comment	Change
General	Outcome information was collected for only three categories: “Attempters, Completers, SI.” The synthesis project does not address any literature demonstrating if suicide prevention strategies impact: a) the need for hospitalization, b) number of ER visits, c) patient and provider satisfaction, etc.	The scope of the report was set in consultation with the ESP Advisory Committee and the outcomes were restricted to the ones included in this report. These additional outcomes could be included in an update or new ESP report
General	The literature review was detailed but narrative, and it would be helpful to see the summation in a data table. It’s very difficult to find the “take home messages” amidst all the detail. There apparently were data collection forms in Appendix D. Would like to see data tables for the data collected in these forms to better understand the results of the synthesis project.	Summarizing the results of disparate studies is always a challenge. We have included Evidence Tables summarizing most of the data from the included studies in Appendix C. Each report section then also has a narrative summary, as does the report’s conclusion.
General	Are there any studies on suicide prevention related to this report that we have overlooked?: The use of telemedicine for suicide prevention	We reported all studies identified as of the search date. We found no studies reporting outcomes from telemedicine interventions.
General	The VA National Center for Suicide Prevention and the MIRECC in Denver may have at least some published data describing the impact of the recent VA national suicide prevention hotline. This would obviously be the most relevant information, yet there was no mention of this in the project synthesis. It would be helpful if the document states explicitly one way or another if there is any recent data to be factored from either of these VA suicide prevention centers, either in the literature, in press or otherwise.	We used standard search techniques to find published literature, and did not attempt to identify unpublished or not yet published results. <i>We’ll check with VA to see if there is anything published about the impact of the VA hotline.</i>
Executive Summary, Methods	even in this brief summary, it would be useful to list the inclusion criteria yielding studies below, e.g., interventions, controlled studies, outcomes limited to attempts, completed suicides?))	We have added a list of the search criteria in the executive summary.
Introduction, Background	Section contains much useful information; some statements would benefit from references, to guide the interested reader— e.g., what is known or theorized about media-induced imitation or contagion?	We have added a reference to a recent review on media-induced imitation.
Methods, Study Selection	This exclusion makes sense but doesn’t seem to be consistently followed. I’ll note examples below. If interional, maybe further clarification of the exclusion here would be useful	Our original description in Study Selection was imprecise. We have added text to clarify the search criteria, especially with respect to exclusion of mental health interventions.

## Appendix D. Peer Review Comments Continued

Methods, Grade	I may have missed it, but it's not clear to me where these quantitative instructions are applied to the studies in this report. If in an appendix, might be useful to steer the reader to it here.	The quality assessment of individual articles appears in tables in Appendix C. The GRADE ratings were applied to sets of evidence taken together, and appear in the text of the results section.
Key Questions 1 & 2	All of these studies are quite well described. This one, though, left me with a question. Did the study employ a chaplain to deliver a secular counseling/educational intervention? Or was there a religious component to the education? Seems basic to understanding the study/	The article in question does not provide enough detail to allow us to accurately answer this question.
Key Questions 1 & 2	Referring to Koons et al. This study would seem to be excluded as a "mental health intervention only". Its foundational efficacy studies specifically addressed suicide. If there's a reason to include it, consider clarifying criteria?	See answer to item 8
Key Questions 1 & 2	referring to Ilgen Also would seem to be excluded as a "mental health intervention only". If SUD or 'program' features set it apart, consider clarifying criteria?	See answer to item 8
Key Questions 1 & 2	referring to Gibbons Would seem to be excluded as a "mental health intervention only". If reason is that the study addresses an induction effect rather than a treatment effect, consider clarifying here.	See answer to item 8
Key Questions 1 & 2	referring to Webster et al. Not sure I understand, because it's not clear to me how representative any one state is (of the country?) Consider listing states and characteristics, e.g., more rural, higher prevalence of alcoholism, etc.?	We have re-written the description of this study's results to avoid the question of "representativeness."
Limitations, Study Quality	I'm sure the authors know more about this than I do; I thought this work constitutes a 'systematic review' and that a 'meta-analysis' would be distinguished from this review by the pooling of data across studies.	This comment is correct, this synthesis is not a meta-analysis and we have changed the text to reflect that.
Executive Summary, Key Questions 1 & 2	What about access to and treatment of mental health or sud disorders- does that reduce suicide – addiction treatment, clozapine, etc	See answer to item 8
Executive Summary, Key Question 3	Perhaps a major statement here on defining terms is needed – this is really a problem in the literature. Define gesture, attempt, ideation, death ideation etc.	We have added more text highlighting the critical nature of such terminology for advancing the field.

## Appendix D. Peer Review Comments Continued

Methods, Figure 1	Alcohol and drug use isn't listed as a factor involved in behavior –this seems like an oversight	We have added a comment about the role of substance abuse and other factors not explicitly appearing in the Mann conceptual model to the introduction.
Methods	Another target might be social situation – homelessness, employment (there is a strong correlation in the jobless rate and suicide rates) so programs like CWT or Supported employment might be important to mention.	Same answer as item 18.
Methods	How about those in mh care	See answer to item 8
Methods	Transition from inpatient to outpatient care – I believe there is data on a critical time intervention by Lisa Dixon on this issue	We found no study by Dixon reporting a direct effect on suicide attempts or completions.
Results, Literature Flow	It isn't clear what this means: “ were rejected at title review as clearly irrelevant to the project”	If the title clearly indicated that the study did not report an outcome relevant to our search, then it was rejected. This is standard practice in systematic reviews and meta-analyses.
Key Questions 1 & 2	The prospect study (M Bruce showed a reduction in suicide ideation when treating depression in primary care, should these type studys not be included?	We did not consider studies reporting changes in rates of suicidal ideation, only studies that reported direct effects on suicide attempts or completions.
Limitations	Probably worth saying in the summary: “Our review did not focus on purely mental health interventions. These have been the subject of other reviews. Perhaps somewhat surprisingly given the role of depressive disorders as significant risk factors for suicide, the evidence in support of the use of antidepressants is rather weak”	See answer to item 8
General	However, I am at a loss to explain why the IMPACT study was discussed but the PROSPECT study was noted as excluded given the extremely similar study designs (perhaps because IMPACT included some VA sites?).	If the study reported including veterans, then it was included, but not otherwise. See item 8.
General	This manuscript is still at a developmental stage so I delineate that which I would like to see in a final version more than providing a peer review per se [interspersed with other editorial observations roughly in order of appearance]:	No reply needed.
Introduction	An initial discussion of known correlates of suicide and suicidality (manuscript leads off suggesting the primary one is substance abuse) and/or conceptual framework for approaching this topic	In the Introduction, we described the Mann review's conceptual model in moderate detail, because we used its search strategy. Our goal was not to review existing conceptual frameworks or to develop new ones.

## Appendix D. Peer Review Comments Continued

Results	Greater connection and discussion to policy issues and programs; at present it is a very dry list of vignettes from research papers	The results section lists in a narrative format the results of our search. The summary section contains some comments related to research and policy development.
Key Question 1	Summary of strategies for key question #1 is largely absent	Questions 1 and 2 were answered together.
Results	Specific data from the quality review are not presented	The quality data appear in Appendix C for the RCTs and CCTs.
General	Page numbers end partway into the manuscript	This problem has been fixed.
General	Needs editing for consistency of tone and some substitution of colloquial or inappropriate word choices [e.g., ‘repertoire’, ‘more easily had’]	These phrases have been rewritten.
Executive Summary, Key Question 3	Page 10, penultimate paragraph: would revise to “similar... profiles to the antemortem profiles of suicide completers.”	We have made the suggested change.
Introduction	Page 14, first paragraph: consider “nonclinician gatekeepers,” such as “medical clerks, chaplains, or military unit commanders,” since education programs may provide gatekeeper education to staff at medical facilities	We have made the suggested change.
Introduction	Page 14, last paragraph: brief summaries miss some elements (firearm purchase background checks and waiting periods; drug package configurations not just sizes)	We have made the suggested change.
General	Beautrais study: should describe the nature of the additional data; as it reads now it is not clear what distinction is being made in the last sentence	We have added a brief description of the additional data to clarify this point.
General	The objectives of the report are not clear. Why was this report commissioned? In response to what pressures? Several key questions were developed following a conference call (page 14). It is not clear who commissioned the Office of R&D for the Evidence Synthesis Project; why were these topics (i.e suicide screening) selected. What were the “key questions” responding to? Why was a key question formulated but not addressed at all in the review?? Therefore, in my opinion additional background might be helpful to better delineate whether the objectives and scope of the report were appropriate. On the other hand, the methods are clearly described.	As noted in the report, this topic was nominated by Office of Research and Development to the ESP Advisory Committee, and the Key Questions were developed by these two groups working together. The pressures leading to the nomination of this topic, other than VA’s concern for the mental health of the veteran population, are outside our scope.

## Appendix D. Peer Review Comments Continued

General	I was impressed with the objectivity of the report. Studies are presented without bias. The strengths and weaknesses of the studies are briefly but clearly described. After each topic, the results of the relevant studies pertaining to that topic are summarized. These are strengths of the review.	No changes needed.
General	Are there any studies on suicide prevention related to this report that we have overlooked?: No to my knowledge. Critical studies that have influenced national VHA policy regarding suicide screening and intervention have been included. One possible criticism is that studies that have been pivotal should be identified as such and perhaps discussed more fully. An example might be the US Air Force Study from the BMJ (Knox et al, reference #14).	We agree the methodological advantages of the Knox study and have added extra detail about it.
Key Questions 1, 2, & 3	This report is well constructed, well written and very helpful. It summarizes a broad range of studies, providing brief commentary in the form of summary statements. The report stops short of suggesting national guidelines or policy based upon the available data (i.e. evidence based recommendations), potentially a limitation as the authors are probably particularly well poised to do so after this thorough review. In fact, Key Question #1 directly asks this question and is left unanswered. The responses to Key Questions #1 and #2 are tentative and very general. For example, the response to Key Question #3 suggests that preliminary data be collected from the computerized medical record (page 8), without discussing any specific thoughts or recommendations as to what data should be collected and how. The use of the computer to help address Key Question #2 is not mentioned although the ability to track patients and ensure that they receive appropriate interventions is a very well recognized use of this resource.	The purpose of the report was to conduct a literature review, not report a policy analysis. We included a few general recommendations in the conclusion. Key Questions 1 and 2 were answered together.
Executive Summary	Page 8 suggest choosing another word than “Rare” in first sentence. Current debate in Congress, press, and email is why rates are so high for veterans. It might be the wrong tone to set.	We have removed that word and simplified the statement.

**Appendix D. Peer Review Comments Continued**

General	Are there any studies on suicide prevention related to this report that we have overlooked?: Is there any work from VISN19 MIRECC which was designed to focus on suicide issues that might assist with this analysis?	We used standard search techniques to find published literature. <i>We'll check with the MIRECC to see if there is anything additional we might have missed.</i>
General	This review demonstrated an embarrassing lack of evidence for Veterans in this critical and highly publicized topic. Research \$\$ should be directed toward remedying this. Perhaps a combination of the currently funded VISN 19 MIRECC and new studies?	No changes needed.
General	After reading this review and the synthesis review on depression, there seems a consistent theme in those studies having positive impact of additional or directed staff who build a “relationship” with the patient that plays the role of support and intervention as well as providing social contact for discussion, venting of issues, and advice. Perhaps the social isolation component should be studied as a variable that might have predictive value?	We agree that such factors are likely to be important. We have added a comment about this in the conclusion.
General	Consider studies involving telebuddy type devices, web access and response, etc.	No studies of such interventions were identified.